

43rd NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS

AMBASSADOR CUP

INFORMATION SHEET

1 SCHEDULE

- 1.1 Registration : Open from 1 Aug 16 (Mon) to 4 Aug 16 (Thu) ,
from 9.30am to 12.00pm and 2.00pm to 4.00pm at STF office.
- 1.2 Briefing & Drawing of lots : 21 August 2016 (Sunday)
4.00 pm to 6.00 pm at National Training Centre
- 1.3 Preliminaries & Finals : 27 & 28 Aug 2016 (Saturday & Sunday) ;and
3 & 4 Sept 2016 (Saturday & Sunday)
at Toa Payoh Sports Hall.

(The organizing committee reserves the right to change the schedule as it deems fit)

2 ELIGIBILITY

- 2.1 Members of clubs affiliated to Singapore Taekwondo Federation (STF).
- 2.2 Red belt, poom belt and black belt holders (Grades obtained in **April 2016** ,second quarter grading season or earlier).

3 CLASSIFICATIONS (FREE SPARRING)

- Young Junior (1) Category **9 years old and below**
(Born on or after year 2007)
- Young Junior (2) Category **10 to 11 years old**
(Born between year 2005 to 2006)
- Cadet 1 Category **12 to 14 years old**
(Born between year 2002 to 2004)
(Head Kick)
- Cadet 2 Category **12 to 14 years old**
(Born between year 2002 to 2004)
(Non Head Kick)
- Junior 1 Category **15 to 17 years old**
(Born between year 1999 to 2001)
(Head Kick)
- Junior 2 Category **15 to 17 years old**
(Born between year 1999 to 2001)
(Non Head Kick)
- Senior (1) Category **18 to 30 years old**
(Born between year 1986 to 1998)
- Senior (2) Category **31 to 40 years old**
(Born between year 1976 to 1985)
- Senior (3) Category **41 to 50 years old**
(Born between year 1966 to 1975)
- Senior (4) Category **51 years old and older**
(Born on or before year 1965)

(Details on the weight divisions are provided in the registration form)

4 NUMBER OF PARTICIPANTS

4.1 No limited of player per weight category

5 UNIFORM

- 5.1 Contestants shall wear the official uniform of the STF. Those who fail to observe this rule will be barred from participation.

6 FIXTURES

- 6.1 The tournament fixtures will be ready on STF's web by 24 September 2016 (Wednesday).

7 WEIGH-IN

- 7.1 It is compulsory for all participants to undergo the official weigh-in on the event days.
- 7.2 Weigh-in shall be conducted once. Switching of weight categories after weigh-in will not be allowed.
- 7.3 During Weigh-in contestant shall wear T-shirt & short. However , weigh-in may be conducted in the nude if the contest wishes to do so (inside room).
- 7.4 Not weigh allowance given . Players who are over weight or under weight shall be disqualified.

8 DRAWING OF LOTS

- 8.1 Only one representative per affiliate will be allowed to participate in draw which will be conducted on 21 August 2016 (Sunday) at 4.00pm.

9 CONTEST

- 9.1 One contestants in any of the categories will be counted in the overall tally for the team title.

10 METHOD OF COMPETITION

- 10.1 Single elimination system.

11 RULES AND REGULATIONS

- 11.1 WTF and STF rules will apply.
- 11.2 Free sparring will be conducted in 3 round of 1.0 minutes or 1.5 minutes each with **30 seconds** rest in between rounds. The organizing committee reserves the right to modify the duration
- 11.3 **Introduction of head kicks for cadets (12 to 14) and juniors (15 to 17) to provide them the opportunity to optimize their skill development. There will be two categories for the two divisions - that is cadet and junior players can participate in either the head kick or non-kick category. For the head kick category, players will be required to wear headgear with protective face shield**
- 11.4 Kicking to the head is prohibited for the **Young Junior , Cadet 2 & Junior 2 Divisions**. The competitor who executes a kick to the head will be an immediate disqualification .

12 REGISTRATION

- 12.1 Registration for the championships will be open from 1 Aug 16 (Mon) to 4 Aug 16 (Thu) from 9.30am to 12.00pm and 2.00pm to 4.00pm at the STF office .
- 12.2 Provide photocopy of participants' grades and proofs of participants' ages (for those below 17 years old) are required for verification. Grading cards, black belt/poom certificates, birth certificates and passports are acceptable as documentary proofs.
- 12.3 Doctor's clearance will be required for those with pre-existing medical conditions.**
- 12.4 Submission of in-completed registration form will constitute in disqualification of the participant. Submission **after 10 Aug 16 @ 1600 hours** will not be accepted.
- 12.5 Strictly not allowed to field their athletes under other clubs.**
- 12.6 Registration Fees :-
- On or before 4 Aug 16 : S\$20.00 per contestants.**
- On or before 10 Aug 16 : S\$40.00 per contestants,**

13 PROVISION OF REFEREE AND VOLUNTER

- 13.1 All participating teams or clubs are compulsory to provide sufficient qualified National Referee for the tournament. Based on one Referee for every 30 participants per club.**
- 13.2 All participating teams or clubs are compulsory to provide one volunteer (Junior or Senior) for the tournament.

