



**SINGAPORE TAEKWONDO FEDERATION (STF)
NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS
2015**

OUTLINES FOR POOMSAE COMPETITION

- Promoter : Singapore Taekwondo Federation (STF)
260A Tanjong Katong Road
Singapore 437048
- Schedule : Registration
- eRegistration at <https://spssc.ereg.sg>
(closing date Friday 13 March 2015)
 - Hard copy forms attached in this notification can be used for collation of data from athletes
- Briefing and Drawing of Lots
- 2 April 2015 (Thursday)
1.00pm to 4.00pm
STF National Training Centre
Block 80 Lorong Limau #04-191 Singapore 320080
- Competition
- 15 and 16 April 2015 (Wednesday & Thursday)
9.00am onwards
Toa Payoh Sports Hall
- Eligibility : Students in the Senior and Junior Divisions holding at least a grade 9 (white with yellow tip) certification issued or endorsed by the STF. The grade shall be on or before January 2015.

Grading cards or certificates of participants must be uploaded onto the eRegistration system

Competition Rules : WTF rules adopted and modified by the STF

Uniform : STF Uniform. A performer will be barred from participating if he or she cannot fulfill this condition fully.

Method of Competition : Cut-off system

- Divisions : **SENIOR DIVISION**
1 January 2004
1 January 2003 to 31 December 2003
2 January 2002 to 31 December 2002

Individual (Male)

White
Yellow
Green
Blue
Red
Poom

Individual (Female)

White
Yellow
Green
Blue
Red
Poom

Team of Three (Male)

White
Yellow
Green
Blue
Red
Poom

Team of Three (Female)

White
Yellow
Green
Blue
Red
Poom

JUNIOR DIVISION

1 January 2007

1 January 2006 to 31 December 2006

1 January 2005 to 31 December 2005

2 January 2004 to 31 December 2004

(Poomsae events only)

1 January 2009

1 January 2008 to 31 December 2008

2 January 2007 to 31 December 2007

Individual (Male)

White
Yellow
Green
Blue
Red
Poom

Individual (Female)

White
Yellow
Green
Blue
Red
Poom

Team of Three (Male)

White
Yellow
Green
Blue
Red
Poom

Team of Three (Female)

White
Yellow
Green
Blue
Red
Poom

Competition
Poomsae for all
stages

: White 9 - Preliminary Taegeuk
Yellow - Taegeuk 1
Green - Taegeuk 3
Blue - Taegeuk 5
Red - Taegeuk 7
Poom - Koryo

Performance
Order

: The order of performance shall be decided by ballot
for both the individual and team events.

Participation

: **A performer may participate in both the individual
and team events and is allowed to compete in
more than one higher belt category up to Red 1.**

The performer shall wear the belt colour of the category
he or she is competing.

Each school may field a maximum of three male and
three female performers per individual colour category
and one male and one female team per colour category
for each Division.

A team will be disqualified if any of its registered
members is not able to compete. Replacement of
absent members is prohibited.

Fees

: \$12.00 per player per colour category

Payment by crossed cheques to Singapore
Taekwondo Federation or IFAAS. Cash payment will
not be accepted.

Fees paid will not be refunded under any
circumstances.

- Decision : The decision shall be made by a panel of 3, 5 or 7 judges to be determined and appointed by the STF.
- Condition of Participation : All participants shall abide by the general rules and regulations governed by the Singapore Primary Schools Sports Council of the competition and accept the decisions of the judges or the Competition Supervisory Board graciously.
- Enquiries : For more information, please call the STF Secretariat at 6345 1491.

**POOMSAE
PRIMARY (SENIOR DIVISION)**

F1



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

**POOMSAE COMPETITION
(SENIOR DIVISION)**

**To : Organizing Chairman
National Primary Schools Taekwondo Championships 2015**

On behalf of _____ (Name of School), I submit the attached entry forms and confirm that the players are all students of the school.

Teacher in Charge		
Teacher's Contact No		
Teacher's Email		
Teacher's Signature		
Coach	Pass No ()	
Principal's Name & Signature		School Stamp
Date		

**POOMSAE
PRIMARY (SENIOR DIVISION)**

F1a



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

REGISTRATION FORM

DIVISION : SENIOR BOYS / GIRLS* **Please delete accordingly*

School : _____ (Zone _____)

No	Name of Players as in NRIC or Student Pass (in BLOCK LETTERS)	Age	Level	Date of Birth dd/mm/yy	NRIC or Student Pass Number	Race	Nationality
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							

TEAM COMPOSITION - RACES

RACES	CHINESE (C)	MALAY (M)	INDIAN (I)	OTHERS (O)	TOTAL
Number					

Number of Foreign Students

**POOMSAE
PRIMARY (SENIOR DIVISION)**

F1b



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

(SENIOR DIVISION)

INDIVIDUAL

(BOYS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black

**POOMSAE
PRIMARY (SENIOR DIVISION)**

F1c



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

(SENIOR DIVISION)

