



SINGAPORE TAEKWONDO FEDERATION
NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
OUTLINES FOR KYORUGI COMPETITION

- Promoter : Singapore Taekwondo Federation (STF)
260A Tanjong Katong Road
Singapore 437048
- Schedule : Registration
- eRegistration at <https://sssc.ereg.sg>
(closing date Friday 13 March 2015)
 - Hard copy forms attached in this notification can
be used for collation of data from athletes
- Briefing and Drawing of Lots
- 6 April 2015 (Monday)
1.00pm to 4.00pm
STF National Training Centre
Block 80 Lorong Limau #04-191 Singapore
320080
- Competition
- 21 & 22 April 2015 (Tuesday & Wednesday)
9.00am onwards
Toa Payoh Sports Hall
- Eligibility : Students in the B & C Divisions holding red, poom or
dan certification obtained on or before **January 2015**
and issued endorsed by the STF

**Grading cards or certificates of participants must
be uploaded onto the eRegistration system.**

- Competition Rules : WTF rules adopted and modified by the STF
- Rule Highlights : The weigh-in of players will be conducted at the competition day when they report to the competitor steward. Players who do not meet their weight categories will be disqualified.
- The size of the arena shall be 8m x 8m.
- The duration of the competition shall be 3 rounds of 1 minute each with 30 seconds break in between rounds.
- Two points shall be given for points scored using back kick or 360 kick.
- Kicking to the head is not allowed. The offender shall be declared loser by penalty.**
- Uniform : STF Uniform. A player will be barred from participating if he or she cannot fulfill this condition fully.
- Equipment : Headgear and body protector will be provided by the organizer. The other mandatory protective equipment - shin and forearm guard, groin guard, mouth piece and gloves - shall be the responsibility of participants. Participants may use their own headgear and body protector. All equipment must be STF-approved.
- Method of Competition : Single-elimination system

Divisions : **B DIVISION**
2 January 1998 to 31 December 1998
1 January 1999 to 31 December 1999
1 January 2000 to 31 December 2000
1 January 2001

(Secondary 5 students are the same age as JC/CI students. Secondary students born in 1998 must compete in the B Division while JC/CI students born in 1998 must compete in A Division.)

Individual (Male)

Under 36 kg	Not exceeding 36 kg
Under 40 kg	Over 36 kg but not exceeding 40 kg
Under 44 kg	Over 40 kg but not exceeding 44 kg
Under 48 kg	Over 44 kg but not exceeding 48 kg
Under 52 kg	Over 48 kg but not exceeding 52 kg
Under 56 kg	Over 52 kg but not exceeding 56 kg
Under 60 kg	Over 56 kg but not exceeding 60 kg
Under 64 kg	Over 60 kg but not exceeding 64 kg
Under 68 kg	Over 64 kg but not exceeding 68 kg
Under 72 kg	Over 68 kg but not exceeding 72 kg
Under 76 kg	Over 72 kg but not exceeding 76 kg
Over 76 kg	Over 76 kg

Individual (Female)

Under 36 kg	Not exceeding 36 kg
Under 40 kg	Over 36 kg but not exceeding 40 kg
Under 44 kg	Over 40 kg but not exceeding 44 kg
Under 48 kg	Over 44 kg but not exceeding 48 kg
Under 52 kg	Over 48 kg but not exceeding 52 kg
Under 56 kg	Over 52 kg but not exceeding 56 kg
Under 60 kg	Over 56 kg but not exceeding 60 kg
Under 64 kg	Over 60 kg but not exceeding 64 kg
Under 68 kg	Over 64 kg but not exceeding 68 kg
Under 72 kg	Over 68 kg but not exceeding 72 kg
Under 76 kg	Over 72 kg but not exceeding 76 kg
Over 76 kg	Over 76 kg

C DIVISION

2 January 2001 to 31 December 2001

1 January 2002 to 31 December 2002

1 January 2003

Individual (Male)

Under 34 kg	Not exceeding 34 kg
Under 38 kg	Over 34 kg but not exceeding 38 kg
Under 42 kg	Over 38 kg but not exceeding 42 kg
Under 46 kg	Over 42 kg but not exceeding 46 kg
Under 50 kg	Over 46 kg but not exceeding 50 kg
Under 54 kg	Over 50 kg but not exceeding 54 kg
Under 58 kg	Over 54 kg but not exceeding 58 kg
Under 62 kg	Over 58 kg but not exceeding 62 kg
Under 66 kg	Over 62 kg but not exceeding 66 kg
Under 70 kg	Over 66 kg but not exceeding 70 kg
Under 74 kg	Over 70 kg but not exceeding 74 kg
Over 74 kg	Over 74 kg