14 COMPETITION OFFICAL COACH .

- 14.1 Strictly not allowed to employ coaches from other clubs to coach their members during the competitions.**
- 14.2 All coaches are required to display their professional coach passes before entering the field of play.
- 14.3 Professional coach passes will be required for all tournaments organized or sanctioned by the Singapore Taekwondo Federation henceforth without exception.
- 14.4 Clubs must produce sufficient coaches to take care of their own athletes during the competition especially when 4 courts are used. Athletes will be disqualified if coaches from their clubs are not available to accompany them to the arena. It will not be acceptable to use the excuse that the athlete's coach is at another court as the competition cannot be delayed.**

15 EQUIPMENT

- 15.1 All competitors will be required to wear the following protective equipment on entering the contest area :
- Head gear (Blue or Red only) , Trunk protector , Groin guard , Forearm guard , Shin guard , Gloves and Mouthpiece .**
- 15.2 A female competitor will also be required to wear groin guard.
- 15.3 Equipment used for the competition must be approved by the STF.

16 AWARDS

16.1 The following prizes will be presented:

1 st place	: One Gold Medal
2 nd place	: One Silver Medal
3 rd place	: Two Bronze Medals

16.2 In addition to 16.1, 3 teams titles – overall champions, 1st runner-up and 2nd runner-up – will be awarded.

16.3 The titles will be based on, first, the number of gold medals won, followed by the number of silver medals won and finally the number of bronze medal collected. If there is still a tie, the number of participants fielded will decide the winner.

16.4 All medal winners must be present in FULL uniform to receive their prizes

16.5 The following awards may be presented.

- a. Best Player
- b. Best Referee
- c. Best Coach
- d. Most Improved Team
- e. Best Cheer Team
- f. Best Fighting Spirit

17 FOREIGN PARTICIPANTS

17.1 Each affiliate is allowed to field a maximum of 2 foreign players.

17.2 The medals won by the foreign participants will not be counted in the overall tally for the team title.

17.3 Documentary proofs of participants' grades and nationalities are required.

18 DECLARATION

18.1 Any previous training in other martial arts must be declared. (e.g. types of martial art ; level and years of training) ;

18.2 Affiliate representatives (Manager / Coaches) must ensure that parents of participants under 21 years old personally endorse the indemnity forms. They will be held responsible if the forms contain fake signatures.

18.3 Team manager / Coaches to ensure that their athletes are prepared and fit for the competition. They should withdraw any athlete who is not feeling well on the day of the competition. Doctor's clearance will be required for those with pre-existing medical conditions

19 RANDOM CHECK

19.1 Random weight checks and participant's grade and ages checks will be conducted during the tournament . Contestants, who fail their requirement, shall be disqualified.

20 PROTEST

20.1 Any protest against a judgment shall be made on a prescribed form and submitted together with the fee of **S\$200.00** to the Competition Supervisory Board within **15** minutes of the pertinent contest.

21 ENQUIRIES

21.1 For further clarification, please call: STF Secretariat at Tel: 6345 149 , or
Mr. Andy Lee (Head, Tournament) at 9106 4421

GUIDELINES

CODE OF CONDUCT

The following guidelines are not intended to be exhaustive and include at the absolute minimum the code of conduct herein described.

1. The participants must at all times conduct and behave themselves in a manner befitting of a Taekwondo exponent and will take reasonable care to ensure that the good name of the Federation will not be tarnished by rowdy or bad behavior.
2. The decisions of all judges and referees are deemed final save that in the event of a genuine dispute or disagreement, the complainant must:
 - a) **Refrain from use of abusive language;**
 - b) **Channel his / her protest through the Team Manager or coach of his / her club to an authorised official of the Federation on the day of the event.**
3. Any attempts to discredit any officials, judges, and referees without good cause subjects those participants to disciplinary actions.
4. No one, including the Team Manager or coaches is allowed to step beyond the boundary line of the RECORDER'S table.
5. Anyone previously disqualified is not allowed to participate without first seeking clearance from the Secretariat.
6. The Federation and / or its organizers reserve the right to vary or add to the above rules if and whenever necessary.

Arbitration and Sanction

The Competition Supervisory Board shall make corrections of misjudgments according to their decision regarding protests and take disciplinary action against the officials committing the misjudgment or any illegal behavior and the results of which shall be sent to the Secretariat of the STF. The Competition Supervisory Board shall also be entitled the Extraordinary Committee of Sanction concurrently at the competition for the matters in relation to competition management.

- 1) The STF President or Hon Secretary (in case of their absence, the Technical Delegate) may request the Extraordinary Committee of Sanction for deliberation when any of the following behaviors are committed by a coach or a contestant.
 - a) Interfering with the management of contest or stirring up the spectators for the same purpose.
 - b) Interfering with the operation of the competition conducted by the STF and the Organizing Committee.
 - c) Spreading false rumor for the purpose of exerting an unwarranted influence on the judgement.
- 2) When judged reasonable, the Extraordinary Committee of Sanction shall deliberate over the matter and takes disciplinary action immediately. The result of deliberation shall be announced to the public and reported to the STF Secretariat afterwards.
- 3) The Extraordinary Committee of Sanction may summon the person concerned for confirmation of events.

