



SINGAPORE TAEKWONDO FEDERATION

NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

OUTLINES FOR KYORUGI COMPETITION

- Promoter : Singapore Taekwondo Federation (STF)
260A Tanjong Katong Road
Singapore 437048
- Schedule : Registration
- eRegistration at <https://spssc.ereg.sg>
(closing date Friday 13 March 2015)
 - Hard copy forms attached in this notification can be used for collation of data from athletes
- Briefing and Drawing of Lots
- 2 April 2015 (Thursday)
1.00pm to 4.00pm
STF National Training Centre
Block 80 Lorong Limau #04-191 Singapore 320080
- Competition
- 16 and 17 April 2015 (Thursday & Friday)
9.00am onwards
Toa Payoh Sports Hall
- Eligibility : Students in the Senior and Junior Divisions holding red, poom or dan certification obtained on or before January 2015 and issued or endorsed by the STF
- Grading cards or certificates of participants must be uploaded onto the eRegistration system.**
- Competition Rules : WTF rules adopted and modified by the STF

- Rule Highlights : The weigh-in of players will be conducted at the competition day when they report to the competitor steward. Players who do not meet their weight categories will be disqualified.
- The size of the arena shall be 8m x 8m.
- The duration of the competition shall be 3 rounds of 1 minute each with 30 seconds break in between rounds.
- Two points shall be given for points scored using back kick or 360 kick.
- Kicking to the head is not allowed. The offender shall be declared loser by penalty.**
- Uniform : STF Uniform. A player will be barred from participating if he or she cannot fulfill this condition fully.
- Equipment : Headgear and body protector will be provided by the organizer. The other mandatory protective equipment - shin and forearm guard, groin guard, mouth piece and gloves - shall be the responsibility of participants. Participants may use their own headgear and body protector. All equipment must be STF-approved.
- Method of Competition : Single-elimination system

Divisions : **SENIOR DIVISION**
1 January 2004
1 January 2003 to 31 December 2003
2 January 2002 to 31 December 2002

Individual (Male)

Under 26 kg	Not exceeding 26 kg
Under 30 kg	Over 26 but not exceeding 30 kg
Under 34 kg	Over 30 but not exceeding 34 kg
Under 38 kg	Over 34 but not exceeding 38 kg
Under 42 kg	Over 38 but not exceeding 42 kg
Under 46 kg	Over 42 but not exceeding 46 kg
Under 50 kg	Over 46 but not exceeding 50 kg
Under 54 kg	Over 50 but not exceeding 54 kg
Under 58 kg	Over 54 but not exceeding 58 kg
Under 62 kg	Over 58 but not exceeding 62 kg
Under 66 kg	Over 62 but not exceeding 66 kg
Over 66kg	Over 66 kg

Individual (Female)

Under 26 kg	Not exceeding 26 kg
Under 30 kg	Over 26 but not exceeding 30 kg
Under 34 kg	Over 30 but not exceeding 34 kg
Under 38 kg	Over 34 but not exceeding 38 kg
Under 42 kg	Over 38 but not exceeding 42 kg
Under 46 kg	Over 42 but not exceeding 46 kg
Under 50 kg	Over 46 but not exceeding 50 kg
Under 54 kg	Over 50 but not exceeding 54 kg
Under 58 kg	Over 54 but not exceeding 58 kg
Under 62 kg	Over 58 but not exceeding 62 kg
Under 66 kg	Over 62 but not exceeding 66 kg
Over 66kg	Over 66 kg

JUNIOR DIVISION

1 January 2007

1 January 2006 to 31 December 2006

1 January 2005 to 31 December 2005

2 January 2004 to 31 December 2004

Individual (Male)

Under 24 kg	Not exceeding 24 kg
Under 28 kg	Over 24 but not exceeding 28 kg
Under 32 kg	Over 28 but not exceeding 32 kg
Under 36 kg	Over 32 but not exceeding 36 kg
Under 40 kg	Over 36 but not exceeding 40 kg
Under 44 kg	Over 40 but not exceeding 44 kg
Under 48 kg	Over 44 but not exceeding 48 kg
Under 52 kg	Over 48 but not exceeding 52 kg
Under 56 kg	Over 52 but not exceeding 56 kg
Under 60 kg	Over 56 but not exceeding 60 kg
Under 64 kg	Over 60 but not exceeding 64 kg
Over 64kg	Over 64kg

