



**A, B & C
DIVISIONS**

Singapore Taekwondo Federation (STF) National Schools Taekwondo Championships 2016

General Rules and Regulations (Governed by the Singapore Schools Sports Council)

1 ORGANISING COMMITTEE

Composition

The Organising Committee shall consist of the following

- Advisor : Mr Lim Teong Chin (STF)
- Chairman : Mr Andy Lee Thiam Poh (STF)
- Members : Mr Darren Lee Thiam Huat Darren (STF)
Mr Darwin Goh Ying Shi (Serangoon Junior College)
Mr Lim Kim Ming (Springfield Secondary School)
Ms Tan Sio Ling (Edgefield Secondary School)
Ms Ong Bee Bee (Pei Hwa Sec School)
Mr Jason Tan Junwei (STF)
Mr Raja Zulfadli (STF)
Mr Gan Guo Bin (STF)
Mr Johnnaton Ho (STF)
Ms Yap Jim Cheng (STF)
Ms Yap Gin Yee (STF)

Duties

The Organising Committee shall have the responsibilities and powers to

- fix the competition dates, times and venues;
- draw fixtures;
- arrange equipment, facilities and other tasks for the smooth running of the competition;
- incur expenditure with the budget approved by the STF;
- deal with all matters pertaining to the organizing of the event;
- conduct RAMS for the venue and championships; and
- to ensure that Baseline Safety Standards for National School Games are adhered.

2 REFEREEING OFFICIALS

The STF shall appoint referees for the competition.

3 COMPETITION RULES

The competition shall be conducted according to the World Taekwondo Federation rules adopted and modified by the Singapore Taekwondo Federation (STF).

4 DIVISION

All students shall compete in their respective divisions according to their year of birth as follows ***except for the conditions**** as stipulated in this paragraph.

- A Division - **2 January 1996 to 31 December 1996**
1 January 1997 to 31 December 1997
1 January 1998 to 31 December 1998
1 January 1999 to 31 December 1999
1 January 2000

- B Division - 2 January 1999 to 31 December 1999
1 January 2000 to 31 December 2000
1 January 2001 to 31 December 2001
1 January 2002
- C Division - 2 January 2002 to 31 December 2002
1 January 2003 to 31 December 2003
1 January 2004

Secondary 5 students are the same age as JC students. Secondary students born in 1999 must compete in the B Division while JC students born in 1999 must compete in A Division.

****Conditions***

- All students in the Junior Colleges and Centralised Institute must compete in the 'A' Division.
- Year 1 to Year 4 students in the Integrated Programme (i.e. Through-Train Programme) and International Baccalaureate Programme will compete in their respective age group. Those in Year 5 (equivalent to JC 1) and Year 6 (equivalent to JC 2) must compete in the 'A' Division.
- All students in Secondary Schools must compete in the 'B' or 'C' Division according to their year of birth.
- All students in Secondary Schools not born in the stipulated year for 'B' or 'C' Division must compete in the 'A' Division.
- There shall be no option for students in the 'C' Division to represent their school in the 'B' Division in all individual and team events.

5 EVENTS

A Division

- Poomsae - 10 colour-categories (Individual - Male)
- Poomsae - 10 colour-categories (Individual - Female)
- Poomsae - 10 colour-categories (Team - Male)
- Poomsae - 10 colour-categories (Team - Female)

B Division

- Kyorugi - 12 weight categories (Individual - Male)
- Kyorugi - 12 weight categories (Individual - Female)
- Poomsae - 10 colour-categories (Individual - Male)
- Poomsae - 10 colour-categories (Individual - Female)
- Poomsae - 10 colour-categories (Team - Male)
- Poomsae - 10 colour-categories (Team - Female)

C Division

- Kyorugi - 12 weight categories (Individual - Male)
- Kyorugi - 12 weight categories (Individual - Female)
- Poomsae - 10 colour-categories (Individual - Male)
- Poomsae - 10 colour-categories (Individual - Female)
- Poomsae - 10 colour-categories (Team - Male)
- Poomsae - 10 colour-categories (Team - Female)

6 ENTRIES

Poomsae

For poomsae, each school may field a a **maximum of 3 male and 3 female performers per individual colour category and 1 male and 1 female team per colour category .**

A student may participate in both the individual and team events and is allowed to complete in a maximum of two categories each – his/her grade and another higher grade up to Red 1 (Black stripe) or any two grades higher than his or her present grade up to Red 1.

Schools are allowed to have all registered athletes of the school team to be reserves for the Poomsae Team Event, as long as they are registered for less than 2 Team Events. This is so the team can still complete in the event that one of the actual members is unable to participate, without having to seek the Organising Committee’s approval for substitution.

