



**KYORUGI
B & C DIVISIONS**

SINGAPORE TAEKWONDO FEDERATION

NATIONAL SCHOOLS TAEKWONDO CHAMPIONSHIPS 2016

OUTLINE FOR KYORUGI COMPETITION

Promoter : Singapore Taekwondo Federation (STF)
260A Tanjong Katong Road
Singapore 437048

Schedule : Registration

- eRegistration at <https://sssc.ereg.sg>
(From 1 February to 10 March 2016)
- Hard copy forms attached in this notification can
be used for collation of data from athletes

Briefing

- 3 February 2016 (Wednesday)
2.00pm to 5.00pm
PESEB Auditorium
21 Evans Road
Singapore 259366

Drawing of Lots

- 24 March 2016 (Thursday)
1.00pm to 4.00pm
STF National Training Centre
Block 80 Lorong Limau #04-191
Singapore 320080

Competition

- 20 & 21 April 2016 (Wednesday & Thursday)
9.00am onwards
Toa Payoh Sports Hall

Eligibility : Students in the B & C Divisions holding red, poom or dan certification obtained on or before **10 March 2016** and issued endorsed by the STF

Grading cards or certificates of participants must be uploaded onto the eRegistration system.

Competition Rules : WTF rules adopted and modified by the STF

Rule Highlights : The weigh-in of players will be conducted at the competition day when they report to the competitor steward. Players who do not meet their weight categories will be disqualified.

The size of the arena shall be **7m x 7m**.

The duration of the competition shall be 3 rounds of 1 minute each with 30 seconds break in between rounds. (**The organising committee reserves the right to modify the duration & no. of rounds.**)

Three points shall be given for points scored using back kick or 360 kick.

Kicking to the head is not allowed. The offender shall be declared loser by penalty.

Uniform : STF Uniform. A player will be barred from participating if he or she cannot fulfill this condition fully.

Equipment : Headgear and body protector will be provided by the organizer. The other mandatory protective equipment - shin and forearm guard, groin guard, mouth piece and gloves - shall be the responsibility of participants. Participants may use their own headgear and body protector. All equipment must be STF-approved.

Method of

Competition : Single-elimination system

Divisions : **B DIVISION**
2 January 1999 to 31 December 1999
1 January 2000 to 31 December 2000
1 January 2001 to 31 December 2001
1 January 2002

(Secondary 5 students are the same age as JC/CI students. Secondary students born in 1999 must compete in the B Division while JC/CI students born in 1999 must compete in A Division.)

Individual (Male)

Under 36 kg	Not exceeding 36 kg
Under 40 kg	Over 36 kg but not exceeding 40 kg
Under 44 kg	Over 40 kg but not exceeding 44 kg
Under 48 kg	Over 44 kg but not exceeding 48 kg
Under 52 kg	Over 48 kg but not exceeding 52 kg
Under 56 kg	Over 52 kg but not exceeding 56 kg
Under 60 kg	Over 56 kg but not exceeding 60 kg
Under 64 kg	Over 60 kg but not exceeding 64 kg
Under 68 kg	Over 64 kg but not exceeding 68 kg
Under 72 kg	Over 68 kg but not exceeding 72 kg
Under 76 kg	Over 72 kg but not exceeding 76 kg
Over 76 kg	Over 76 kg

Individual (Female)

Under 36 kg	Not exceeding 36 kg
Under 40 kg	Over 36 kg but not exceeding 40 kg
Under 44 kg	Over 40 kg but not exceeding 44 kg
Under 48 kg	Over 44 kg but not exceeding 48 kg
Under 52 kg	Over 48 kg but not exceeding 52 kg
Under 56 kg	Over 52 kg but not exceeding 56 kg
Under 60 kg	Over 56 kg but not exceeding 60 kg
Under 64 kg	Over 60 kg but not exceeding 64 kg
Under 68 kg	Over 64 kg but not exceeding 68 kg
Under 72 kg	Over 68 kg but not exceeding 72 kg
Under 76 kg	Over 72 kg but not exceeding 76 kg
Over 76 kg	Over 76 kg

