



**MOUNT ALVERNIA HOSPITAL**

安 徽 尼 亚 山 医 院

*Mount Alvernia Hospital is a comprehensive acute, secondary care hospital with targeted tertiary services. It has an established reputation for providing local and international patients with high quality, affordable and personalised healthcare.*

*Some of our Specialty areas include Cardiac Services, Neurosurgery, Surgical and Medical Oncology, Orthopaedic (includes spine, joint replacement and sports surgery), Liver and Pancreatic surgery, General, Plastic and Colorectal surgery, Breast surgery, Interventional Radiology and Obstetrics & Gynaecology.*

*It has two multi-disciplinary medical specialist centres and more than 1,000 accredited Specialists that offer a comprehensive range of medical specialties. It is also known for its excellent service by a team of dedicated nurses and staff as well as its well-equipped facilities.*

*Mount Alvernia Hospital also supports the National Healthy Lifestyle Programme and takes an active role in the early detection of diseases through a wide range of comprehensive health screening packages for all ages, promoting and creating awareness of healthy living through health education. At Mount Alvernia Health Screening Centre, an integrated, one-stop service is offered to allow holistic care to all our health-screener especially so relevant in our ageing population, to optimise their health and quality of life.*

*For details of our services, you may refer to our website on <http://www.mtalvernia-hospital.org>*

## **Special Corporate Scheme with Singapore Taekwondo Federation**

**Sports  
Physiotherapy:**  
Tel: 63476203

The first consultation and treatment session for the athletes is at \$65 (usual \$78). Subsequent treatments and assessment at \$35/session (usual \$48-\$54). This is a flat rate and treatment will include use of individual modalities as deemed appropriate. After 3 treatments, if there are no improvements, athletes may be given the option to seek further consultation with Dr Tho Kam San (MAH in-house Orthopaedic Specialist).

**24 Hour Walk-in  
Outpatient Clinic:**  
Tel: 63476210


Monday – Saturday	8.00 am – 9.00 pm	Charges: (including 5% GST)	\$15.75	Remarks: * Consultation charges exclude medications & all investigations, procedures, other services & referrals.
	9.00 pm – 12 midnight		\$18.90	
	12 midnight – 8.00 am		\$26.25	
Sunday & Public Holidays	8.00 am – 12 midnight		\$18.90	* Additional Nursing charges of \$5.25 will apply for all sessions.
	12 midnight – 8.00 am		\$26.25	
* A surcharge of \$10.50 for Public holidays.				

**Health Screening:**  
Tel: 63476215

10% off list price on all 13 standard packages. *(see attached for details of packages)*  
10% off list price on optional tests.

Identification : Member/Staff Pass  
Mode of payment : Self-Payment

	Alvernia 300 (Male/Female)	Alvernia 338 (Female)	Alvernia 380 (Male/Female)	Alvernia 650 (Male)	Alvernia 800 (Male)	Alvernia 500 (Female)	Alvernia 548 (Female)	Alvernia 580 (Female)	Alvernia 800 (Female)	Cardiac Screen 508	Cardiac Screen 1078	Headach e Screen 728	Neuro Screen 888
Physical Exam by Dr.													
Ht/ Wt/ BMI/ B.Fat/ Vision													
Electrocardiogram (ECG)													
Breakfast													
Full Blood Count		(No PBF,ESR)	(No ESR,ABO)				(No ESR)			(No ESR,ABO)	(No ESR,ABO)	(No ESR,ABO)	
Lipid Profile													
High Sensitivity C-Reactive Protein (cardiac risk)													
Diabetes Screen													
Liver Function													
Hepatitis B Screen													
Hepatitis A Screen													
Kidney Function			(Urea, Uric Acid only)				(Urea, Uric Acid only)			(Urea, Uric Acid only)	(Urea, Uric Acid only)		
Gout													
Thyroid Function													
Infectious Disease													
HIV													
Rubella													
<b>Cancer Markers</b>													
- Liver & Colon													
- Ovarian													
- Prostate & Intestinal													
- Testes													
Menopausal Hormone P. Bone (Calcium, PO4)													
Joints (R. Arthritis Factor)													
Urine FEME													
Stool FEME / Occult Blood													
Chest X-ray					2 views				2 views				
Plain Abdominal X-ray													
Ultrasound Pelvis													
Ultrasound Breast													
Mammogram													
Ultrasound Abdomen													
Bone Densitometry													
CT Coronary Calcium Score													
CT Coronary Angiogram													
MRI Brain (Full scan)													
MRI Brain (Basic scan)													
Pap Smear													
Treadmill													
Dietician Consult													
Physiotherapy Consult -Neck, Muscles, Ergonomics													
Results Review													

Legend:  Shaded cells are those tests covered in package.