Kyorugi

For Kyorugi, each school is allowed to submit a **maximum of 2 players per weight category**. They can only compete in their respective grade categories.

All entries must be submitted to the Organising Committee on or before the stipulated closing date.

7 REGISTRATION OF PLAYERS

Only members with STF certification are allowed to register for the competition.

The date posting in the Joint Admission Exercise (JAE) of students announced by MOE shall be the day in which a student would be deemed as a bona fide member of the school, JC or CI. Students admitted to the polytechnics in the JAE would no longer be considered a student of the school, JC or CI on that said day and therefore cannot continue to represent that institution.

If a student has represented his or her school, college or institute in a tournament prior to the JAE, he or she shall not be eligible to represent the new school, college or institute for that particular tournament.

Students requesting for a transfer after the JAE may not represent their new school until the transfer has been officially taken effect.

In the event any registered player or players are transferred or has or have to leave school as a result of the JAE, the affected school is allowed to fill in a substitute or substitutes.

International students can only be registered to play for their school **after** they have been issued with the student passes by the Immigration and Checkpoints Authority.

International students who are in the schools/junior colleges/centralized institute on exchange programme are **not allowed** to represent the school.

Registration constitutes representation – that is, once a student is registered for a competition, he or she is deemed to have represented his or her school, college or centralized institute. Hence, the student is not allowed to represent another school/junior college/centralized institute in the same sports/games in the same year.

8 SUSPENSION

A performer or player suspended by any of the following bodies is barred from participating in the competition for the period of suspension.

- School
- Zone Council
- Singapore Schools Sports Council
- Singapore Taekwondo Federation

9 PARTICIPATION FEES

The participation fees are as follows.

Poomsae

- \$12.00 per performer per colour-category per event – for example, a performer participates in 2 individual colour-categories and 2 team events, he or she pays \$48.00.

Kyorugi

- \$12.00 per player

Fees paid will not be refunded under any circumstances

All payments shall either be by crossed cheques made payable to the **Singapore Taekwondo Federation** or through IFAAS. Cash payment will not be accepted.

10 COMPETITION FORMAT

Poomsae

- For the competition in each category to be carried out officially, there must be a minimum of 3 performers or 3 teams from 3 different schools in the colour category. No contest for fewer than 3 performers or 3 teams from 3 different schools in the colour category.
- The cut-off system shall be used for the competition – for example, if there are more than 10 performers in the category, and 8 will be selected for the finals. And if there are fewer than 10 performers in the category, all will be direct for the finals.

- The number will be more if there are equal scores (For example, if there are more than one performer sharing the same score for the 8th position, all the performers will move to the finals)
- If there is a tie for any of the top four positions, the performers will have to compete again to break the tie.

(The organizers reserves the right to modify the method of competition.)

Kyorugi

- There must be a minimum of 3 players from 3 different schools for the competition in the weight category to be held. **No contest for fewer than 3 players from 3 different schools in the weight category.**
- The knockout system shall be used for the competition.
- Players do not have to compete for the 3rd and 4th placing. Both players will automatically be awarded the bronze medal.

11 PROCEDURE

All participants must be ready to report to the competitor stewards for arrangement or inspection when their names are called. This will be at least half an hour before they are due to compete.

Poomsae performers must wear the uniform and the belt colour for the category they are competing in.

Those who fail to be ready for the performance or contest or fail to appear within two minutes before the scheduled start of their performance or contest shall be deemed as having withdrawn from the competition. No grace period shall be given unless there is a calamity which affects a good number of participants.

Each participant must be accompanied by a coach with a professional pass. A participant will not be allowed to compete without a coach.

12 POSTPONEMENT

The Organising Committee reserves the right to postpone the championships for any valid reasons. All participants shall abide by the decision.

13 WITHDRAWAL/WALK-OVER

Schools participating in the competition should not withdraw or give a walk-over unless it is a technical withdrawal or walk-over. Other than that any withdrawal or walkover is considered contrary to the spirit of the game.

Technical withdrawal means that the player is outclassed in the match and technical walk-over happens when the player has to concede defeat because he or she is injured.

For each withdrawal or walk-over, a written explanation duly endorsed by the Principal shall be submitted to the Organising Chairman within two working days. A copy each is to be extended to the Advisors and the Technical Delegate.

For withdrawal or walk-over, a player or team will be disqualified from receiving any points, placing or medals. However, any merits earned by the participant will still be recognised for technical withdrawal or walkover.

14 PROTEST

If there is any objection to any technical decision of officials including the referees and judges, the teacher-in-charge may file a protest by completing and submitting the prescribed form to the Competition Supervisory Board (CSB).

