



**SINGAPORE TAEKWONDO FEDERATION**

**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013**

**OUTLINE FOR KYORUGI COMPETITION**

- Promoter : Singapore Taekwondo Federation (STF)  
260A Tanjong Katong Road  
Singapore 437048
- Schedule : Registration  
- 11 & 12 March 2013 (Monday & Tuesday)  
10.00am to 4.30pm  
STF Office  
260A Tanjong Katong Road Singapore 437048
- Briefing and Drawing of Lots  
- 11 April 2013 (Thursday)  
1.30pm to 5.30pm  
STF National Training Centre  
Block 80 Lorong Limau #04-191 Singapore 320080
- Competition  
- 23 April 2013 (Tuesday)  
9.00am onwards  
Toa Payoh Sports Hall
- Eligibility : Students in the Senior and Junior Divisions holding  
red, poom or dan certification obtained on or before  
January 2013 and issued or endorsed by the STF

***Grading cards or certificates of participants must  
be produced for verification during registration***

***Application forms, where required, have to be endorsed by the respective schools before they can be accepted.***

Competition Rules : WTF rules adopted and modified by the STF

Rule Highlights : The weigh-in of players will be conducted at the competition day when they report to the competitor steward. Players who do not meet their weight categories will be disqualified.

The size of the arena shall be 8m x 8m.

The duration of the competition shall be 3 rounds of 1 minute each with 30 seconds break in between rounds.

Two points shall be given for points scored using back kick or 360 kick.

Kicking to the head is not allowed. A 'Gamjeon' shall be given if the execution of the head kick is accidental and does not cause any injury. However, if it is deliberate or if the kick results in injury or if the offence is committed twice, the offender shall be declared loser by penalty. The referee shall have the sole discretion to determine if the kick is deliberate or accidental or if there is injury or not.

Uniform : STF Uniform. A player will be barred from participating if he or she cannot fulfill this condition fully.

Equipment : Headgear and body protector will be provided by the organizer. The other mandatory protective equipment - shin and forearm guard, groin guard, mouth piece and gloves - shall be the responsibility of participants. Participants may use their own headgear and body protector. All equipment must be STF-approved.

Method of Competition : Single-elimination system

Divisions : **SENIOR DIVISION**  
**1 January 2002**  
**1 January 2001 to 31 December 2001**  
**2 January 2000 to 31 December 2000**

Individual (Male)

Under 26 kg	Not exceeding 26 kg
Under 30 kg	Over 26 but not exceeding 30 kg
Under 34 kg	Over 30 but not exceeding 34 kg
Under 38 kg	Over 34 but not exceeding 38 kg
Under 42 kg	Over 38 but not exceeding 42 kg
Under 46 kg	Over 42 but not exceeding 46 kg
Under 50 kg	Over 46 but not exceeding 50 kg
Under 54 kg	Over 50 but not exceeding 54 kg
Under 58 kg	Over 54 but not exceeding 58 kg
Under 62 kg	Over 58 but not exceeding 62 kg
Under 66 kg	Over 62 but not exceeding 66 kg
Over 66kg	Over 66 kg

Individual (Female)

Under 26 kg	Not exceeding 26 kg
Under 30 kg	Over 26 but not exceeding 30 kg
Under 34 kg	Over 30 but not exceeding 34 kg
Under 38 kg	Over 34 but not exceeding 38 kg
Under 42 kg	Over 38 but not exceeding 42 kg
Under 46 kg	Over 42 but not exceeding 46 kg
Under 50 kg	Over 46 but not exceeding 50 kg
Under 54 kg	Over 50 but not exceeding 54 kg
Under 58 kg	Over 54 but not exceeding 58 kg
Under 62 kg	Over 58 but not exceeding 62 kg
Under 66 kg	Over 62 but not exceeding 66 kg
Over 66kg	Over 66 kg