INDIVIDUAL

(GIRLS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black

**POOMSAE
PRIMARY (SENIOR DIVISION)**

F1d



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

(SENIOR DIVISION)

TEAM OF THREE

(BOYS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black

**POOMSAE
PRIMARY (SENIOR DIVISION)**

F1e



**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
(SENIOR DIVISION)**

TEAM OF THREE

(GIRLS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black

**POOMSAE
PRIMARY (SENIOR DIVISION)**

F1f



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

(SENIOR DIVISION)

PARTICIPANT

**REGISTRATION FORM
(to be completed by all participants)**

School	
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Name of Student	(Class)	NRIC No	
Date of Birth		Age (as at 1 January 2015)	
Grade (as at January 2015)		Sex	
Contact No	(Mobile)	(Home)	
Teacher in Charge		(Mobile)	
Name of Coach		(Mobile)	

**POOMSAE
PRIMARY (JUNIOR DIVISION)**

F2



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

**POOMSAE COMPETITION
(JUNIOR DIVISION)**

**To : Organizing Chairman
National Primary Schools Taekwondo Championships 2015**

On behalf of _____ (Name of School), I submit the attached entry forms and confirm that the players are all students of the school.

Teacher in Charge		
Teacher's Contact No		
Teacher's Email		
Teacher's Signature		
Coach	Pass No ()	
Principal's Name & Signature		School Stamp
Date		



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

REGISTRATION FORM

DIVISION : **JUNIOR** **BOYS / GIRLS*** **Please delete accordingly*

School : _____

No	Name of Players as in NRIC or Student Pass (in BLOCK LETTERS)	Age	Level	Date of Birth (dd/mm/yy)	NRIC or Student Pass Number	Race	Nationality
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							

TEAM COMPOSITION - RACES

RACES	CHINESE (C)	MALAY (M)	INDIAN (I)	OTHERS (O)	TOTAL
Number					

Number of Foreign Students



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

(JUNIOR DIVISION)

INDIVIDUAL

(BOYS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black

POOMSAE
PRIMARY (JUNIOR DIVISION)

F2c



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

(JUNIOR DIVISION)

INDIVIDUAL

(GIRLS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black

**POOMSAE
PRIMARY (JUNIOR DIVISION)**

F2d



**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
(JUNIOR DIVISION)**

TEAM OF THREE

(BOYS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black

**POOMSAE
PRIMARY (JUNIOR DIVISION)**

F2e



**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015
(JUNIOR DIVISION)**

TEAM OF THREE

(GIRLS)

School			
Teacher in Charge		Contact No	

No	Name	Category					
		White	Yellow	Green	Blue	Red	Black

POOMSAE
PRIMARY (JUNIOR DIVISION)

F2f



NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2015

(JUNIOR DIVISION)

PARTICIPANT

**REGISTRATION FORM
(to be completed by all participants)**

School	
--------	--

Name of Student	(Class)	NRIC No	
Date of Birth		Age (as at 1 January 2015)	
Grade (as at January 2015)		Sex	
Contact No	(Mobile)		(Home)
Teacher in Charge			(Mobile)
Name of Coach			(Mobile)

NATIONAL SCHOOL GAMES

School Acknowledgement¹ of Baseline Safety Standards

Section A:

Sport: Taekwondo

Event: _____
(Example: National Inter-School Netball Championship)

Division: _____ Level: Pri / Sec / JC/CI

School: _____

Section B:

The school acknowledges that the following checks will be made in all National Schools Games:

Domain	Safety Standard	Description
Personnel	GEN-PER-3.1	Teacher-in-charge (Education Officer) is present to supervise the students.
	GEN-PER-3.2	Teacher-in-charge (Education Officer) is aware of the medical history of participants.
	GEN-PER-3.3	Teacher-in-charge (Education Officer) checks physical well-being of participants.
	GEN-PER-3.4	Teacher-in-charge (Education Officer) to go through rules of sport/game and ensure that students have basic competency.
	GEN-PER-3.7	Each participant must be accompanied by a coach with a professional coaching pass.
Participants	GEN-PAR-4.1	Participants to remove all hard/sharp objects and accessories (e.g. necklaces, ear studs, rings).
	GEN-PAR-4.2	Participants conduct warm up exercises before the sport/game.
	GEN-PAR-4.3	Participants to hydrate before, during and after the sport/game.
	GEN-PAR-4.4	Participants conduct cooling down exercises after the sport/game.
	GEN-PAR-4.5	Participants to conduct regular checks on personal equipment
	TKD-PAR-4.6	All participants in Kyorugi have to wear headgear, shin and forearm guard, groin guard, mouth piece, gloves and a body protector.

Name and Signature of Principal: _____

Date: _____

Note: All completed forms are to be submitted to the STF prior to the start of competition.

¹ Schools need only submit 1 Acknowledgement Form for each division.