

## 2nd National Taekwondo Demonstration Championships 2013

29th Dec 2013 ( Sunday )

Category	Estimate Time	Court
<b>A ) High Jump Kick - Male</b> 1 ) Young Junior 2 ( Age 9 - 12 ) 2 ) Junior 1 ( Age 13 - 15 ) 3 ) Junior 2 ( Age 16 - 18 ) 4 ) Senior 1 ( Age 19 - 29 ) 5 ) Senior 2 ( Age 30 - 39 ) 6 ) Master ( Age above 40 )	0930am - 12.30pm	<b>A</b>
<b>B ) High Jump Kick - Female</b> 7 ) Young Junior 2 ( Age 9 - 12 ) 8 ) Junior 1 ( Age 13 - 15 ) 9 ) Junior 2 ( Age 16 - 18 ) 10 ) Senior 1/Master ( Age 19 - 29 )	1.30pm - 2.45pm	<b>A</b>
<b>C ) Long Jump Kick - Male</b> 11 ) Junior 1 ( Age 13 - 15 ) 12 ) Junior 2 ( Age 16 - 18 ) 13 ) Senior 1 ( Age 19 - 29 ) 14 ) Senior 2 ( Age 30 - 39 ) 15 ) Master ( Age above 40 )	9.30am - 11.10am	<b>C</b>
<b>D ) Long Jump Kick - Female</b> 16 ) Junior 1 ( Age 13 - 15 ) 17 ) Junior 2 ( Age 16 - 18 )	11.15am - 11.25am	<b>C</b>
<b>E ) Reverse Kick Breaking - Male</b> 18 ) Junior 1 ( Age 13 - 15 ) 19 ) Junior 2 ( Age 16 - 18 ) 20 ) Senior 1 ( Age 19 - 29 ) 21 ) Senior 2 ( Age 30 - 39 ) 22 ) Master ( Age above 40 )	11.30am - 12.45pm	<b>C</b>
<b>F ) Reverse Kick Breaking - Female</b> 23 ) Master ( Age above 40 )	12.50pm - 12.55pm	<b>C</b>
<b>G ) Freestyle Breaking - Male</b> 24 ) Junior 1 ( Age 13 - 15 ) 25 ) Junior 2 ( Age 16 - 18 ) 26 ) Senior 1 ( Age 19 - 29 ) 27 ) Master ( Age above 40 )	1.30pm - 2.10pm	<b>C</b>
<b>H ) Freestyle Breaking - Female</b> 28 ) Junior 1 ( Age 13 - 15 ) 29 ) Junior 2 ( Age 16 - 18 ) 30 ) Senior 1/Master ( Age 19 - 29 )	2.15pm - 2.40pm	<b>C</b>
<b>J ) Fist Breaking - Male</b> 31 ) Senior ( Age 19 - 39 ) 32 ) Master ( Age above 40 )	10.15am - 10.45am	<b>B</b>
<b>K ) Knife-Hand Breaking - Male</b> 33 ) Senior ( Age 19 - 39 ) 34 ) Master ( Age above 40 )	11.00am - 11.30am	<b>B</b>
<b>L ) Creative Poomsae ( Team Of 3 )</b> 35 ) Young Junior 1 ( Age 5 - 8 ) 36 ) Young Junior 2 ( Age 9 - 12 ) 37 ) Junior 1 ( Age 13 -15 ) 38 ) Senior 1 ( Age 19 -29 ) 39 ) Master ( Age above 40 )	1.45pm - 3.00pm	<b>B</b>
<b>M ) Taekwon Aerobics ( Team Of 5 )</b> 40 ) Young Junior 1 ( Age 5 - 8 ) 41 ) Young Junior 2 ( Age 9 - 12 ) 42 ) Junior 1 ( Age 13 -15 ) 43 ) Senior 1 ( Age 19 -29 )	3.10pm - 4.00pm	<b>B</b>
<b>N ) Self Defence ( Up to 5 pax )</b> 44 ) Young Junior 2 ( Age 9 - 12 ) 45 ) Junior 2 ( Age 16 -18 )	12.00pm - 12.20pm	<b>B</b>