**JUNIOR DIVISION**

**1 January 2005**

**1 January 2004 to 31 December 2004**

**1 January 2003 to 31 December 2003**

**2 January 2002 to 31 December 2002**

Individual (Male)

Under 24 kg	Not exceeding 24 kg
Under 28 kg	Over 24 but not exceeding 28 kg
Under 32 kg	Over 28 but not exceeding 32 kg
Under 36 kg	Over 32 but not exceeding 36 kg
Under 40 kg	Over 36 but not exceeding 40 kg
Under 44 kg	Over 40 but not exceeding 44 kg
Under 48 kg	Over 44 but not exceeding 48 kg
Under 52 kg	Over 48 but not exceeding 52 kg
Under 56 kg	Over 52 but not exceeding 56 kg
Under 60 kg	Over 56 but not exceeding 60 kg
Under 64 kg	Over 60 but not exceeding 64 kg
Over 64kg	Over 64kg

Individual (Female)

Under 24 kg	Not exceeding 24 kg
Under 28 kg	Over 24 but not exceeding 28 kg
Under 32 kg	Over 28 but not exceeding 32 kg
Under 36 kg	Over 32 but not exceeding 36 kg
Under 40 kg	Over 36 but not exceeding 40 kg
Under 44 kg	Over 40 but not exceeding 44 kg
Under 48 kg	Over 44 but not exceeding 48 kg
Under 52 kg	Over 48 but not exceeding 52 kg
Under 56 kg	Over 52 but not exceeding 56 kg
Under 60 kg	Over 56 but not exceeding 60 kg
Under 64 kg	Over 60 but not exceeding 64 kg
Over 64kg	Over 64kg

Entries : Each school is allowed to submit a maximum of 2 male and female players per weight category.

Fees : \$12.00 per player

Payment by crossed cheques to Singapore Taekwondo Federation or IFAAS. Cash payment will not be accepted.

Fees paid will not be refunded under any circumstances.

Condition of Participation :

All participants shall abide by the general rules and regulations governed by the Singapore Schools Primary Sports Council of the competition and accept the decisions of the judges or the Competition Supervisory Board graciously.

Enquiries :  
at 6345 1491.

For more information, please call the STF Secretariat



**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013**

**KYORUGI COMPETITION  
(SENIOR DIVISION)**

**To : Organizing Chairman  
National Primary Schools Taekwondo Championships 2013**

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On behalf of \_\_\_\_\_ (Name of School), I submit the attached entry forms and confirm that the players are all students of the School.

Teacher in Charge		
Teacher's Contact No		
Teacher's Email		
Teacher's Signature		
Coach		
Principal's Name & Signature		School Stamp
Date		



**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013  
KYORUGI REGISTRATION FORM**

**DIVISION : SENIOR BOYS / GIRLS\***

**School : \_\_\_\_\_ (Zone \_\_\_\_\_ )**

*\*Please delete accordingly*

No	Name of Players as in NRIC or Student Pass (in BLOCK LETTERS)	Age	Level	Date of Birth dd/mm/yy	NRIC or Student Pass Number	Race	Nationality
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							

**TEAM COMPOSITION - RACES**

RACES	CHINESE (C)	MALAY (M)	INDIAN (I)	OTHERS (O)	TOTAL
Number					

Number of Foreign Students

NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013  
(SENIOR DIVISION)

ENTRIES

Name of School : \_\_\_\_\_

Name of Teacher in Charge : \_\_\_\_\_ HP: \_\_\_\_\_

Name of Qualified Coach(es) with Coach Pass

(1) \_\_\_\_\_ (Pass No \_\_\_\_\_)

(2) \_\_\_\_\_ (Pass No \_\_\_\_\_)

(3) \_\_\_\_\_ (Pass No \_\_\_\_\_)