Agreement

Our team agrees to abide by the guidelines.

CLUB

Full Name & Signature of Team Manager / Coach

Date

REGISTRATION FORM A - Young Junior (1)

43rd NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)_____ Sex:_____ Date of Birth:_____ Age_____ (as at 2016)

NRIC/Passport No:_____ Tel:_____ H/P:_____

Address:_____ (S)_____

Grade:_____ Date Obtained:_____ Name of Coach:_____ HP:_____

AFFILIATE:_____ Name of Manager:_____ HP:_____

Others Martial Art:_____ Level:_____ Years there:_____

(Please X the appropriate box)

YOUNG JUNIOR (1) CATEGORY (9 years old & Below) (born on or after year 2007)

DIVISION	MALE	
BELT	Red	
	Poom	
Under 22 kg	22 kg & Under	
Under 25 kg	Over 22 – 25 kg	
Under 28 kg	Over 25 – 28 kg	
Under 31 kg	Over 28 – 31 kg	
Under 34 kg	Over 31 – 34 kg	
Under 37 kg	Over 34 – 37 kg	
Under 40 kg	Over 37 – 40 kg	
Under 43 kg	Over 40 – 43kg	
Under 46 kg	Over 43 – 46 kg	
Under 49 kg	Over 46 – 49 kg	
Under 52 kg	Over 49 – 52 kg	
Under 55 kg	Over 52 – 55 kg	
Under 58 kg	Over 55 – 58 kg	
Under 61 kg	Over 58 – 61 kg	
Over 61 kg	Over 61 kg	

DIVISION	FEMALE	
BELT	Red	
	Poom	
Under 22 kg	22 kg & Under	
Under 25 kg	Over 22 – 25 kg	
Under 28 kg	Over 25 – 28 kg	
Under 31 kg	Over 28 – 31 kg	
Under 34 kg	Over 31 – 34 kg	
Under 37 kg	Over 34 – 37 kg	
Under 40 kg	Over 37 – 40 kg	
Under 43 kg	Over 40 – 43kg	
Under 46 kg	Over 43 – 46 kg	
Under 49 kg	Over 46 – 49 kg	
Under 52 kg	Over 49 – 52 kg	
Under 55 kg	Over 52 – 55 kg	
Under 58 kg	Over 55 – 58 kg	
Under 61 kg	Over 58 – 61 kg	
Over 61 kg	Over 61 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

NRIC No.

Signature / HP

Name of Team Manager

NRIC No.

Signature

REGISTRATION FORM B - Young Junior (2)

43rd NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)_____ Sex:_____ Date of Birth:_____ Age_____ (as at 2016)

NRIC/Passport No:_____ Tel:_____ H/P:_____

Address:_____ (S)_____

Grade:_____ Date Obtained:_____ Name of Coach:_____ HP:_____

AFFILIATE:_____ Name of Manager:_____ HP:_____

Others Martial Art:_____ Level:_____ Years there:_____

(Please X the appropriate box)

YOUNG JUNIOR (2) CATEGORY (10 to 11 years old) (born between year 2005 to 2006)

DIVISION	MALE	
BELT	Red	
	Poom	
Under 24 kg	24 kg & Under	
Under 27 kg	Over 24 – 27 kg	
Under 30 kg	Over 27 – 30 kg	
Under 33 kg	Over 30 –33 kg	
Under 36 kg	Over 33 – 36 kg	
Under 39 kg	Over 36 – 39 kg	
Under 42 kg	Over 39 – 42 kg	
Under 45 kg	Over 42 – 45 kg	
Under 48 kg	Over 45 – 48 kg	
Under 51 kg	Over 48 – 51 kg	
Under 54 kg	Over 51 – 54 kg	
Under 57 kg	Over 54 – 57 kg	
Under 60 kg	Over 57 – 60 kg	
Under 63 kg	Over 60 – 63 kg	
Over 63 kg	Over 63 kg	

DIVISION	FEMALE	
BELT	Red	
	Poom	
Under 24 kg	24 kg & Under	
Under 27 kg	Over 24 – 27 kg	
Under 30 kg	Over 27 – 30 kg	
Under 33 kg	Over 30 –33 kg	
Under 36 kg	Over 33 – 36 kg	
Under 39 kg	Over 36 – 39 kg	
Under 42 kg	Over 39 – 42 kg	
Under 45 kg	Over 42 – 45 kg	
Under 48 kg	Over 45 – 48 kg	
Under 51 kg	Over 48 – 51 kg	
Under 54 kg	Over 51 – 54 kg	
Under 57 kg	Over 54 – 57 kg	
Under 60 kg	Over 57 – 60 kg	
Under 63 kg	Over 60 – 63 kg	
Over 63 kg	Over 63 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

NRIC No.

Signature / HP

Name of Team Manager

NRIC No.