Individual (Female)

Under 24 kg	Not exceeding 24 kg
Under 28 kg	Over 24 but not exceeding 28 kg
Under 32 kg	Over 28 but not exceeding 32 kg
Under 36 kg	Over 32 but not exceeding 36 kg
Under 40 kg	Over 36 but not exceeding 40 kg
Under 44 kg	Over 40 but not exceeding 44 kg
Under 48 kg	Over 44 but not exceeding 48 kg
Under 52 kg	Over 48 but not exceeding 52 kg
Under 56 kg	Over 52 but not exceeding 56 kg
Under 60 kg	Over 56 but not exceeding 60 kg
Under 64 kg	Over 60 but not exceeding 64 kg
Over 64kg	Over 64kg

Entries : Each school is allowed to submit a maximum of 2 male and female players per weight category.

- Fees : \$12.00 per player
- Payment by crossed cheques to Singapore Taekwondo Federation or IFAAS. Cash payment will not be accepted.
- Fees paid will not be refunded under any circumstances.
- Condition of Participation : All participants shall abide by the general rules and regulations governed by the Singapore Primary Schools Sports Council of the competition and accept the decisions of the judges or the Competition Supervisory Board graciously.
- Enquiries : For more information, please call the STF Secretariat at 6345 1491.

**KYORUGI
PRIMARY (SENIOR DIVISION)**

F3



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

**KYORUGI COMPETITION
(SENIOR DIVISION)**

**To : Organizing Chairman
National Primary Schools Taekwondo Championships 2015**

On behalf of _____ (Name of School), I submit the attached entry forms and confirm that the players are all students of the School.

Teacher in Charge		
Teacher's Contact No		
Teacher's Email		
Teacher's Signature		
Coach		
Principal's Name & Signature		School Stamp
Date		



**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
KYORUGI REGISTRATION FORM**

DIVISION : SENIOR **BOYS / GIRLS*** **Please delete accordingly*

School : _____ (Zone _____)

No	Name of Players as in NRIC or Student Pass (in BLOCK LETTERS)	Age	Level	Date of Birth dd/mm/yy	NRIC or Student Pass Number	Race	Nationality
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							

TEAM COMPOSITION - RACES

RACES	CHINESE (C)	MALAY (M)	INDIAN (I)	OTHERS (O)	TOTAL
Number					

Number of Foreign Students

**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
(SENIOR DIVISION)**

ENTRIES

Name of School : _____

Teacher in Charge : _____ **HP:** _____

Name of Qualified Coach(es) with Coach Pass

(1) _____ (Pass No _____)

(2) _____ (Pass No _____)

(3) _____ (Pass No _____)

WEIGHT DIVISION

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Male	Poom	Under 26 kg	Not exceeding 26 kg		
	Male	Poom	Under 30 kg	Over 26 but not exceeding 30 kg		
	Male	Poom	Under 34 kg	Over 30 but not exceeding 34 kg		
	Male	Poom	Under 38 kg	Over 34 but not exceeding 38 kg		
	Male	Poom	Under 42 kg	Over 38 but not exceeding 42 kg		
	Male	Poom	Under 46 kg	Over 42 but not exceeding 46 kg		
	Male	Poom	Under 50 kg	Over 46 but not exceeding 50 kg		
	Male	Poom	Under 54 kg	Over 50 but not exceeding 54 kg		
	Male	Poom	Under 58 kg	Over 54 but not exceeding 58 kg		
	Male	Poom	Under 62 kg	Over 58 but not exceeding 62 kg		
	Male	Poom	Under 66 kg	Over 62 but not exceeding 66 kg		

