

## UNARMED COMBAT COURSE (LEVEL1)

Organized by  
**SINGAPORE TAEKWONDO FEDERATION**  
(Recognized by the Singapore Sports Council and  
affiliated to the Singapore National Olympic Council)

- Day/Date/Time : Saturday 30 March 2013 (5.00pm to 8.00pm)  
Sunday 31 March 2013 (2.30pm to 5.30pm)
- Practical Test : Saturday 6 April 2013 (2.30pm onwards)
- Registration Fees : **On or before Monday 25 March 2013 - \$70.00**  
**On or before Thursday 28 March 2013 - \$90.00**  
**On the spot registration - \$110.00**
- Venue : STF National Training Centre  
Block 80 Lorong Limau  
#04-191  
Singapore 320080
- Medium of Instruction : English
- Course Requirements : Participants must have 80% attendance to be eligible  
for the test.  
  
All participants are required to wear their taekwondo  
uniform
- Eligibility : At least a 1<sup>st</sup> poom or 1<sup>st</sup> dan blackbelt  
  
Good fitness level  
(The STF reserves the right to request proof from a  
medical practitioner.)

- Certification : All successful candidates will be issued with competency certificates.
- Privilege : Holders of the certificates shall be exempted from the self-defence component required for the promotion test from 1<sup>st</sup> poom to 2<sup>nd</sup> poom or 1<sup>st</sup> dan to 2<sup>nd</sup> dan
- Disclaimer : The STF reserves the right to cancel or postpone the course at its discretion. The STF, its servants and agents, will not be held responsible for any claims arising out of any death, injury, damage or loss, suffered or caused while attending the course. This includes all costs and expenses incurred as a result of such claims.