## 2nd National Taekwondo Demonstration Championships 2013

### A ) High Jump Kick - Male

#### 1 ) Young Junior 2 ( Age 9 - 12 )

( 1 )	Ang Yong Yi Jatlyson	CHENG SAN C C
( 2 )	Darryl Lim Yi Heng	CHENG SAN C C
( 3 )	Ike William Wrigley	J H KIM - BT
( 4 )	Jason Heo Jung	J H KIM - BT
( 5 )	Jerris Lim	TEAM SPECTRUM
( 6 )	Lim Zi Jun Aston	INDUK
( 7 )	Loo Yi Tatt	ACME
( 8 )	Marc Tay Zhi Wei	ALJUNIED C C
( 9 )	Phua Kai Jie	J H KIM - BT
(10)	Ryan Sia See Seng	CHENG SAN C C
(11)	William Alan Hardiment	J H KIM - BT
(12)	Yap Sheng En Bryan	INDUK
(13)	Yap zhong Han Darren	INDUK
(14)	Jeffery Thang Wen Yau	TEAM SPECTRUM

#### 2 ) Junior 1 ( Age 13 - 15 )

( 1 )	Afiq Bin Hamzah	ALJUNIED C C
( 2 )	Cephas Chin	CHENG SAN C C
( 3 )	Dave Lawrence Seah Lu Han	ALJUNIED C C
( 4 )	Ignatius Lee	JH KIM - SR
( 5 )	Janarthanan s/o Manogaaan	TEAM SPECTRUM
( 6 )	Kang Jun Jie	ACME
( 7 )	Ku Jia Yang	J H KIM - BT
( 8 )	Mark Lm	JH KIM - SR
( 9 )	Ng Wei Xiang Sebastian	ST TERESA
(10)	Oh Kai Juin Graham	TEAM SPECTRUM
(11)	Ong Tze Enn	JH KIM - SR
(12)	Ruben Lim Shi Jun	TEAM SPECTRUM
(13)	Tiong Hoe Chin	ST TERESA
(14)	Yoo Chang Yong	TOP TKD

#### 3 ) Junior 2 ( Age 16 - 18 )

( 1 )	Chong Shing Ching Bryan	ST TERESA
( 2 )	Ho You Shen Dilon	( )
( 3 )	Laurence George Church	J H KIM - BT

## 4 ) Senior 1

( Age 19 - 29 )

( 1 )	Ow chuan Wei Michael Avril	CHENG SAN C C
( 2 )	Slawomir Grzegorz Wlodkowski	JH KIM - SR
( 3 )	Tan Sheng Yang	SMU
( 4 )	Teo Tee Hao	SP
( 5 )	Rajamon Makwana	Acme

## 5 ) Senior 2

( Age 30 - 39 )

( 1 )	Hoo Kwang Chang	TOP TKD
( 2 )	Leonard Yeo Chii Lin	ST TERESA
( 3 )	Song Jeong Ho	TOP TKD

## 6 ) Master

( Age above 40 )

( 1 )	Adam Slater	BRITISH CLUB
( 2 )	Thiong Chee Seng	J H KIM - BT

**B ) High Jump Kick - Female**

## 7 ) Young Junior 2

( Age 9 - 12 )

( 1 )	Angela Wang Wan Xin	ALJUNIED C C
( 2 )	Jobie Lim	TEAM SPECTRUM
( 3 )	Rebekah Seow	CHENG SAN C C
( 4 )	Yi Zhuo Xian	CHENG SAN C C

## 8 ) Junior 1

( Age 13 - 15 )

( 1 )	Ang Su Sian Caitlyn	INDUK
( 2 )	Ng Avery	CHENG SAN C C
( 3 )	Sally Phee	JH KIM - SR
( 4 )	Yeo Shi Wen	INDUK

## 9 ) Junior 2

( Age 16 - 18 )

