

#### SINGAPORE TAEKWONDO FEDERATION

#### NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

#### **OUTLINES FOR POOMSAE COMPETITION**

Promoter : Singapore Taekwondo Federation (STF)

260A Tanjong Katong Road

Singapore 437048

Schedule : Registration

 eRegistration at https://sssc.ereg.sg (closing date Friday 13 March 2015)

- Hard copy forms attached in this notification can

be used for collation of data from athletes

Briefing and Drawing of Lots

6 April 2015 (Monday)
 1.00pm to 4.00pm

STF National Training Centre

Block 80 Lorong Limau #04-191 Singapore

320080

Competition

- 20 & 21 April 2015 (Monday & Tuesday)

9.00am onwards

Toa Payoh Sports Hall

Eligibility : Students in the B & C Divisions holding at least a

grade 9 (white with yellow tip) certification issued or endorsed by the STF. The grade shall be based on

or before January 2015.

Grading cards or certificates of participants must

be uploaded onto the eRegistration system.

Competition Rules : WTF rules adopted and modified by the STF

Uniform : STF Uniform. A performer will be barred from

participating if he or she cannot fulfill this

condition fully.

Method of

Competition : Cut-off system

Divisions : B DIVISION

2 January 1998 to 31 December 19981 January 1999 to 31 December 19991 January 2000 to 31 December 2000

1 January 2001

(Secondary 5 students are the same age as JC/CI students. Secondary students born in 1998 must compete in the B Division while JC/CI students born in 1998 must compete in A Division.)

#### Individual (Male)

White 9 Yellow Green Blue Red Black

#### Individual (Female)

White 9 Yellow Green Blue Red Black

### Team of Three (Male)

White 9

Yellow

Green

Blue

Red

Black

### Team of Three (Female)

White 9

Yellow

Green

Blue

Red

Black

#### **C DIVISION**

2 January 2001 to 31 December 2001

1 January 2002 to 31 December 2002

1 January 2003

#### Individual (Male)

White 9

Yellow

Green

Blue

Red

Black

### Individual (Female)

White 9

Yellow

Green

Blue

Red

**Black** 

#### Team of Three (Male)

White 9 Yellow Green Blue Red Black

#### Team of Three (Female)

White 9 Yellow Green Blue Red Black

Competition Poomsae for all

stages : White 9 - Preliminary Taegeuk

Yellow - Taegeuk 1
Green - Taegeuk 3
Blue - Taegeuk 5
Red - Taegeuk 7
Black - Koryo

Performance

Order : The order of performance shall be decided by ballot

for both the individual and team events.

Participation : A performer may participate in both the individual

and team events and is allowed to compete in more than one higher belt category up to Red 1.

The performer shall wear the belt colour of the

category he or she is competing.

Each school may field a maximum of three male and three female performers per individual colour category and one male and one female team per colour category.

A team will be disqualified if any of its registered members is not able to compete. Replacement of absent members is prohibited.

Fees : \$12.00 per player per colour category

Fees paid will not be refunded under any

circumstances.

Decision : The decision shall be made by a panel of 3, 5 or 7

judges to be determined and appointed by the STF.

Condition of

Participation : All participants shall abide by the general rules and

regulations governed by the Singapore Schools Sports Council of the competition and accept the

decisions of the judges or the Competition

Supervisory Board graciously.

Enquiries : For more information, please call the STF Secretariat

at 6345 1491.





### **NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015**

# POOMSAE COMPETITION ( B DIVISION )

To : Organizing Chairman National Schools Taekwondo Championships 2015							
On behalf of (Name of School) (School Zone) , I submit the attached entry forms and confirm that the players are all students of the school.							
Teacher in Charge							
Teacher's Contact No							
Teacher's Email							
Teacher's Signature							
Coach		Pass No (	)				
Principal's Name & Signature		Cabaal Ctamer					
Date		School Stamp					





\*Please delete accordingly



### NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015 REGISTRATION FORM

**BOYS / GIRLS\*** 

Sch	ool :				_ (Zone		_)
No	Name of Players as in NRIC or Student Pass (in BLOCK LETTERS)	Age	Level	Date of Birth dd/mm/yy	NRIC or Student Pass Number	Race	Nationality
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							