Signature / HP

REGISTRATION FORM C - Cadet 1 (Head Kick)

43rd NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)_____ Sex:_____ Date of Birth:_____ Age_____ (as at 2016)

NRIC/Passport No:_____ Tel:_____ H/P:_____

Address:_____ (S)_____

Grade:_____ Date Obtained:_____ Name of Coach:_____ HP:_____

AFFILIATE:_____ Name of Manager:_____ HP:_____

Others Martial Art:_____ Level:_____ Years there:_____

(Please X the appropriate box)

CADET CATEGORY (12 to 14 years old) (born between year 2002 to 2004)

DIVISION	MALE	
BELT	Red	
	Poom	
Under 24 kg	24 kg & Under	
Under 27 kg	Over 24 – 27 kg	
Under 30 kg	Over 27 – 30 kg	
Under 33 kg	Over 30 –33 kg	
Under 37 kg	Over 33 – 37 kg	
Under 41 kg	Over 37 – 41 kg	
Under 45 kg	Over 41 – 45 kg	
Under 49 kg	Over 45 – 49 kg	
Under 53 kg	Over 49 – 53 kg	
Under 57 kg	Over 53 – 57 kg	
Under 61 kg	Over 57 – 61 kg	
Under 65 kg	Over 61 – 65 kg	
Under 70 kg	Over 65 – 70 kg	
Under 75 kg	Over 70 – 75 kg	
Over 75 kg	Over 75 kg	

DIVISION	FEMALE	
BELT	Red	
	Poom	
Under 23 kg	23 kg & Under	
Under 26 kg	Over 23 – 26 kg	
Under 29 kg	Over 26 – 29 kg	
Under 33 kg	Over 29 –33 kg	
Under 37 kg	Over 33 – 37 kg	
Under 41 kg	Over 37 – 41 kg	
Under 44 kg	Over 41 – 44 kg	
Under 47 kg	Over 44 – 47 kg	
Under 51 kg	Over 47 – 51 kg	
Under 55 kg	Over 51 – 55 kg	
Under 59 kg	Over 55 – 59 kg	
Under 63 kg	Over 59 – 63 kg	
Under 67 kg	Over 63 – 67 kg	
Under 72 kg	Over 67 – 72 kg	
Over 72 kg	Over 72 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

NRIC No.

Signature / HP

Name of Team Manager

NRIC No.

Signature / HP

REGISTRATION FORM D - Cadet 2 (Non Head Kick)

43rd NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Date of Birth: _____ Age _____
(as at 2016)

NRIC/Passport No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

(Please X the appropriate box)

CADET CATEGORY (12 to 14 years old) (born between year 2002 to 2004)

DIVISION	MALE	
BELT	Red	
	Poom	
Under 24 kg	24 kg & Under	
Under 27 kg	Over 24 – 27 kg	
Under 30 kg	Over 27 – 30 kg	
Under 33 kg	Over 30 – 33 kg	
Under 37 kg	Over 33 – 37 kg	
Under 41 kg	Over 37 – 41 kg	
Under 45 kg	Over 41 – 45 kg	
Under 49 kg	Over 45 – 49 kg	
Under 53 kg	Over 49 – 53 kg	
Under 57 kg	Over 53 – 57 kg	
Under 61 kg	Over 57 – 61 kg	
Under 65 kg	Over 61 – 65 kg	
Under 70 kg	Over 65 – 70 kg	
Under 75 kg	Over 70 – 75 kg	
Over 75 kg	Over 75 kg	

DIVISION	FEMALE	
BELT	Red	
	Poom	
Under 23 kg	23 kg & Under	
Under 26 kg	Over 23 – 26 kg	
Under 29 kg	Over 26 – 29 kg	
Under 33 kg	Over 29 – 33 kg	
Under 37 kg	Over 33 – 37 kg	
Under 41 kg	Over 37 – 41 kg	
Under 44 kg	Over 41 – 44 kg	
Under 47 kg	Over 44 – 47 kg	
Under 51 kg	Over 47 – 51 kg	
Under 55 kg	Over 51 – 55 kg	
Under 59 kg	Over 55 – 59 kg	
Under 63 kg	Over 59 – 63 kg	
Under 67 kg	Over 63 – 67 kg	
Under 72 kg	Over 67 – 72 kg	
Over 72 kg	Over 72 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

NRIC No.

Signature / HP

Name of Team Manager

NRIC No.

Signature / HP

REGISTRATION FORM E - Junior 1 (Head Kick)

43rd NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Date of Birth: _____ Age _____
(as at 2016)

NRIC/Passport No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

(Please X the appropriate box)

JUNIOR CATEGORY (15 to 17 years old) (born between year 1999 to 2001)

DIVISION	MALE	
BELT	Red	
	Black	
Under 33 kg	33 kg & Under	
Under 36 kg	Over 33 – 36 kg	
Under 39 kg	Over 36 – 39 kg	
Under 42 kg	Over 39 – 42 kg	
Under 45 kg	Over 42 – 45 kg	
Under 48 kg	Over 45 – 48 kg	
Under 51 kg	Over 48 – 51 kg	
Under 55 kg	Over 51 – 55 kg	
Under 59 kg	Over 55 – 59 kg	
Under 63 kg	Over 59 – 63 kg	
Under 68 kg	Over 63 – 68 kg	
Under 73 kg	Over 68 – 73 kg	
Under 78 kg	Over 73 – 78 kg	
Under 83 kg	Over 78 – 83 kg	
Over 83 kg	Over 83 kg	