Individual (Female)

Under 34 kg	Not exceeding 34 kg
Under 38 kg	Over 34 kg but not exceeding 38 kg
Under 42 kg	Over 38 kg but not exceeding 42 kg
Under 46 kg	Over 42 kg but not exceeding 46 kg
Under 50 kg	Over 46 kg but not exceeding 50 kg
Under 54 kg	Over 50 kg but not exceeding 54 kg
Under 58 kg	Over 54 kg but not exceeding 58 kg
Under 62 kg	Over 58 kg but not exceeding 62 kg
Under 66 kg	Over 62 kg but not exceeding 66 kg
Under 70 kg	Over 66 kg but not exceeding 70 kg
Under 74 kg	Over 70 kg but not exceeding 74 kg
Over 74 kg	Over 74 kg

Entries : Each school is allowed to submit a maximum of 2 players per weight category.

- Fees : \$12.00 per player
- Payment by crossed cheques to Singapore Taekwondo Federation or IFAAS. Cash payment will not be accepted.
- Fees paid will not be refunded under any circumstances.
- Condition of Participation : All participants shall abide by the general rules and regulations governed by the Singapore Schools Sports Council of the competition and accept the decisions of the judges or the Competition Supervisory Board graciously.
- Enquiries : For more information, please call the STF Secretariat at 6345 1491.



**KYORUGI
B DIVISION**

F7

NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

**KYORUGI COMPETITION
(B DIVISION)**

**To : Organizing Chairman
National Schools Taekwondo Championships**

On behalf of _____ (Name of School), I submit the attached entry forms and confirm that the players are all students of the School.

Teacher in Charge		
Teacher's Contact No		
Teacher's Email		
Teacher's Signature		
Coach	Pass No ()	
Principal's Name & Signature		School Stamp
Date		



KYORUGI
B DIVISION

F7a

**NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
KYORUGI REGISTRATION FORM**

DIVISION : B **BOYS / GIRLS*** **Please delete accordingly*

School : _____ (Zone _____)

No	Name of Players as in NRIC or Student Pass (in BLOCK LETTERS)	Age	Level	Date of Birth dd/mm/yy	NRIC or Student Pass Number	Race	Nationality
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							

TEAM COMPOSITION - RACES

RACES	CHINESE (C)	MALAY (M)	INDIAN (I)	OTHERS (O)	TOTAL
Number					

Number of Foreign Students

NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
(B DIVISION)

ENTRIES

Name of School : _____

Teacher in Charge : _____ HP: _____

Name of Qualified Coach(es) with Coach Pass

(1) _____ (Pass No _____)

(2) _____ (Pass No _____)

(3) _____ (Pass No _____)

WEIGHT DIVISION

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Male	Poom	Under 36 kg	Not exceeding 36 kg		
	Male	Poom	Under 40 kg	Over 36 kg but not exceeding 40 kg		
	Male	Poom	Under 44 kg	Over 40 kg but not exceeding 44 kg		
	Male	Poom	Under 48 kg	Over 44 kg but not exceeding 48 kg		
	Male	Poom	Under 52 kg	Over 48 kg but not exceeding 52 kg		
	Male	Poom	Under 56 kg	Over 52 kg but not exceeding 56 kg		
	Male	Poom	Under 60 kg	Over 56 kg but not exceeding 60 kg		
	Male	Poom	Under 64 kg	Over 60 kg but not exceeding 64 kg		
	Male	Poom	Under 68 kg	Over 64 kg but not exceeding 68 kg		
	Male	Poom	Under 72 kg	Over 68 kg but not exceeding 72 kg		