C DIVISION
2 January 2002 to 31 December 2002
1 January 2003 to 31 December 2003
1 January 2004

Individual (Male)

Under 34 kg	Not exceeding 34 kg
Under 38 kg	Over 34 kg but not exceeding 38 kg
Under 42 kg	Over 38 kg but not exceeding 42 kg
Under 46 kg	Over 42 kg but not exceeding 46 kg
Under 50 kg	Over 46 kg but not exceeding 50 kg
Under 54 kg	Over 50 kg but not exceeding 54 kg
Under 58 kg	Over 54 kg but not exceeding 58 kg
Under 62 kg	Over 58 kg but not exceeding 62 kg
Under 66 kg	Over 62 kg but not exceeding 66 kg
Under 70 kg	Over 66 kg but not exceeding 70 kg
Under 74 kg	Over 70 kg but not exceeding 74 kg
Over 74 kg	Over 74 kg

Individual (Female)

Under 34 kg	Not exceeding 34 kg
Under 38 kg	Over 34 kg but not exceeding 38 kg
Under 42 kg	Over 38 kg but not exceeding 42 kg
Under 46 kg	Over 42 kg but not exceeding 46 kg
Under 50 kg	Over 46 kg but not exceeding 50 kg
Under 54 kg	Over 50 kg but not exceeding 54 kg
Under 58 kg	Over 54 kg but not exceeding 58 kg
Under 62 kg	Over 58 kg but not exceeding 62 kg
Under 66 kg	Over 62 kg but not exceeding 66 kg
Under 70 kg	Over 66 kg but not exceeding 70 kg
Under 74 kg	Over 70 kg but not exceeding 74 kg
Over 74 kg	Over 74 kg

Entries : Each school is allowed to submit a maximum of 2 players per weight category.

Fees : \$12.00 per player

Payment by crossed cheques to Singapore Taekwondo Federation or IFAAS. Cash payment will not be accepted.

Fees paid will not be refunded under any circumstances.

Condition of Participation : All participants shall abide by the general rules and regulations governed by the Singapore Schools Sports Council of the competition and accept the decisions of the judges or the Competition Supervisory Board graciously.

Enquiries : For more information, please call the STF Secretariat at 6345 1491.



SECONDARY
SCHOOL

F1

**NATIONAL SCHOOL GAMES TAEKWONDO CHAMPIONSHIPS 2016
DATA COLLATION FORM**

Note:

- It is optional for school to use this form
- This form only serves to collate the information from participating students for registration by teacher-in-charge via the official eRegistration system
- Submission of form to teacher-in-charge does not constitute registration. School will make the final decision on the students to be officially registered for the competition.

Registration Rules

1) Kyorugi	Each school is allowed to submit a maximum of 2 players per weight category.
2) Poomsae	Each school may field a maximum of three male and three female performers per <u>individual</u> colour category and one male and one female <u>team</u> per colour category.
3) Poomsae	A student may participate in both the individual and team events and is allowed to compete in a maximum of two categories each – his/her grade and another higher grade up to Red 1 (Black stripe) or any two grades higher than his or her present grade up to Red 1.
4) Poomsae Junior Division	Age Dispensation applies only to 7 and 8 years old who wish to participate in the Junior Division. If Age Dispensation = Yes, the Age Dispensation form must be completed, endorsed, and submitted via the eReg system.