DIVISION	FEMALE	
BELT	Red	
	Black	
Under 33 kg	33 kg & Under	
Under 36 kg	Over 34 – 36 kg	
Under 39 kg	Over 36 – 39 kg	
Under 42 kg	Over 39 – 42 kg	
Under 44 kg	Over 42 – 44 kg	
Under 46 kg	Over 44 – 46 kg	
Under 49 kg	Over 46 – 49 kg	
Under 52 kg	Over 49 – 52 kg	
Under 55 kg	Over 52 – 55 kg	
Under 59 kg	Over 55 – 59 kg	
Under 63 kg	Over 59 – 63 kg	
Under 68 kg	Over 63 – 68 kg	
Under 73 kg	Over 68 – 73 kg	
Under 78 kg	Over 73 – 78 kg	
Over 78 kg	Over 78 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

NRIC No.

Signature / HP

Name of Team Manager

NRIC No.

Signature / HP

REGISTRATION FORM F - Junior 2 (Non Head Kick)

43rd NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)_____ Sex:_____ Date of Birth:_____ Age_____ (as at 2016)

NRIC/Passport No:_____ Tel:_____ H/P:_____

Address:_____ (S)_____

Grade:_____ Date Obtained:_____ Name of Coach:_____ HP:_____

AFFILIATE:_____ Name of Manager:_____ HP:_____

Others Martial Art:_____ Level:_____ Years there:_____

(Please X the appropriate box)

JUNIOR CATEGORY (15 to 17 years old) (born between year 1999 to 2001)

DIVISION	MALE	
BELT	Red	
	Black	
Under 33 kg	33 kg & Under	
Under 36 kg	Over 33 – 36 kg	
Under 39 kg	Over 36 – 39 kg	
Under 42 kg	Over 39 – 42 kg	
Under 45 kg	Over 42 – 45 kg	
Under 48 kg	Over 45 – 48 kg	
Under 51 kg	Over 48 – 51 kg	
Under 55 kg	Over 51 – 55 kg	
Under 59 kg	Over 55 – 59 kg	
Under 63 kg	Over 59 – 63 kg	
Under 68 kg	Over 63 – 68 kg	
Under 73 kg	Over 68 – 73 kg	
Under 78 kg	Over 73 – 78 kg	
Under 83 kg	Over 78 – 83 kg	
Over 83 kg	Over 83 kg	

DIVISION	FEMALE	
BELT	Red	
	Black	
Under 33 kg	33 kg & Under	
Under 36 kg	Over 34 – 36 kg	
Under 39 kg	Over 36 – 39 kg	
Under 42 kg	Over 39 – 42 kg	
Under 44 kg	Over 42 – 44 kg	
Under 46 kg	Over 44 – 46 kg	
Under 49 kg	Over 46 – 49 kg	
Under 52 kg	Over 49 – 52 kg	
Under 55 kg	Over 52 – 55 kg	
Under 59 kg	Over 55 – 59 kg	
Under 63 kg	Over 59 – 63 kg	
Under 68 kg	Over 63 – 68 kg	
Under 73 kg	Over 68 – 73 kg	
Under 78 kg	Over 73 – 78 kg	
Over 78 kg	Over 78 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

NRIC No.

Signature / HP

Name of Team Manager

NRIC No.

Signature / HP

REGISTRATION FORM G - Senior (1)

43rd NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Date of Birth: _____ Age _____
(as at 2016)

NRIC/Passport No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

(Please X the appropriate box)

SENIOR (1) CATEGORY (18 to 30 years old) (born between year 1986 to 1998)

DIVISION	MALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

DIVISION	FEMALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

NRIC No.

Signature / HP

Name of Team Manager

NRIC No.

Signature /HP

REGISTRATION FORM H - Senior (2)

43rd NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Date of Birth: _____ Age _____
(as at 2016)

NRIC/Passport No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

(Please X the appropriate box)

SENIOR (2) CATEGORY (31 to 40 years old) (born between year 1976 to 1985)

DIVISION	MALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

DIVISION	FEMALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

Name of Team Manager

NRIC No.

Signature / HP

REGISTRATION FORM J - Senior (3)

43rd NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Date of Birth: _____ Age _____
(as at 2016)

NRIC/Passport No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

(Please X the appropriate box)

SENIOR (3) CATEGORY (41 to 50 years old) (born between year 1966 to 1975)

DIVISION	MALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

DIVISION	FEMALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

Name of Team Manager

NRIC No.

Signature / HP

REGISTRATION FORM K - Senior (4)

43rd NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)_____ Sex:_____ Date of Birth:_____ Age_____ (as at 2016)

NRIC/Passport No:_____ Tel:_____ H/P:_____

Address:_____ (S)_____

Grade:_____ Date Obtained:_____ Name of Coach:_____ HP:_____

AFFILIATE:_____ Name of Manager:_____ HP:_____

Others Martial Art:_____ Level:_____ Years there:_____

(Please X the appropriate box)

SENIOR (4) CATEGORY (51 years old & older) (born on or before year 1965)

DIVISION	MALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

DIVISION	FEMALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

Name of Team Manager

NRIC No.