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Male	Poom	Under 76 kg	Over 72 kg but not exceeding 76 kg		
	Male	Poom	Over 76 kg	Over 76 kg		
	Male	Red	Under 36 kg	Not exceeding 36 kg		
	Male	Red	Under 40 kg	Over 36 kg but not exceeding 40 kg		
	Male	Red	Under 44 kg	Over 40 kg but not exceeding 44 kg		
	Male	Red	Under 48 kg	Over 44 kg but not exceeding 48 kg		
	Male	Red	Under 52 kg	Over 48 kg but not exceeding 52 kg		
	Male	Red	Under 56 kg	Over 52 kg but not exceeding 56 kg		
	Male	Red	Under 60 kg	Over 56 kg but not exceeding 60 kg		
	Male	Red	Under 64 kg	Over 60 kg but not exceeding 64 kg		
	Male	Red	Under 68 kg	Over 64 kg but not exceeding 68 kg		
	Male	Red	Under 72 kg	Over 68 kg but not exceeding 72 kg		
	Male	Red	Under 76 kg	Over 72 kg but not exceeding 76 kg		
	Male	Red	Over 76 kg	Over 76 kg		
	Female	Poom	Under 36 kg	Not exceeding 36 kg		
	Female	Poom	Under 40 kg	Over 36 kg but not exceeding 40 kg		
	Female	Poom	Under 44 kg	Over 40 kg but not exceeding 44 kg		
	Female	Poom	Under 48 kg	Over 44 kg but not exceeding 48 kg		
	Female	Poom	Under 52 kg	Over 48 kg but not exceeding 52 kg		
	Female	Poom	Under 56 kg	Over 52 kg but not exceeding 56 kg		
	Female	Poom	Under 60 kg	Over 56 kg but not exceeding 60 kg		
	Female	Poom	Under 64 kg	Over 60 kg but not exceeding 64 kg		
	Female	Poom	Under 68 kg	Over 64 kg but not exceeding 68 kg		
	Female	Poom	Under 72 kg	Over 68 kg but not exceeding 72 kg		
	Female	Poom	Under 76 kg	Over 72 kg but not exceeding 76 kg		
	Female	Poom	Over 76 kg	Over 76 kg		

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Female	Red	Under 36 kg	Not exceeding 36 kg		
	Female	Red	Under 40 kg	Over 36 kg but not exceeding 40 kg		
	Female	Red	Under 44 kg	Over 40 kg but not exceeding 44 kg		
	Female	Red	Under 48 kg	Over 44 kg but not exceeding 48 kg		
	Female	Red	Under 52 kg	Over 48 kg but not exceeding 52 kg		
	Female	Red	Under 56 kg	Over 52 kg but not exceeding 56 kg		
	Female	Red	Under 60 kg	Over 56 kg but not exceeding 60 kg		
	Female	Red	Under 64 kg	Over 60 kg but not exceeding 64 kg		
	Female	Red	Under 68 kg	Over 64 kg but not exceeding 68 kg		
	Female	Red	Under 72 kg	Over 68 kg but not exceeding 72 kg		
	Female	Red	Under 76 kg	Over 72 kg but not exceeding 76 kg		
	Female	Red	Over 76 kg	Over 76 kg		

Name of Teacher in Charge	
Signature	

**NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
(B DIVISION)
REGISTRATION FORM
(to be completed by all participants)**

NAME:(in full)_____ School: _____ (Class: _____)

Date of Birth:_____ Age _____ (as at 1 January 2015) Sex: _____

NRIC/Passport No:_____ Tel:(HP)_____ (H)_____

Address:_____

Grade*: Red 2 / Red 1 / Poom & Black _____ Date Obtained: _____ (as at January 2015)

** Please circle accordingly*

Name of Teacher in Charge: _____ HP: _____

DIVISION	Weight Division	Please Tick (√)
	Male	
	Female	
BELT	Red	
	Poom & Black	
Under 36 kg	Not exceeding 36 kg	
Under 40 kg	Over 36 kg but not exceeding 40 kg	
Under 44 kg	Over 40 kg but not exceeding 44 kg	
Under 48 kg	Over 44 kg but not exceeding 48 kg	
Under 52 kg	Over 48 kg but not exceeding 52 kg	
Under 56 kg	Over 52 kg but not exceeding 56 kg	
Under 60 kg	Over 56 kg but not exceeding 60 kg	
Under 64 kg	Over 60 kg but not exceeding 64 kg	
Under 68 kg	Over 64 kg but not exceeding 68 kg	
Under 72 kg	Over 68 kg but not exceeding 72 kg	
Under 76 kg	Over 72 kg but not exceeding 76 kg	
Over 76 kg	Over 76 kg	

Weight Record (Must Fill In)

Signature



**KYORUGI
C DIVISION**

F8

NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

**KYORUGI COMPETITION
(C DIVISION)**

**To : Organizing Chairman
National Schools Taekwondo Championships**

On behalf of _____ (Name of School), I submit the attached entry forms and confirm that the players are all students of the School.