The submission must be accompanied by the **S\$150 plus GST** protest fee and made **within 10 minutes** of the incident or the announcement of the result, whichever is applicable.

The CSB comprising the Chairman, the Technical Delegate and one member shall be appointed by the STF. The Board which has the power to decide on all technical matters shall deliberate the protest immediately. **Its decision shall be final and no further appeal will be entertained.**

The fee will be refunded if the protest is upheld. However, if it is overruled, the fee will be retained by the STF.

The Chairman of the CSB shall submit a report to the STF and the Principal concerned.

Upon the release of the decision of the CSB, only schools may appeal to the Council. Notices of the appeal shall be lodged with the Secretary of the

Zone/Central Council within two (2) working days upon receiving the CSB division. The appeal must be made in writing and duly signed by the Principal. Upon receiving the notice of appeal from the school, a non-refundable appeal fee of three hundred dollars (\$300) plus GST will be deducted from the school's account via IFAAS.

For non-technical matters, the appeal shall be submitted to the STF within five working days before the competition and two working days after the competition. The Executive Members of the STF Management shall deal with the appeal. Its decision shall be absolute and final.

15 AWARDS

Medals will be awarded to gold medalist, silver medalist and two bronze medalists in each category.

Although medals will be awarded for fewer than 3 players or teams from 3 schools, they will not be counted for the overall title and cannot be considered for the colour awards.

Championships trophies will be awarded to the top two schools if there are three participating schools, the top three schools if there are four participating schools and the top four schools if there are five or more participating schools in each Division for male and female categories based on the total points collected for both the kyorugi and poomsae competitions.

The following point system shall apply:

- 5 points for each gold medal won
- 3 points for each silver medal won
- 1 point for each bronze medal won
- 1 additional point for every match won in the kyorugi competition
- 1 additional point for clearing each stage of the poomsae competition

Prize recipients shall collect their prizes either in their school track suits or taekwondo uniform.

16 TEACHER-IN-CHARGE

Each participating team must be accompanied by a teacher who shall remain with the team throughout the competition (please refer to Annex A). Failure to comply with this requirement shall lead to the disqualification of the whole team.

The teacher-in-charge shall be an Education Officer or a Contract Adjunct Teacher only.

Teachers-in-charge are not allowed to interfere with the final decision taken by the referee on points of rules after clarification has been sought. If such interference results in disruption of any match, the Organising Committee will take the appropriate action.

17 COACHES

Coaches accompanying performers or players to the arena must wear their professional passes. They will not be allowed to be with their players at the arena if they do not have their passes.

All coaches are expected to observe the code of conduct at all times (please refer to Annex B).

Coaches shall not approach any official to question his or her decisions. Only the teachers-in-charge may seek clarifications from the official.

The STF shall take disciplinary action against coaches who fail to fulfill their responsibility.

18 SUPPORTERS

Schools sending supporters to the competition shall **ensure that their students are in proper school uniform** and sufficient teachers are present to maintain discipline.

All supporters are required to remain within the stipulated area throughout the competition. They are not allowed to be in the field of play.

19 OTHER MATTERS

A school will be disqualified if it commits any of the following:

- fielding overaged player
- fielding unregistered player
- fielding an ineligible player
- fielding player without a valid student pass
- fielding a non-bona-fide student

- team/player not accompanied by education officer
- team/player which caused a game/match to be abandoned

All results involving the team which has been disqualified will be considered null and void.

All matters not provided for in the rules and regulations shall be dealt with by the Organising Committee in consultation with the Advisors.

20 AMENDMENTS

The Singapore Schools Sports Council shall have the right to delete, add or amend the rules and regulations laid down herein.

SINGAPORE SECONDARY SCHOOLS SPORTS COUNCIL

ROLE OF THE TEACHER IN-CHARGE

The teacher in-charge will represent the school on all matters pertaining to the administration and organisation of the tournament. He/She will do the following:

- to ensure good attendance during practice
- to take follow-up actions on absenteeism of members
- to co-ordinate training sessions with the external instructor
- to monitor and take stock of sports equipment
- to attend meetings called by the game convenor
- to submit team list
- to be responsible for the accuracy of the players' particulars in the entry forms and ensure that the pupils are not placed in the wrong division.
- to liaise between the Organising Committee (convenor school) and the Principal (school)
- to check the fixtures and schedules
- to make transport arrangements for the teams
- to accompany the schools teams for all competitions
- to remain with the team throughout the duration of play
- to be responsible for the conduct and behaviour of the external instructor, players and supporters
- to represent the school in matters pertaining to appeals/protests (as required by the sport/game)
- to accompany pupils at disciplinary board meeting
- to ensure that the team is medically covered e.g. first aid kit



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DATA COLLATION FORM

Note:

- It is optional for school to use this form
- This form only serves to collate the information from participating students for registration by teacher-in-charge via the official eRegistration system
- Submission of form to teacher-in-charge does not constitute registration. School will make the final decision on the students to be officially registered for the competition.