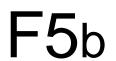
#### **TEAM COMPOSITION - RACES**

DIVISION

<u>B</u>

RACES	CHINESE (C)	MALAY (M)	INDIAN (I)	OTHERS (O)	TOTAL
Numbe	r				

Number of				
Foreign Students				



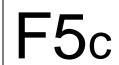


# NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015 ( B DIVISION )

**INDIVIDUAL** 

School		
Teacher in Charge	Contact No	

No	Nama	Name Category					
INO	Name	White	Yellow	Green	Blue	Red	Black





# NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015 ( B DIVISION )

**INDIVIDUAL** 

School		
Teacher in Charge	Contac	et No

No	Name			Categ	ory		
INO	iname	White	Yellow	Green	Blue	Red	Black





### NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015 ( B DIVISION )

## **TEAM OF THREE**

School		
Teacher in Charge	Contact No	

No Name Category							
INO	Name	White	Yellow	Green	Blue	Red	Black





### NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015 ( B DIVISION )

## **TEAM OF THREE**

School		
Teacher in Charge	Contact No	

No Name Category				Category			
INO	Name	White	Yellow	Green	Blue	Red	Black





### NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015 ( B DIVISION )

## **PARTICIPANT**

# REGISTRATION FORM (to be completed by all participants)

School						
					_	
Name of Student			(Cl	ass	) NRIC No	
Date of Birth		Age (			nuary 2015)	
Grade (as at Janu	ary 2015)				Sex	
Contact No		(N	lobile)			(Home)
Teacher in Charge	9					(Mobile)
Name of Coach						(Mobile)



### **NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015**

## POOMSAE COMPETITION ( C DIVISION )

Organizing Chairman

To :

National Schools Taekwondo Championships 2015						
On behalf of (Schoo that the players are all s	I Zone), I submit the attached estudents of the school.	(Name of School) entry forms and confirm				
Teacher in Charge						
Teacher's Contact No						
Teacher's Email						
Teacher's Signature						
Coach		Pass No (	)			
Principal's Name & Signature						
		School Stamp				
Date						





#### NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015 REGISTRATION FORM

**C BOYS / GIRLS\*** \*Please delete accordingly

	School :				Zone		_
No	Name of Players as in NRIC or Student Pass (in BLOCK LETTERS)	Age	Level	Date of Birth dd/mm/yy	NRIC or Student Pass Number	Race	Nationality
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							

#### **TEAM COMPOSITION - RACES**

DIVISION

RACES	CHINESE (C)	MALAY (M)	INDIAN (I)	OTHERS (O)	TOTAL
Number					

Number of				
Foreign Students				







# NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015 ( C DIVISION )

**INDIVIDUAL** 

School		
Teacher in Charge	Contact No	

No Name Category					ory			
	ivaine	White	Yellow	Green	Blue	Red	Black	







### NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015 ( C DIVISION )

## **INDIVIDUAL**

School		
Teacher in Charge	Contact No	

No Name Category					gory			
INO	Name	White	Yellow	Green	Blue	Red	Black	





# NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015 ( C DIVISION )

## **TEAM OF THREE**

School		
Teacher in Charge	Contact No	

No	Name	Category					
INO	Ivaille		Yellow	Green	Blue	Red	Black





# NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015 ( C DIVISION )

## **TEAM OF THREE**

School		
Teacher in Charge	Contact No	

No	Name	Category					
INO		White	Yellow	Green	Blue	Red	Black





# NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015 ( C DIVISION )

## **PARTICIPANT**

# REGISTRATION FORM (to be completed by all participants)

School					
Name of Student		(Class ) NRIC No		NRIC No	
Date of Birth		Age (as	at 1 Jar		
Grade (as at Janu	ary 2015)			Sex	
Contact No		(Mobile)			(Home)
Teacher in Charge	•				(Mobile)
Name of Coach					(Mobile)

# NATIONAL SCHOOL GAMES School Acknowledgement<sup>1</sup> of Baseline Safety Standards

Section A	:	
Sport:	Taekwondo	
Event:		
	(Example: National Inter-S	chool Netball Championship)
Division:		Level: Pri / Sec / JC/CI
DIVISION.		Level. FII / Sec / 30/01
School:		
Section B	:	
The school Games:	ol acknowledges that	the following checks will be made in all National Schools
Domain	n Safety Standard	Description
Personnel		Teacher-in-charge (Education Officer) is present to supervise the students.
	GEN-PER-3.2	Teacher-in-charge (Education Officer) is aware of the medical history of participants.
	GEN-PER-3.3	Teacher-in-charge (Education Officer) checks physical well-being of participants.
	GEN-PER-3.4	Teacher-in-charge (Education Officer) to go through rules of sport/game and ensure that students have basic competency.
	GEN-PER-3.7	Each participant must be accompanied by a coach with a professional coaching pass.
Participant	s GEN-PAR-4.1	Participants to remove all hard/sharp objects and accessories (e.g. necklaces, ear studs, rings).
	GEN-PAR-4.2	Participants conduct warm up exercises before the sport/game.
	GEN-PAR-4.3	Participants to hydrate before, during and after the sport/game.
	GEN-PAR-4.4	Participants conduct cooling down exercises after the sport/game.
	GEN-PAR-4.5	Participants to conduct regular checks on personal equipment
	TKD-PAR-4.6	All participants in Kyorugi have to wear headgear, shin and forearm guard, groin guard, mouth piece, gloves and a body protector.
Date:	Signature of Principa	

 $<sup>^{\</sup>rm 1}$  Schools need only submit  $\underline{\rm 1}$  Acknowledgement Form for each division.