Signature /HP

43rd NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS – AMBASSADOR CUP

ENTRIES FOR AFFILIATE

Affiliate : _____

Head of Team : _____ **HP:** _____

Team Manager : _____ **HP:** _____

Name of coaches: 1) _____ 5) _____
(Professional Passes)

2) _____ 6) _____

3) _____ 7) _____

4) _____ 8) _____

Name of Referees : 1) _____ 4) _____

2) _____ 5) _____

3) _____ 6) _____

Name of volunteers : 1) _____ 3) _____

2) _____ 4) _____

YOUNG JUNIOR (1) CATEGORY (9 years old & below)

Form A

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 22 kg	22 kg & Under		
	Male	Red	Under 25 kg	Over 22 – 25 kg		
	Male	Red	Under 28 kg	Over 25 – 28 kg		
	Male	Red	Under 31 kg	Over 28 – 31 kg		
	Male	Red	Under 34 kg	Over 31 – 34 kg		
	Male	Red	Under 37 kg	Over 34 – 37 kg		
	Male	Red	Under 40 kg	Over 37 – 40 kg		
	Male	Red	Under 43 kg	Over 40 – 43kg		
	Male	Red	Under 46 kg	Over 43 – 46 kg		
	Male	Red	Under 49 kg	Over 46 – 49 kg		
	Male	Red	Under 52 kg	Over 49 – 52 kg		
	Male	Red	Under 55 kg	Over 52 – 55 kg		
	Male	Red	Under 58 kg	Over 55 – 58 kg		
	Male	Red	Under 61 kg	Over 58 – 61 kg		

	Male	Red	Over 61 kg	Over 61 kg		
	Male	Poom	Under 22 kg	22 kg & Under		
	Male	Poom	Under 25 kg	Over 22 – 25 kg		
	Male	Poom	Under 28 kg	Over 25 – 28 kg		
	Male	Poom	Under 31 kg	Over 28 – 31 kg		
	Male	Poom	Under 34 kg	Over 31 – 34 kg		
	Male	Poom	Under 37 kg	Over 34 – 37 kg		
	Male	Poom	Under 40 kg	Over 37 – 40 kg		
	Male	Poom	Under 43 kg	Over 40 – 43kg		
	Male	Poom	Under 46 kg	Over 43 – 46 kg		
	Male	Poom	Under 49 kg	Over 46 – 49 kg		
	Male	Poom	Under 52 kg	Over 49 – 52 kg		
	Male	Poom	Under 55 kg	Over 52 – 55 kg		
	Male	Poom	Under 58 kg	Over 55 – 58 kg		
	Male	Poom	Under 61 kg	Over 58 – 61 kg		
	Male	Poom	Over 61 kg	Over 61 kg		
	Female	Red	Under 22 kg	22 kg & Under		
	Female	Red	Under 25 kg	Over 22 – 25 kg		
	Female	Red	Under 28 kg	Over 25 – 28 kg		
	Female	Red	Under 31 kg	Over 28 – 31 kg		
	Female	Red	Under 34 kg	Over 31 – 34 kg		
	Female	Red	Under 37 kg	Over 34 – 37 kg		
	Female	Red	Under 40 kg	Over 37 – 40 kg		
	Female	Red	Under 43 kg	Over 40 – 43kg		
	Female	Red	Under 46 kg	Over 43 – 46 kg		
	Female	Red	Under 49 kg	Over 46 – 49 kg		
	Female	Red	Under 52 kg	Over 49 – 52 kg		
	Female	Red	Under 55 kg	Over 52 – 55 kg		
	Female	Red	Under 58 kg	Over 55 – 58 kg		

	Female	Red	Under 61 kg	Over 58 – 61 kg		
	Female	Red	Over 61 kg	Over 61 kg		
	Female	Poom	Under 22 kg	22 kg & Under		
	Female	Poom	Under 25 kg	Over 22 – 25 kg		
	Female	Poom	Under 28 kg	Over 25 – 28 kg		
	Female	Poom	Under 31 kg	Over 28 – 31 kg		
	Female	Poom	Under 34 kg	Over 31 – 34 kg		
	Female	Poom	Under 37 kg	Over 34 – 37 kg		
	Female	Poom	Under 40 kg	Over 37 – 40 kg		
	Female	Poom	Under 43 kg	Over 40 – 43kg		
	Female	Poom	Under 46 kg	Over 43 – 46 kg		
	Female	Poom	Under 49 kg	Over 46 – 49 kg		
	Female	Poom	Under 52 kg	Over 49 – 52 kg		
	Female	Poom	Under 55 kg	Over 52 – 55 kg		
	Female	Poom	Under 58 kg	Over 55 – 58 kg		
	Female	Poom	Under 61 kg	Over 58 – 61 kg		
	Female	Poom	Over 61 kg	Over 61 kg		