WEIGHT DIVISION

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
	Male	Poom	Under 26 kg	Not exceeding 26 kg		
	Male	Poom	Under 30 kg	Over 26 but not exceeding 30 kg		
	Male	Poom	Under 34 kg	Over 30 but not exceeding 34 kg		
	Male	Poom	Under 38 kg	Over 34 but not exceeding 38 kg		
	Male	Poom	Under 42 kg	Over 38 but not exceeding 42 kg		
	Male	Poom	Under 46 kg	Over 42 but not exceeding 46 kg		
	Male	Poom	Under 50 kg	Over 46 but not exceeding 50 kg		
	Male	Poom	Under 54 kg	Over 50 but not exceeding 54 kg		
	Male	Poom	Under 58 kg	Over 54 but not exceeding 58 kg		
	Male	Poom	Under 62 kg	Over 58 but not exceeding 62 kg		



	Male	Poom	Under 66 kg	Over 62 but not exceeding 66 kg		
	Male	Poom	Over 66kg	Over 66 kg		
	Male	Red	Under 26 kg	Not exceeding 26 kg		
	Male	Red	Under 30 kg	Over 26 but not exceeding 30 kg		
	Male	Red	Under 34 kg	Over 30 but not exceeding 34 kg		
	Male	Red	Under 38 kg	Over 34 but not exceeding 38 kg		
	Male	Red	Under 42 kg	Over 38 but not exceeding 42 kg		
	Male	Red	Under 46 kg	Over 42 but not exceeding 46 kg		
	Male	Red	Under 50 kg	Over 46 but not exceeding 50 kg		
	Male	Red	Under 54 kg	Over 50 but not exceeding 54 kg		
	Male	Red	Under 58 kg	Over 54 but not exceeding 58 kg		
	Male	Red	Under 62 kg	Over 58 but not exceeding 62 kg		
	Male	Red	Under 66 kg	Over 62 but not exceeding 66 kg		
	Male	Red	Over 66kg	Over 66 kg		
	Female	Poom	Under 26 kg	Not exceeding 26 kg		
	Female	Poom	Under 30 kg	Over 26 but not exceeding 30 kg		
	Female	Poom	Under 34 kg	Over 30 but not exceeding 34 kg		
	Female	Poom	Under 38 kg	Over 34 but not exceeding 38 kg		
	Female	Poom	Under 42 kg	Over 38 but not exceeding 42 kg		
	Female	Poom	Under 46 kg	Over 42 but not exceeding 46 kg		
	Female	Poom	Under 50 kg	Over 46 but not exceeding 50 kg		
	Female	Poom	Under 54 kg	Over 50 but not exceeding 54 kg		
	Female	Poom	Under 58 kg	Over 54 but not exceeding 58 kg		

	Female	Poom	Under 62 kg	Over 58 but not exceeding 62 kg		
	Female	Poom	Under 66 kg	Over 62 but not exceeding 66 kg		
	Female	Poom	Over 66kg	Over 66 kg		
	Female	Red	Under 26 kg	Not exceeding 26 kg		
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	Female	Red	Under 54 kg	Over 50 but not exceeding 54 kg		
	Female	Red	Under 58 kg	Over 54 but not exceeding 58 kg		
	Female	Red	Under 62 kg	Over 58 but not exceeding 62 kg		
	Female	Red	Under 66 kg	Over 62 but not exceeding 66 kg		
	Female	Red	Over 66kg	Over 66 kg		

<b>Name of Teacher in Charge</b>	
<b>Signature</b>	

**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013**

**REGISTRATION FORM (SENIOR DIVISION)  
(to be completed by all participants)**

NAME:(in full) \_\_\_\_\_ School: \_\_\_\_\_ (Class \_\_\_\_\_)

Date of Birth: \_\_\_\_\_ Age \_\_\_\_\_ (as at 1 January 2012) Sex: \_\_\_\_\_

NRIC/Passport No: \_\_\_\_\_ Tel:(HP) \_\_\_\_\_ (H) \_\_\_\_\_

Address: \_\_\_\_\_

Grade: \_\_\_\_\_ Date Obtained: \_\_\_\_\_ (as at January 2012)