Teacher in Charge		
Teacher's Contact No		
Teacher's Email		
Teacher's Signature		
Coach		
Principal's Name & Signature		School Stamp
Date		



NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
KYORUGI REGISTRATION FORM

DIVISION : C BOYS / GIRLS* **Please delete accordingly*

School : _____ (Zone _____)

No	Name of Players as in NRIC or Student Pass (in BLOCK LETTERS)	Age	Level	Date of Birth dd/mm/yy	NRIC or Student Pass Number	Race	Nationality
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							

TEAM COMPOSITION - RACES

RACES	CHINESE (C)	MALAY (M)	INDIAN (I)	OTHERS (O)	TOTAL
Number					

Number of Foreign Students

**NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
(C DIVISION)**

ENTRIES

Name of School : _____

Teacher in Charge : _____ **HP:** _____

Name of Qualified Coach(es) with Coach Pass

- (1) _____ (Pass No _____)
- (2) _____ (Pass No _____)
- (3) _____ (Pass No _____)

WEIGHT DIVISION

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Male	Poom	Under 34 kg	Not exceeding 34 kg		
	Male	Poom	Under 38 kg	Over 34 kg but not exceeding 38 kg		
	Male	Poom	Under 42 kg	Over 38 kg but not exceeding 42 kg		
	Male	Poom	Under 46 kg	Over 42 kg but not exceeding 46 kg		
	Male	Poom	Under 50 kg	Over 46 kg but not exceeding 50 kg		
	Male	Poom	Under 54 kg	Over 50 kg but not exceeding 54 kg		
	Male	Poom	Under 58 kg	Over 54 kg but not exceeding 58 kg		
	Male	Poom	Under 62 kg	Over 58 kg but not exceeding 62 kg		
	Male	Poom	Under 66 kg	Over 62 kg but not exceeding 66kg		
	Male	Poom	Under 70 kg	Over 66 kg but not exceeding 70 kg		

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Male	Poom	Under 74 kg	Over 70 kg but not exceeding 74 kg		
	Male	Poom	Over 74 kg	Over 74 kg		
	Male	Red	Under 34 kg	Not exceeding 34 kg		
	Male	Red	Under 38 kg	Over 34 kg but not exceeding 38 kg		
	Male	Red	Under 42 kg	Over 38 kg but not exceeding 42 kg		
	Male	Red	Under 46 kg	Over 42 kg but not exceeding 46 kg		
	Male	Red	Under 50 kg	Over 46 kg but not exceeding 50 kg		
	Male	Red	Under 54 kg	Over 50 kg but not exceeding 54 kg		
	Male	Red	Under 58 kg	Over 54 kg but not exceeding 58 kg		
	Male	Red	Under 62 kg	Over 58 kg but not exceeding 62 kg		
	Male	Red	Under 66 kg	Over 62 kg but not exceeding 66kg		
	Male	Red	Under 70 kg	Over 66 kg but not exceeding 70 kg		
	Male	Red	Under 74 kg	Over 70 kg but not exceeding 74 kg		
	Male	Red	Over 74 kg	Over 74 kg		
	Female	Poom	Under 34 kg	Not exceeding 34 kg		
	Female	Poom	Under 38 kg	Over 34 kg but not exceeding 38 kg		
	Female	Poom	Under 42 kg	Over 38 kg but not exceeding 42 kg		
	Female	Poom	Under 46 kg	Over 42 kg but not exceeding 46 kg		
	Female	Poom	Under 50 kg	Over 46 kg but not exceeding 50 kg		
	Female	Poom	Under 54 kg	Over 50 kg but not exceeding 54 kg		
	Female	Poom	Under 58 kg	Over 54 kg but not exceeding 58 kg		
	Female	Poom	Under 62 kg	Over 58 kg but not exceeding 62 kg		
	Female	Poom	Under 66 kg	Over 62 kg but not exceeding 66kg		
	Female	Poom	Under 70 kg	Over 66 kg but not exceeding 70 kg		