YOUNG JUNIOR (2) CATEGORY (10 to 11 years old)
Form B

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 24 kg	24 kg & Under		
	Male	Red	Under 27 kg	Over 24 – 27 kg		
	Male	Red	Under 30 kg	Over 27 – 30 kg		
	Male	Red	Under 33 kg	Over 30 –33 kg		
	Male	Red	Under 36 kg	Over 33 – 36 kg		
	Male	Red	Under 39 kg	Over 36 – 39 kg		
	Male	Red	Under 42 kg	Over 39 – 42 kg		
	Male	Red	Under 45 kg	Over 42 – 45 kg		
	Male	Red	Under 48 kg	Over 45 – 48 kg		
	Male	Red	Under 51 kg	Over 48 – 51 kg		
	Male	Red	Under 54 kg	Over 51 – 54 kg		
	Male	Red	Under 57 kg	Over 54 – 57 kg		
	Male	Red	Under 60 kg	Over 57 – 60 kg		
	Male	Red	Under 63 kg	Over 60 – 63 kg		
	Male	Red	Over 63 kg	Over 63 kg		
	Male	Poom	Under 24 kg	24 kg & Under		
	Male	Poom	Under 27 kg	Over 24 – 27 kg		
	Male	Poom	Under 30 kg	Over 27 – 30 kg		
	Male	Poom	Under 33 kg	Over 30 –33 kg		
	Male	Poom	Under 36 kg	Over 33 – 36 kg		
	Male	Poom	Under 39 kg	Over 36 – 39 kg		
	Male	Poom	Under 42 kg	Over 39 – 42 kg		
	Male	Poom	Under 45 kg	Over 42 – 45 kg		
	Male	Poom	Under 48 kg	Over 45 – 48 kg		
	Male	Poom	Under 51 kg	Over 48 – 51 kg		
	Male	Poom	Under 54 kg	Over 51 – 54 kg		
	Male	Poom	Under 57 kg	Over 54 – 57 kg		

	Male	Poom	Under 60 kg	Over 57 – 60 kg		
	Male	Poom	Under 63 kg	Over 60 – 63 kg		
	Male	Poom	Over 63 kg	Over 63 kg		
	Female	Red	Under 24 kg	24 kg & Under		
	Female	Red	Under 27 kg	Over 24 – 27 kg		
	Female	Red	Under 30 kg	Over 27 – 30 kg		
	Female	Red	Under 33 kg	Over 30 –33 kg		
	Female	Red	Under 36 kg	Over 33 – 36 kg		
	Female	Red	Under 39 kg	Over 36 – 39 kg		
	Female	Red	Under 42 kg	Over 39 – 42 kg		
	Female	Red	Under 45 kg	Over 42 – 45 kg		
	Female	Red	Under 48 kg	Over 45 – 48 kg		
	Female	Red	Under 51 kg	Over 48 – 51 kg		
	Female	Red	Under 54 kg	Over 51 – 54 kg		
	Female	Red	Under 57 kg	Over 54 – 57 kg		
	Female	Red	Under 60 kg	Over 57 – 60 kg		
	Female	Red	Under 63 kg	Over 60 – 63 kg		
	Female	Red	Over 63 kg	Over 63 kg		
	Female	Poom	Under 24 kg	24 kg & Under		
	Female	Poom	Under 27 kg	Over 24 – 27 kg		
	Female	Poom	Under 30 kg	Over 27 – 30 kg		
	Female	Poom	Under 33 kg	Over 30 –33 kg		
	Female	Poom	Under 36 kg	Over 33 – 36 kg		
	Female	Poom	Under 39 kg	Over 36 – 39 kg		
	Female	Poom	Under 42 kg	Over 39 – 42 kg		
	Female	Poom	Under 45 kg	Over 42 – 45 kg		
	Female	Poom	Under 48 kg	Over 45 – 48 kg		
	Female	Poom	Under 51 kg	Over 48 – 51 kg		

	Female	Poom	Under 54 kg	Over 51 – 54 kg		
	Female	Poom	Under 57 kg	Over 54 – 57 kg		
	Female	Poom	Under 60 kg	Over 57 – 60 kg		
	Female	Poom	Under 63 kg	Over 60 – 63 kg		
	Female	Poom	Over 63 kg	Over 63 kg		