Name of Teacher in Charge: \_\_\_\_\_ HP: \_\_\_\_\_

<b>Weight Division</b>		<b>Please Tick ( √ )</b>
<b>DIVISION</b>	<b>Male</b>	
	<b>Female</b>	
<b>BELT</b>	Red	
	Poom	
Under 26 kg	Not exceeding 26 kg	
Under 30 kg	Over 26 but not exceeding 30 kg	
Under 34 kg	Over 30 but not exceeding 34 kg	
Under 38 kg	Over 34 but not exceeding 38 kg	
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Under 58 kg	Over 54 but not exceeding 58 kg	
Under 62 kg	Over 58 but not exceeding 62 kg	
Under 66 kg	Over 62 but not exceeding 66 kg	
Over 66kg	Over 66 kg	

<b>Weight Record ( Must Fill In )</b>

\_\_\_\_\_  
Signature of Student



**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013**

**KYORUGI COMPETITION  
(JUNIOR DIVISION)**

**To : Organizing Chairman  
National Primary Schools Taekwondo Championships 2013**

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**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013  
KYORUGI REGISTRATION FORM**

**DIVISION : JUNIOR BOYS / GIRLS\***

**School : \_\_\_\_\_ (Zone \_\_\_\_\_ )**

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RACES	CHINESE (C)	MALAY (M)	INDIAN (I)	OTHERS (O)	TOTAL
Number					

<b>Number of Foreign Students</b>

**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013  
(JUNIOR DIVISION)**

**ENTRIES**

**Name of School** : \_\_\_\_\_

**Name of Teacher in Charge** : \_\_\_\_\_ **HP:** \_\_\_\_\_

**Name of Qualified Coach(es) with Coach Pass**

(1) \_\_\_\_\_ (Pass No \_\_\_\_\_)

(2) \_\_\_\_\_ (Pass No \_\_\_\_\_)

(3) \_\_\_\_\_ (Pass No \_\_\_\_\_)

**WEIGHT DIVISION**

NO	SEX	BELT	CATEGORY	WEIGHT	NAME	KG
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	Male	Poom	Under 48 kg	Over 44 but not exceeding 48 kg		
	Male	Poom	Under 52 kg	Over 48 but not exceeding 52 kg		
	Male	Poom	Under 56 kg	Over 52 but not exceeding 56 kg		
	Male	Poom	Under 60 kg	Over 56 but not exceeding 60 kg		
	Male	Poom	Under 64 kg	Over 60 but not exceeding 64 kg		
	Male	Poom	Over 64kg	Over 64kg		

	Male	Red	Under 24 kg	Not exceeding 24 kg		
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	Male	Red	Under 52 kg	Over 48 but not exceeding 52 kg		
	Male	Red	Under 56 kg	Over 52 but not exceeding 56 kg		
	Male	Red	Under 60 kg	Over 56 but not exceeding 60 kg		
	Male	Red	Under 64 kg	Over 60 but not exceeding 64 kg		
	Male	Red	Over 64kg	Over 64kg		
	Female	Poom	Under 24 kg	Not exceeding 24 kg		
	Female	Poom	Under 28 kg	Over 24 but not exceeding 28 kg		
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	Female	Poom	Under 56 kg	Over 52 but not exceeding 56 kg		
	Female	Poom	Under 60 kg	Over 56 but not exceeding 60 kg		
	Female	Poom	Under 64 kg	Over 60 but not		

				exceeding 64 kg		
	Female	Poom	Over 64kg	Over 64kg		
	Female	Red	Under 24 kg	Not exceeding 24 kg		
	Female	Red	Under 28 kg	Over 24 but not exceeding 28 kg		
	Female	Red	Under 32 kg	Over 28 but not exceeding 32 kg		
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	Female	Red	Under 40 kg	Over 36 but not exceeding 40 kg		
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	Female	Red	Under 48 kg	Over 44 but not exceeding 48 kg		
	Female	Red	Under 52 kg	Over 48 but not exceeding 52 kg		
	Female	Red	Under 56 kg	Over 52 but not exceeding 56 kg		
	Female	Red	Under 60 kg	Over 56 but not exceeding 60 kg		
	Female	Red	Under 64 kg	Over 60 but not exceeding 64 kg		
	Female	Red	Over 64kg	Over 64kg		

