



4 ) Senior 1 ( Age 19 - 29 )


5 ) Senior 2 ( Age 30 - 39 )


6 ) Master ( Age above 40 )




11) Senior 2 ( Age 30 - 39 )


12) Master ( Age above 40 )


**C ) Long Jump Kick - Male**

13 ) Junior 1 ( Age 13 - 15 )


14 ) Junior 2 ( Age 16 - 18 )


15 ) Senior 1 ( Age 19 - 29 )


16 ) Senior 2 ( Age 30 - 39 )


17 ) Master ( Age above 40 )


**D ) Long Jump Kick - Female**

18 ) Junior 1 ( Age 13 - 15 )


19 ) Junior 2 ( Age 16 - 18 )


20 ) Senior 1 ( Age 19 - 29 )


21 ) Senior 2 ( Age 30 - 39 )


22 ) Master ( Age above 40 )


**E ) Reverse Kick Breaking - Male**

23 ) Junior 1 ( Age 13 - 15 )


24 ) Junior 2 ( Age 16 - 18 )


25 ) Senior 1 ( Age 19 - 29 )


26 ) Senior 2 ( Age 30 - 39 )


27 ) Master ( Age above 40 )


**F ) Reverse Kick Breaking - Female**

28 ) Junior 1 ( Age 13 - 15 )


29 ) Junior 2 ( Age 16 - 18 )


30 ) Senior 1 ( Age 19 - 29 )


31 ) Senior 2 ( Age 30 - 39 )


32 ) Master ( Age above 40 )




**G ) Freestyle Breaking - Male**

33 ) Junior 1 ( Age 13 - 15 )


34 ) Junior 2 ( Age 16 - 18 )


35 ) Senior 1 ( Age 19 - 29 )


36 ) Senior 2 ( Age 30 - 39 )


37 ) Master ( Age above 40 )


**H ) Freestyle Breaking - Female**

38 ) Junior 1 ( Age 13 - 15 )


39 ) Junior 2 ( Age 16 - 18 )


40 ) Senior 1 ( Age 19 - 29 )


41 ) Senior 2 ( Age 30 - 39 )


42 ) Master ( Age above 40 )






**L ) Creative Poomsae ( Team Of 3 )**

49 ) Young Junior 1 ( Age 5 - 8 )

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50 ) Young Junior 2 ( Age 9 - 12 )

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51 ) Junior 1 ( Age 13 -15 )

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52 ) Junior 2 ( Age 16 -18 )

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53 ) Senior 1 ( Age 19 -29 )

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54 ) Senior 2 ( Age 30 -39 )

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55 ) Master ( Age above 40 )

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**M ) Taekwon Aerobics ( Team Of 5 )**

56 ) Young Junior 1 ( Age 5 - 8 )

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57 ) Young Junior 2 ( Age 9 - 12 )

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58 ) Junior 1 ( Age 13 -15 )

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59 ) Junior 2 ( Age 16 -18 )

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60 ) Senior 1 ( Age 19 -29 )

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61 ) Senior 2 ( Age 30 -39 )

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62 ) Master ( Age above 40 )

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**N ) Self Defence ( Up to 5 pax )**

63 ) Young Junior 2 ( Age 9 - 12 )

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64 ) Junior 1 ( Age 13 -15 )

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65 ) Junior 2 ( Age 16 -18 )

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66 ) Senior 1 ( Age 19 -29 )

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67 ) Senior 2 ( Age 30 -39 )

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68 ) Master ( Age above 40 )

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