



SINGAPORE TAEKWONDO FEDERATION

**NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2014
OUTLINE FOR POOMSAE COMPETITION**

- Promoter : Singapore Taekwondo Federation (STF)
260A Tanjong Katong Road
Singapore 437048
- Schedule : Registration
- eRegistration at <http://www.registrer.schoolsports.sg>
(closing date 21 March 2014)
 - Hard copy forms attached in this notification can be used for collation of data from athletes
- Briefing and Drawing of Lots
- 4 April 2014 (Thursday)
4.15pm to 5.30pm
STF National Training Centre
Block 80 Lorong Limau #04-191 Singapore
320080
- Competition
- 24 April 2014 (Thursday)
9.00am onwards
Toa Payoh Sports Hall
- Eligibility : Students in the A Division holding at least a grade 9 (white with yellow tip) certification issued or endorsed by the STF. The grade shall be based on or before January 2014.

Grading cards or certificates of participants must be uploaded onto the eRegistration system.

Competition Rules : WTF rules adopted and modified by the STF

Uniform : STF Uniform. A performer will be barred from participating if he or she cannot fulfill this condition fully.

Method of Competition : Cut-off system

Divisions : **A DIVISION**
2 January 1994 to 31 December 1994
1 January 1995 to 31 December 1995
1 January 1996 to 31 December 1996
1 January 1997 to 31 December 1997
1 January 1998

(Secondary 5 students are the same age as JC students. Secondary students born in 1996 must compete in the B Division while JC students born in 1996 must compete in A Division.)

Individual (Male)

White
Yellow
Green
Blue
Red
Black

Individual (Female)

White
Yellow
Green
Blue
Red
Black

Team of Three (Male)

White
Yellow
Green
Blue
Red
Black

Team of Three (Female)

White
Yellow
Green
Blue
Red
Black

Competition
Poomsae for all
stages

: White - Preliminary Taegeuk
Yellow - Taegeuk 1
Green - Taegeuk 3
Blue - Taegeuk 5
Red - Taegeuk 7
Black - Koryo

Performance
Order

: The order of performance shall be decided by ballot
for both the individual and team events.

- Participation : **A performer may participate in both the individual and team events and is allowed to compete in more than one higher belt category up to Red 1.**
- The performer shall wear the belt colour of the category he or she is competing.
- Each school may field a maximum of three male and three female performers per individual colour category and one male and one female team per colour category.
- A team will be disqualified if any of its registered members is not able to compete. Replacement of absent members is prohibited.
- Fees : \$12.00 per player per colour category
- Payment by crossed cheques to Singapore Taekwondo Federation or IFAAS. Cash payment will not be accepted.
- Fees paid will not be refunded under any circumstances.
- Decision : The decision shall be made by a panel of 3, 5 or 7 judges to be determined and appointed by the STF.
- Condition of Participation : All participants shall abide by the general rules and regulations governed by the Singapore Schools Sports Council of the competition and accept the decisions of the judges or the Competition Supervisory Board graciously.
- Enquiries : For more information, please call the STF Secretariat at 6345 1491.

POOMSAE
A DIVISION

F9



NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2014

**POOMSAE COMPETITION
(A DIVISION)**

**To : Organizing Chairman
National Schools Taekwondo Championships 2014**

On behalf of _____ (Name of College), I submit the attached entry forms and confirm that the players are all students of the College.

Teacher in Charge		
Teacher's Contact No		
Teacher's Email		
Teacher's Signature		
Coach	Pass No ()	
Principal's Name & Signature		School Stamp
Date		