<b>Name of Teacher in Charge</b>	
<b>Signature</b>	



**NATIONAL PRIMARY SCHOOLS TAEKWONDO CHAMPIONSHIPS 2013**

**REGISTRATION FORM (JUNIOR DIVISION)  
(to be completed by all participants)**

NAME:(in full) \_\_\_\_\_ School: \_\_\_\_\_ (Class \_\_\_\_\_)

Date of Birth: \_\_\_\_\_ Age \_\_\_\_\_ (as at 1 January 2013) Sex: \_\_\_\_\_

NRIC/Passport No: \_\_\_\_\_ Tel:(HP) \_\_\_\_\_ (H) \_\_\_\_\_

Address: \_\_\_\_\_

Grade: \_\_\_\_\_ Date Obtained: \_\_\_\_\_ (as at January 2013)

Name of Teacher in Charge: \_\_\_\_\_ HP: \_\_\_\_\_

	<b>Weight Division</b>	<b>Please Tick ( √ )</b>
<b>DIVISION</b>	<b>Male</b>	
	<b>Female</b>	
<b>BELT</b>	Red	
	Poom	
Under 24 kg	Not exceeding 24 kg	
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Under 52 kg	Over 48 but not exceeding 52 kg	
Under 56 kg	Over 52 but not exceeding 56 kg	
Under 60 kg	Over 56 but not exceeding 60 kg	
Under 64 kg	Over 60 but not exceeding 64 kg	
Over 64kg	Over 64kg	

<b>Weight Record ( Must Fill In )</b>

\_\_\_\_\_  
Signature of Student

## NATIONAL SCHOOL GAMES

### School Acknowledgement<sup>1</sup> of Baseline Safety Standards

**Section A:**

Sport:     Taekwondo    

Event: \_\_\_\_\_  
 (Example: National Inter-School Netball Championship)

Division: \_\_\_\_\_ Level:     Pri / Sec / JC/CI    

School: \_\_\_\_\_

**Section B:**

The school acknowledges that the following checks will be made in all National Schools Games:

Domain	Safety Standard	Description
Personnel	GEN-PER-3.1	Teacher-in-charge (Education Officer) is present to supervise the students.
	GEN-PER-3.2	Teacher-in-charge (Education Officer) is aware of the medical history of participants.
	GEN-PER-3.3	Teacher-in-charge (Education Officer) checks physical well-being of participants.
Participants	GEN-PAR-4.1	Participants understand the rules of the sport/game.
	GEN-PAR-4.2	Participants to remove all hard/sharp objects and accessories (e.g. necklaces, ear studs, rings).
	GEN-PAR-4.3	Participants conduct warm up exercises before the sport/game.
	GEN-PAR-4.4	Participants to hydrate before, during and after the sport/game.
	GEN-PAR-4.5	Participants conduct cooling down exercises after the sport/game.
	TKD-PAR-4.1	Each participant must be accompanied by a coach with a professional coaching pass. A participant will not be allowed to compete without a coach.
	TKD-PAR-4.2	All participants in Kyorugi have to wear headgear, shin and forearm guard, groin guard, mouth piece, gloves and a body protector.

Name and Signature of Principal: \_\_\_\_\_

Date: \_\_\_\_\_

Note: All completed forms are to be submitted to the STF prior to the start of competition.

<sup>1</sup> Schools need only submit 1 acknowledgement form for each event.