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Male	Poom	Over 66kg	Over 66 kg		
	Male	Red	Under 26 kg	Not exceeding 26 kg		
	Male	Red	Under 30 kg	Over 26 but not exceeding 30 kg		
	Male	Red	Under 34 kg	Over 30 but not exceeding 34 kg		
	Male	Red	Under 38 kg	Over 34 but not exceeding 38 kg		
	Male	Red	Under 42 kg	Over 38 but not exceeding 42 kg		
	Male	Red	Under 46 kg	Over 42 but not exceeding 46 kg		
	Male	Red	Under 50 kg	Over 46 but not exceeding 50 kg		
	Male	Red	Under 54 kg	Over 50 but not exceeding 54 kg		
	Male	Red	Under 58 kg	Over 54 but not exceeding 58 kg		
	Male	Red	Under 62 kg	Over 58 but not exceeding 62 kg		
	Male	Red	Under 66 kg	Over 62 but not exceeding 66 kg		
	Male	Red	Over 66kg	Over 66 kg		
	Female	Poom	Under 26 kg	Not exceeding 26 kg		
	Female	Poom	Under 30 kg	Over 26 but not exceeding 30 kg		
	Female	Poom	Under 34 kg	Over 30 but not exceeding 34 kg		
	Female	Poom	Under 38 kg	Over 34 but not exceeding 38 kg		
	Female	Poom	Under 42 kg	Over 38 but not exceeding 42 kg		
	Female	Poom	Under 46 kg	Over 42 but not exceeding 46 kg		
	Female	Poom	Under 50 kg	Over 46 but not exceeding 50 kg		
	Female	Poom	Under 54 kg	Over 50 but not exceeding 54 kg		
	Female	Poom	Under 58 kg	Over 54 but not exceeding 58 kg		
	Female	Poom	Under 62 kg	Over 58 but not exceeding 62 kg		
	Female	Poom	Under 66 kg	Over 62 but not exceeding 66 kg		

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Female	Poom	Over 66kg	Over 66 kg		
	Female	Red	Under 26 kg	Not exceeding 26 kg		
	Female	Red	Under 30 kg	Over 26 but not exceeding 30 kg		
	Female	Red	Under 34 kg	Over 30 but not exceeding 34 kg		
	Female	Red	Under 38 kg	Over 34 but not exceeding 38 kg		
	Female	Red	Under 42 kg	Over 38 but not exceeding 42 kg		
	Female	Red	Under 46 kg	Over 42 but not exceeding 46 kg		
	Female	Red	Under 50 kg	Over 46 but not exceeding 50 kg		
	Female	Red	Under 54 kg	Over 50 but not exceeding 54 kg		
	Female	Red	Under 58 kg	Over 54 but not exceeding 58 kg		
	Female	Red	Under 62 kg	Over 58 but not exceeding 62 kg		
	Female	Red	Under 66 kg	Over 62 but not exceeding 66 kg		
	Female	Red	Over 66kg	Over 66 kg		

Name of Teacher in Charge	
Signature	

NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

**REGISTRATION FORM (SENIOR DIVISION)
(to be completed by all participants)**

NAME:(in full) : _____

School: _____ (Class _____)

Date of Birth: _____ Age _____ (as at 1 January 2015) Sex: _____

NRIC/Passport No: _____ Tel:(HP) _____ (H) _____

Address: _____

Grade: _____ Date Obtained: _____ (as at January 2015)

Name of Teacher in Charge: _____ HP: _____

	Weight Division	Please Tick (√)
DIVISION	Male	
	Female	
BELT	Red	
	Poom	
Under 26 kg	Not exceeding 26 kg	
Under 30 kg	Over 26 but not exceeding 30 kg	
Under 34 kg	Over 30 but not exceeding 34 kg	
Under 38 kg	Over 34 but not exceeding 38 kg	
Under 42 kg	Over 38 but not exceeding 42 kg	
Under 46 kg	Over 42 but not exceeding 46 kg	
Under 50 kg	Over 46 but not exceeding 50 kg	
Under 54 kg	Over 50 but not exceeding 54 kg	
Under 58 kg	Over 54 but not exceeding 58 kg	
Under 62 kg	Over 58 but not exceeding 62 kg	
Under 66 kg	Over 62 but not exceeding 66 kg	
Over 66kg	Over 66 kg	

Weight Record
(Must Fill In)

Signature of Student

**KYORUGI
PRIMARY (JUNIOR DIVISION)**

F4



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

**KYORUGI COMPETITION
(JUNIOR DIVISION)**

**To : Organizing Chairman
National Primary Schools Taekwondo Championships 2015**

On behalf of _____ (Name of School), I submit the attached entry forms and confirm that the players are all students of the School.