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Female	Poom	Under 74 kg	Over 70 kg but not exceeding 74 kg		
	Female	Poom	Over 74 kg	Over 74 kg		
	Female	Red	Under 34 kg	Not exceeding 34 kg		
	Female	Red	Under 38 kg	Over 34 kg but not exceeding 38 kg		
	Female	Red	Under 42 kg	Over 38 kg but not exceeding 42 kg		
	Female	Red	Under 46 kg	Over 42 kg but not exceeding 46 kg		
	Female	Red	Under 50 kg	Over 46 kg but not exceeding 50 kg		
	Female	Red	Under 54 kg	Over 50 kg but not exceeding 54 kg		
	Female	Red	Under 58 kg	Over 54 kg but not exceeding 58 kg		
	Female	Red	Under 62 kg	Over 58 kg but not exceeding 62 kg		
	Female	Red	Under 66 kg	Over 62 kg but not exceeding 66kg		
	Female	Red	Under 70 kg	Over 66 kg but not exceeding 70 kg		
	Female	Red	Under 74 kg	Over 70 kg but not exceeding 74 kg		
	Female	Red	Over 74 kg	Over 74 kg		

Name of Teacher in Charge	
Signature	

**NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
(C DIVISION)
REGISTRATION FORM
(to be completed by all participants)**

NAME:(in full)_____ School: _____ (Class: ___)

Date of Birth:_____ Age_____ (as at 1 January 2015) Sex: _____

NRIC/Passport No:_____ Tel:(HP)_____ (H)_____

Address:_____

Grade*: Red 2 / Red 1 / Poom & Black Date Obtained:_____ (as at January 2015)

** Please circle accordingly*

Name of Teacher in Charge: _____ HP:_____

DIVISION	Weight Division	Please Tick (√)
	Male	
	Female	
BELT	Red	
	Poom	
Under 34 kg	Not exceeding 34 kg	
Under 38 kg	Over 34 kg but not exceeding 38 kg	
Under 42 kg	Over 38 kg but not exceeding 42 kg	
Under 46 kg	Over 42 kg but not exceeding 46 kg	
Under 50 kg	Over 46 kg but not exceeding 50 kg	
Under 54 kg	Over 50 kg but not exceeding 54 kg	
Under 58 kg	Over 54 kg but not exceeding 58 kg	
Under 62 kg	Over 58 kg but not exceeding 62 kg	
Under 66 kg	Over 62 kg but not exceeding 66 kg	
Under 70 kg	Over 66 kg but not exceeding 70 kg	
Under 74 kg	Over 70 kg but not exceeding 74 kg	
Over 74 kg	Over 74 kg	

**Weight Record
(Must Fill In)**

Signature



NATIONAL SCHOOL GAMES

School Acknowledgement¹ of Baseline Safety Standards

Section A:

Sport: Taekwondo

Event: _____
(Example: National Inter-School Netball Championship)

Division: _____ Level: Pri / Sec / JC/CI

School: _____

Section B:

The school acknowledges that the following checks will be made in all National Schools Games:

Domain	Safety Standard	Description
Personnel	GEN-PER-3.1	Teacher-in-charge (Education Officer) is present to supervise the students.
	GEN-PER-3.2	Teacher-in-charge (Education Officer) is aware of the medical history of participants.
	GEN-PER-3.3	Teacher-in-charge (Education Officer) checks physical well-being of participants.
	GEN-PER-3.4	Teacher-in-charge (Education Officer) to go through rules of sport/game and ensure that students have basic competency.
	GEN-PER-3.7	Each participant must be accompanied by a coach with a professional coaching pass.
Participants	GEN-PAR-4.1	Participants to remove all hard/sharp objects and accessories (e.g. necklaces, ear studs, rings).
	GEN-PAR-4.2	Participants conduct warm up exercises before the sport/game.
	GEN-PAR-4.3	Participants to hydrate before, during and after the sport/game.
	GEN-PAR-4.4	Participants conduct cooling down exercises after the sport/game.
	GEN-PAR-4.5	Participants to conduct regular checks on personal equipment
	TKD-PAR-4.6	All participants in Kyorugi have to wear headgear, shin and forearm guard, groin guard, mouth piece, gloves and a body protector.

Name and Signature of Principal: _____

Date: _____

Note: All completed forms are to be submitted to the STF prior to the start of competition.

¹ Schools need only submit 1 Acknowledgement Form for each division.