( 1 )	Grayce Tan	ACME

## 10 ) Senior 1/Master ( Age 19 - 29 )

( 1 )	Foo Shi Jie Cheryl	NTU
( 2 )	Gail Chia Yue Ling	SMU
( 3 )	Nicole Mak Hao Yin	CHENG SAN C C
( 4 )	Linda Sim	TeamgOLD

### C ) Long Jump Kick - Male

11 ) Junior 1

( Age 13 - 15 )

( 1 )	Ignatius Lee	J H KIM - SR
( 2 )	Kang Jun Jie	ACME
( 3 )	Ku Jia Yang	J H KIM - BT
( 4 )	Mark Lim	J H KIM - SR
( 5 )	Ng Wei Xiang Sebastian	ST TERESA
( 6 )	Ong Tze Enn	J H KIM - SR

12 ) Junior 2

( Age 16 - 18 )

( 1 )	Chong Shing Ching Bryan	ST TERESA
( 2 )	Laurence George Church	J H KIM - BT
( 3 )	Low Qing En	CHENG SAN C C

13 ) Senior 1

( Age 19 - 29 )

( 1 )	Bernard Kuah Tong Khee	ACME
( 2 )	Ow Chuan Wei Michael Avril	CHENG SAN C C
( 3 )	Slawomir Grzegorz Wlodkowski	J H KIM - SR
( 4 )	Woon Yong Chuang	J H KIM - BT
( 5 )	Rajamon Makwana	Acme TKD

14 ) Senior 2

( Age 30 - 39 )

( 1 )	Soo Jeong Ho	TOP TKD

15 ) Master

( Age above 40 )

( 1 )	Khoo Chin Peng Ivan	BRITISH CLUB

### D ) Long Jump Kick - Female

16 ) Junior 1

( Age 13 - 15 )

( 1 )	Sally Phee	J H KIM - SR

17 ) Junior 2

( Age 16 - 18 )

( 1 )	Grayce Tan	ACME
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### E ) Reverse Kick Breaking - Male

18 ) Junior 1

( Age 13 - 15 )

( 1 )	Yoo Chang Yong	TOP TKD

19 ) Junior 2

( Age 16 - 18 )

( 1 )	Chung Shing Ching Bryan	ST TERESA
( 2 )	Laurence George Church	J H KIM - BT
( 3 )	Mohd Hejaz S/O mg	ST TERESA

20 ) Senior 1

( Age 19 - 29 )

( 1 )	Low Chin Hang	SMU
( 2 )	Slawomir Grzegorz Wlodkowski	J H KIM - SR
( 3 )	Victor Ho Yao Tong	NTU

21 ) Senior 2

( Age 30 - 39 )

( 1 )	Ravindran s/o munian	BRITISH CLUB
( 2 )	Soo Jeong Ho	TOP TKD
( 3 )	Hoo Kwang Chang	TOP TKD

22 ) Master

( Age above 40 )

( 1 )	Emmanuel Ng	J H KIM - SR
( 2 )	Soo Han Chung	J H KIM - BT
( 3 )	Tan Choon Mong Jeffery	BRITISH CLUB
( 4 )	Thiong Chee Seng	J H KIM - BT

### F ) Reverse Kick Breaking - Female

23 ) Master

( Age above 40 )

( 1 )	See Suat Lay Jeraldine	J H KIM - BT

### G ) Freestyle Breaking - Male

24 ) Junior 1

( Age 13 - 15 )

( 1 )	Chua Yan Jie Brian	J H KIM - BT
( 2 )	Kang Jun Jie	ACME
( 3 )	Ng Wei Xiang Sebastian	ST TERESA
( 4 )	See Wei Wen	ST TERESA
( 5 )	Yoo Chang Yong	TOP TKD

25 ) Junior 2

( Age 16 - 18 )

( 1 )	Chung Shing Ching Bryan	ST TERESA
( 2 )	Laurence George Church	J H KIM - BT
( 3 )	Low Qing En	CHENG SAN C C
( 4 )	Mustafar	ACME

26 ) Senior 1

( Age 19 - 29 )

( 1 )	Victor Tan Jun Yang	ST TERESA

27 ) Master

( Age above 40 )