Teacher in Charge		
Teacher's Contact No		
Teacher's Email		
Teacher's Signature		
Coach		
Principal's Name & Signature		School Stamp
Date		

**KYORUGI
PRIMARY (JUNIOR DIVISION)**

F4a



**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
KYORUGI REGISTRATION FORM**

DIVISION : JUNIOR **BOYS / GIRLS*** **Please delete accordingly*

School : _____ (Zone _____)

No	Name of Players as in NRIC or Student Pass (in BLOCK LETTERS)	Age	Level	Date of Birth dd/mm/yy	NRIC or Student Pass Number	Race	Nationality
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							

TEAM COMPOSITION - RACES

RACES	CHINESE (C)	MALAY (M)	INDIAN (I)	OTHERS (O)	TOTAL
Number					

Number of Foreign Students

**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
(JUNIOR DIVISION)**

ENTRIES

Name of School : _____

Teacher in Charge : _____ **HP:** _____

Name of Qualified Coach(es) with Coach Pass

(1) _____ (Pass No _____)

(2) _____ (Pass No _____)

(3) _____ (Pass No _____)

WEIGHT DIVISION

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Male	Poom	Under 24 kg	Not exceeding 24 kg		
	Male	Poom	Under 28 kg	Over 24 but not exceeding 28 kg		
	Male	Poom	Under 32 kg	Over 28 but not exceeding 32 kg		
	Male	Poom	Under 36 kg	Over 32 but not exceeding 36 kg		
	Male	Poom	Under 40 kg	Over 36 but not exceeding 40 kg		
	Male	Poom	Under 44 kg	Over 40 but not exceeding 44 kg		
	Male	Poom	Under 48 kg	Over 44 but not exceeding 48 kg		
	Male	Poom	Under 52 kg	Over 48 but not exceeding 52 kg		
	Male	Poom	Under 56 kg	Over 52 but not exceeding 56 kg		
	Male	Poom	Under 60 kg	Over 56 but not exceeding 60 kg		
	Male	Poom	Under 64 kg	Over 60 but not exceeding 64 kg		
	Male	Poom	Over 64kg	Over 64kg		

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Male	Red	Under 24 kg	Not exceeding 24 kg		
	Male	Red	Under 28 kg	Over 24 but not exceeding 28 kg		
	Male	Red	Under 32 kg	Over 28 but not exceeding 32 kg		
	Male	Red	Under 36 kg	Over 32 but not exceeding 36 kg		
	Male	Red	Under 40 kg	Over 36 but not exceeding 40 kg		
	Male	Red	Under 44 kg	Over 40 but not exceeding 44 kg		
	Male	Red	Under 48 kg	Over 44 but not exceeding 48 kg		
	Male	Red	Under 52 kg	Over 48 but not exceeding 52 kg		
	Male	Red	Under 56 kg	Over 52 but not exceeding 56 kg		
	Male	Red	Under 60 kg	Over 56 but not exceeding 60 kg		
	Male	Red	Under 64 kg	Over 60 but not exceeding 64 kg		
	Male	Red	Over 64kg	Over 64kg		
	Female	Poom	Under 24 kg	Not exceeding 24 kg		
	Female	Poom	Under 28 kg	Over 24 but not exceeding 28 kg		
	Female	Poom	Under 32 kg	Over 28 but not exceeding 32 kg		
	Female	Poom	Under 36 kg	Over 32 but not exceeding 36 kg		
	Female	Poom	Under 40 kg	Over 36 but not exceeding 40 kg		
	Female	Poom	Under 44 kg	Over 40 but not exceeding 44 kg		
	Female	Poom	Under 48 kg	Over 44 but not exceeding 48 kg		
	Female	Poom	Under 52 kg	Over 48 but not exceeding 52 kg		
	Female	Poom	Under 56 kg	Over 52 but not exceeding 56 kg		
	Female	Poom	Under 60 kg	Over 56 but not exceeding 60 kg		
	Female	Poom	Under 64 kg	Over 60 but not exceeding 64 kg		
	Female	Poom	Over 64kg	Over 64kg		