Registration Rules

1) Kyorugi	Each school is allowed to submit a maximum of 2 players per weight category.
2) Poomsae	Each school may field a maximum of three male and three female performers per <u>individual</u> colour category and one male and one female <u>team</u> per colour category.
3) Poomsae	A student may participate in both the individual and team events and is allowed to compete in a maximum of two categories each – his/her grade and another higher grade up to Red 1 (Black stripe) or any two grades higher than his or her present grade up to Red 1.
4) Poomsae Junior Division	Age Dispensation applies only to 7 and 8 years old who wish to participate in the Junior Division. If Age Dispensation = Yes, the Age Dispensation form must be completed, endorsed, and submitted via the eReg system.

Type of Competition: Kyorugi / Poomsae*

Age Dispensation

Division: Junior / Senior / C / B / A* (only for Poomsae Junior Div): Yes / No*

Name of Student

(as in BC/NRIC/Passport): _____

Class: _____

Gender: F / M*

NRIC: _____

Date of Birth: _____ (dd/mm/yyyy)

Weight: _____ (to the nearest 1 decimal place)

Highest Belt / Grade Attained:	<input type="checkbox"/> White 9	<input type="checkbox"/> Green 5 (Blue Stripe)	<input type="checkbox"/> Red 2
	<input type="checkbox"/> Yellow 8	<input type="checkbox"/> Blue 4	<input type="checkbox"/> Red 1 (Black Stripe)
	<input type="checkbox"/> Yellow 7 (Green Stripe)	<input type="checkbox"/> Blue 3 (Red Stripe)	<input type="checkbox"/> Poom/Black
	<input type="checkbox"/> Green 6		
	<i>For Kyorugi, only students with these Belt/Grade are eligible</i>		

Date Highest Belt/Grade Attained: _____ (dd/mm/yyyy)

Participating Category (applicable only for <u>Poomsae</u>)	
Individual (max 2 categories)	Team of Three (max 2 categories)
<input type="checkbox"/> White 9 <input type="checkbox"/> Yellow 8 <input type="checkbox"/> Yellow 7 (Green Stripe) <input type="checkbox"/> Green 6 <input type="checkbox"/> Green 5 (Blue Stripe) <input type="checkbox"/> Blue 4 <input type="checkbox"/> Blue 3 (Red Stripe) <input type="checkbox"/> Red 2 <input type="checkbox"/> Red 1 (Black Stripe) <input type="checkbox"/> Poom/Black	<input type="checkbox"/> White 9 <input type="checkbox"/> Yellow 8 <input type="checkbox"/> Yellow 7 (Green Stripe) <input type="checkbox"/> Green 6 <input type="checkbox"/> Green 5 (Blue Stripe) <input type="checkbox"/> Blue 4 <input type="checkbox"/> Blue 3 (Red Stripe) <input type="checkbox"/> Red 2 <input type="checkbox"/> Red 1 (Black Stripe) <input type="checkbox"/> Poom/Black

Club (if any): _____

Name of Coach
 (as in NRIC/Passport): _____

Coach Pass No. _____ **Coaching Qualification:** 1 / 2 / 3*

** Please select or delete where not applicable*

SINGAPORE SECONDARY SCHOOLS SPORTS COUNCIL

Code of Conduct for External Instructors

- External instructors are expected to conduct themselves well in carrying out their duties.
- They are to observe the rules and regulations of the school.
- They should not replace the role of the teacher in-charge.
- They will prepare the training schedule for the team, in consultation with the Principal and the teacher in-charge (i.e. 30-week programme)
- They are not allowed into the competition area except where the rule of the game requires the presence of the instructor e.g. Softball.
- They cannot represent the school in any matters.
- They must not interfere with the organisation of the tournament.
- They are not allowed to approach the game officials to query their decisions. Only teachers-in-charge are allowed to approach game officials to seek clarifications.
- External instructors violating the above rules will be asked to leave the competition arena.
- Action will be taken against the school if the external instructors fail to comply with the tournament rules.
- The onus for the external instructors to adhere to the above rules and to be well versed with the competition rules amended to meet the needs of our pupils' lies with the school concerned.
- Ensure that the team has adequate rest and given water breaks.
- Instructors should refrain from using foul language or in a tone not becoming of proper behaviour.