( 1 )	Soo Han Chung	J H KIM - BT
( 2 )	Thiong Chee Seng	J H KIM - BT

### H ) Freestyle Breaking - Female

28 ) Junior 1

( Age 13 - 15 )

( 1 )	Coco Lim	ACME

29 ) Junior 2

( Age 16 - 18 )

( 1 )	Grayce Tan	ACME

30 ) Senior 1/Master ( Age 19 - 29 )

( 1 )	Joyce Lim	ACME
( 2 )	Linda Sim	TeamgOLD

## J) Fist Breaking - Male

31 ) Senior

( Age 19 - 39 )

( 1 )	Brendan Chia Wai Fun	ST TERESA
( 2 )	Hoo Kwang Chang	TOP TKD
( 3 )	Victor Ho Yao Tong	NTU
( 4 )	Victor Tan Jun Yang	ST TERESA
( 5 )	Wong Kah Hon Vanson	ST TERESA
( 6 )	Baek Moo Jin	Ildo

32 ) Master

( Age above 40 )

( 1 )	Khoo Chin Peng Ivan	BRITISH CLUB
( 2 )	Soo Han Chung	J H KIM - BT
( 3 )	Yap Onn Hoe	INDUK
( 4 )	Koh Chwee Lai	Sports Connective
( 5 )	Koh Chih Kwong	Sports Connective

## K) Knife-Hand Breaking - Male

33 ) Senior

( Age 19 - 39 )

( 1 )	Baek Moo Jin	Ildo
( 2 )	Saravanan S/O Ponmani	TEAM SPECTRUM
( 3 )	Victor Tan Jun Yang	ST TERESA
( 4 )	Xiong YiShun	SP

34 ) Master

( Age above 40 )

( 1 )	Chin Fong Cheit Calvin	BRITISH CLUB
( 2 )	Tan Thiam Chye Andy	BRITISH CLUB
( 3 )	Edmund Lim Meng Seng	BRITISH CLUB
( 4 )	Leon Koh	SHOTA
( 5 )	Koh Chwee Lai	Sports Connective
( 6 )	Koh Chih Kwong	Sports Connective

## L) Creative Poomsae ( Team Of 3 )

35 ) Young Junior 1 ( Age 5 - 8 )

( 1 )	J.H Kim (Serangoon) team 1
( 2 )	J.H Kim (Serangoon) team 2
( 3 )	Induk



36 ) Young Junior 2 ( Age 9 - 12 )

( 1 )	J.H Kim (Bukit Timah)
( 2 )	St Teresa
( 3 )	J.H Kim (Serangoon) team 1
( 4 )	J.H Kim (Serangoon) team 2
( 5 )	ACME
( 6 )	Aljunied CC
( 7 )	Induk

37 ) Junior 1 ( Age 13 -15 )

( 1 )	J.H Kim (Bukit Timah)
( 2 )	Shota team 1
( 3 )	Shota team 2
( 4 )	St Teresa team 1
( 5 )	St Teresa team 2
( 6 )	J.H Kim (Serangoon)
( 7 )	ACME

38 ) Senior 1 ( Age 19 -29 )

( 1 )	NTU

39 ) Master ( Age above 40 )

( 1 )	J.H Kim (Bukit Timah)

**M ) Taekwon Aerobics ( Team Of 5 )**

40 ) Young Junior 1 ( Age 5 - 8 )

( 1 )	Induk

41 ) Young Junior 2 ( Age 9 - 12 )

( 1 )	St Teresa team 1
( 2 )	St Teresa team 2
( 3 )	ACME
( 4 )	Induk

42 ) Junior 1

( Age 13 -15 )

( 1 )	Shota team 1
( 2 )	Shota team 2
( 3 )	St Teresa
( 4 )	ACME
( 5 )	Induk

43 ) Senior 1

( Age 19 -29 )

( 1 )	Singapore Poly

**N ) Self Defence ( Up to 5 pax )**

44 ) Young Junior 2 ( Age 9 - 12 )

( 1 )	St Teresa

45 ) Junior 2

( Age 16 -18 )

( 1 )	St Teresa