School	
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Type of Competition: Kyorugi / Poomsae*

Age Dispensation

Division: Junior / Senior / C / B / A* (only for Poomsae Junior Div): Yes / No*

Name of Student

(as in BC/NRIC/Passport): _____

Class: _____ **Gender:** F / M*

NRIC: _____ **Date of Birth:** _____ (dd/mm/yyyy)

Weight: _____ (to the nearest 1 decimal place)

Highest Belt / Grade Attained:	<input type="checkbox"/> White 9	<input type="checkbox"/> Green 5 (Blue Stripe)	<input type="checkbox"/> Red 2
	<input type="checkbox"/> Yellow 8	<input type="checkbox"/> Blue 4	<input type="checkbox"/> Red 1 (Black Stripe)
	<input type="checkbox"/> Yellow 7 (Green Stripe)	<input type="checkbox"/> Blue 3 (Red Stripe)	<input type="checkbox"/> Poom/Black
	<input type="checkbox"/> Green 6		<i>For Kyorugi, only students with these Belt/Grade are eligible</i>

Date Highest Belt/Grade Attained: _____ (dd/mm/yyyy)

Participating Category (applicable only for <u>Poomsae</u>)	
Individual (max 2 categories)	Team of Three (max 2 categories)
<input type="checkbox"/> White 9	<input type="checkbox"/> White 9
<input type="checkbox"/> Yellow 8	<input type="checkbox"/> Yellow 8
<input type="checkbox"/> Yellow 7 (Green Stripe)	<input type="checkbox"/> Yellow 7 (Green Stripe)
<input type="checkbox"/> Green 6	<input type="checkbox"/> Green 6
<input type="checkbox"/> Green 5 (Blue Stripe)	<input type="checkbox"/> Green 5 (Blue Stripe)
<input type="checkbox"/> Blue 4	<input type="checkbox"/> Blue 4
<input type="checkbox"/> Blue 3 (Red Stripe)	<input type="checkbox"/> Blue 3 (Red Stripe)
<input type="checkbox"/> Red 2	<input type="checkbox"/> Red 2
<input type="checkbox"/> Red 1 (Black Stripe)	<input type="checkbox"/> Red 1 (Black Stripe)
<input type="checkbox"/> Poom/Black	<input type="checkbox"/> Poom/Black

Club (if any): _____

Name of Coach
(as in NRIC/Passport): _____

Coach Pass No. _____ **Coaching Qualification:** 1 / 2 / 3*

** Please select or delete where not applicable*

NATIONAL SCHOOL GAMES

School Acknowledgement¹ of Baseline Safety Standards

Section A:

Sport: Taekwondo

Event: _____
(Example: National Inter-School Netball Championship)

Division: _____ Level: Pri / Sec / JC/CI

School: _____

Section B:

The school acknowledges that the following checks will be made in all National Schools Games:

Domain	Safety Standard	Description
Personnel	GEN-PER-3.1	Teacher-in-charge (Education Officer) is present to supervise the students.
	GEN-PER-3.2	Teacher-in-charge (Education Officer) is aware of the medical history of participants.
	GEN-PER-3.3	Teacher-in-charge (Education Officer) checks physical well-being of participants.
	GEN-PER-3.4	Teacher-in-charge (Education Officer) to go through rules of sport/game and ensure that students have basic competency.
	GEN-PER-3.7	Each participant must be accompanied by a coach with a professional coaching pass.
Participants	GEN-PAR-4.1	Participants to remove all hard/sharp objects and accessories (e.g. necklaces, ear studs, rings).
	GEN-PAR-4.2	Participants conduct warm up exercises before the sport/game.
	GEN-PAR-4.3	Participants to hydrate before, during and after the sport/game.
	GEN-PAR-4.4	Participants conduct cooling down exercises after the sport/game.
	GEN-PAR-4.5	Participants to conduct regular checks on personal equipment
	TKD-PAR-4.6	All participants in Kyorugi have to wear headgear, shin and forearm guard, groin guard, mouth piece, gloves and a body protector.

Name and Signature of Principal: _____

Date: _____

Note: All completed forms are to be submitted to the STF prior to the start of competition.

¹ Schools need only submit 1 Acknowledgement Form for each division.