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Female	Red	Under 24 kg	Not exceeding 24 kg		
	Female	Red	Under 28 kg	Over 24 but not exceeding 28 kg		
	Female	Red	Under 32 kg	Over 28 but not exceeding 32 kg		
	Female	Red	Under 36 kg	Over 32 but not exceeding 36 kg		
	Female	Red	Under 40 kg	Over 36 but not exceeding 40 kg		
	Female	Red	Under 44 kg	Over 40 but not exceeding 44 kg		
	Female	Red	Under 48 kg	Over 44 but not exceeding 48 kg		
	Female	Red	Under 52 kg	Over 48 but not exceeding 52 kg		
	Female	Red	Under 56 kg	Over 52 but not exceeding 56 kg		
	Female	Red	Under 60 kg	Over 56 but not exceeding 60 kg		
	Female	Red	Under 64 kg	Over 60 but not exceeding 64 kg		
	Female	Red	Over 64kg	Over 64kg		

Name of Teacher in Charge	
Signature	

NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

**REGISTRATION FORM (JUNIOR DIVISION)
(to be completed by all participants)**

NAME:(in full) : _____

School: _____ (Class _____)

Date of Birth:_____ Age_____ (as at 1 January 2015) Sex: _____

NRIC/Passport No:_____ Tel:(HP)_____ (H)_____

Address:_____

Grade:_____ Date Obtained:_____ (as at January 2015)

Name of Teacher in Charge: _____ HP:_____

Weight Division		Please Tick (√)
DIVISION	Male	
	Female	
BELT	Red	
	Poom	
Under 24 kg	Not exceeding 24 kg	
Under 28 kg	Over 24 but not exceeding 28 kg	
Under 32 kg	Over 28 but not exceeding 32 kg	
Under 36 kg	Over 32 but not exceeding 36 kg	
Under 40 kg	Over 36 but not exceeding 40 kg	
Under 44 kg	Over 40 but not exceeding 44 kg	
Under 48 kg	Over 44 but not exceeding 48 kg	
Under 52 kg	Over 48 but not exceeding 52 kg	
Under 56 kg	Over 52 but not exceeding 56 kg	
Under 60 kg	Over 56 but not exceeding 60 kg	
Under 64 kg	Over 60 but not exceeding 64 kg	
Over 64kg	Over 64kg	

<p>Weight Record (Must Fill In)</p>
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Signature of Student

NATIONAL SCHOOL GAMES

School Acknowledgement¹ of Baseline Safety Standards

Section A:

Sport: Taekwondo

Event: _____
(Example: National Inter-School Netball Championship)

Division: _____ Level: Pri / Sec / JC/CI

School: _____

Section B:

The school acknowledges that the following checks will be made in all National Schools Games:

Domain	Safety Standard	Description
Personnel	GEN-PER-3.1	Teacher-in-charge (Education Officer) is present to supervise the students.
	GEN-PER-3.2	Teacher-in-charge (Education Officer) is aware of the medical history of participants.
	GEN-PER-3.3	Teacher-in-charge (Education Officer) checks physical well-being of participants.
	GEN-PER-3.4	Teacher-in-charge (Education Officer) to go through rules of sport/game and ensure that students have basic competency.
	GEN-PER-3.7	Each participant must be accompanied by a coach with a professional coaching pass.
Participants	GEN-PAR-4.1	Participants to remove all hard/sharp objects and accessories (e.g. necklaces, ear studs, rings).
	GEN-PAR-4.2	Participants conduct warm up exercises before the sport/game.
	GEN-PAR-4.3	Participants to hydrate before, during and after the sport/game.
	GEN-PAR-4.4	Participants conduct cooling down exercises after the sport/game.
	GEN-PAR-4.5	Participants to conduct regular checks on personal equipment
	TKD-PAR-4.6	All participants in Kyorugi have to wear headgear, shin and forearm guard, groin guard, mouth piece, gloves and a body protector.

Name and Signature of Principal: _____

Date: _____

Note: All completed forms are to be submitted to the STF prior to the start of competition.

¹ Schools need only submit 1 Acknowledgement Form for each division.