CADET 1 CATEGORY (12 to 14 years old) (Head Kick)
Form C

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 24 kg	24 kg & Under		
	Male	Red	Under 27 kg	Over 24 – 27 kg		
	Male	Red	Under 30 kg	Over 27 – 30 kg		
	Male	Red	Under 33 kg	Over 30 – 33 kg		
	Male	Red	Under 37 kg	Over 33 – 37 kg		
	Male	Red	Under 41 kg	Over 37 – 41 kg		
	Male	Red	Under 45 kg	Over 41 – 45 kg		
	Male	Red	Under 49 kg	Over 45 – 49 kg		
	Male	Red	Under 53 kg	Over 49 – 53 kg		
	Male	Red	Under 57 kg	Over 53 – 57 kg		
	Male	Red	Under 61 kg	Over 57 – 61 kg		
	Male	Red	Under 65 kg	Over 61 – 65 kg		
	Male	Red	Under 70 kg	Over 65 – 70 kg		
	Male	Red	Under 75 kg	Over 70 – 75 kg		
	Male	Red	Over 75 kg	Over 75 kg		
	Male	Poom	Under 24 kg	24 kg & Under		
	Male	Poom	Under 27 kg	Over 24 – 27 kg		
	Male	Poom	Under 30 kg	Over 27 – 30 kg		
	Male	Poom	Under 33 kg	Over 30 – 33 kg		
	Male	Poom	Under 37 kg	Over 33 – 37 kg		
	Male	Poom	Under 41 kg	Over 37 – 41 kg		
	Male	Poom	Under 45 kg	Over 41 – 45 kg		
	Male	Poom	Under 49 kg	Over 45 – 49 kg		
	Male	Poom	Under 53 kg	Over 49 – 53 kg		
	Male	Poom	Under 57 kg	Over 53 – 57 kg		
	Male	Poom	Under 61 kg	Over 57 – 61 kg		
	Male	Poom	Under 65 kg	Over 61 – 65 kg		

	Male	Poom	Under 70 kg	Over 65 – 70 kg		
	Male	Poom	Under 75 kg	Over 70 – 75 kg		
	Male	Poom	Over 75 kg	Over 75 kg		
	Female	Red	Under 23 kg	23 kg & Under		
	Female	Red	Under 26 kg	Over 23 – 26 kg		
	Female	Red	Under 29 kg	Over 26 – 29 kg		
	Female	Red	Under 33 kg	Over 29 –33 kg		
	Female	Red	Under 37 kg	Over 33 – 37 kg		
	Female	Red	Under 41 kg	Over 37 – 41 kg		
	Female	Red	Under 44 kg	Over 41 – 44 kg		
	Female	Red	Under 47 kg	Over 44 – 47 kg		
	Female	Red	Under 51 kg	Over 47 – 51 kg		
	Female	Red	Under 55 kg	Over 51 – 55 kg		
	Female	Red	Under 59 kg	Over 55 – 59 kg		
	Female	Red	Under 63 kg	Over 59 – 63 kg		
	Female	Red	Under 67 kg	Over 63 – 67 kg		
	Female	Red	Under 72 kg	Over 67 – 72 kg		
	Female	Red	Over 72 kg	Over 72 kg		
	Female	Poom	Under 23 kg	23 kg & Under		
	Female	Poom	Under 26 kg	Over 23 – 26 kg		
	Female	Poom	Under 29 kg	Over 26 – 29 kg		
	Female	Poom	Under 33 kg	Over 29 –33 kg		
	Female	Poom	Under 37 kg	Over 33 – 37 kg		
	Female	Poom	Under 41 kg	Over 37 – 41 kg		
	Female	Poom	Under 44 kg	Over 41 – 44 kg		
	Female	Poom	Under 47 kg	Over 44 – 47 kg		
	Female	Poom	Under 51 kg	Over 47 – 51 kg		
	Female	Poom	Under 55 kg	Over 51 – 55 kg		

	Female	Poom	Under 59 kg	Over 55 – 59 kg		
	Female	Poom	Under 63 kg	Over 59 – 63 kg		
	Female	Poom	Under 67 kg	Over 63 – 67 kg		
	Female	Poom	Under 72 kg	Over 67 – 72 kg		
	Female	Poom	Over 72 kg	Over 72 kg		

CADET 2 CATEGORY (12 to 14 years old) (Non Head Kick)
Form D

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 24 kg	24 kg & Under		
	Male	Red	Under 27 kg	Over 24 – 27 kg		
	Male	Red	Under 30 kg	Over 27 – 30 kg		
	Male	Red	Under 33 kg	Over 30 – 33 kg		
	Male	Red	Under 37 kg	Over 33 – 37 kg		
	Male	Red	Under 41 kg	Over 37 – 41 kg		
	Male	Red	Under 45 kg	Over 41 – 45 kg		
	Male	Red	Under 49 kg	Over 45 – 49 kg		
	Male	Red	Under 53 kg	Over 49 – 53 kg		
	Male	Red	Under 57 kg	Over 53 – 57 kg		
	Male	Red	Under 61 kg	Over 57 – 61 kg		
	Male	Red	Under 65 kg	Over 61 – 65 kg		
	Male	Red	Under 70 kg	Over 65 – 70 kg		
	Male	Red	Under 75 kg	Over 70 – 75 kg		
	Male	Red	Over 75 kg	Over 75 kg		
	Male	Poom	Under 24 kg	24 kg & Under		
	Male	Poom	Under 27 kg	Over 24 – 27 kg		
	Male	Poom	Under 30 kg	Over 27 – 30 kg		
	Male	Poom	Under 33 kg	Over 30 – 33 kg		
	Male	Poom	Under 37 kg	Over 33 – 37 kg		
	Male	Poom	Under 41 kg	Over 37 – 41 kg		
	Male	Poom	Under 45 kg	Over 41 – 45 kg		
	Male	Poom	Under 49 kg	Over 45 – 49 kg		
	Male	Poom	Under 53 kg	Over 49 – 53 kg		
	Male	Poom	Under 57 kg	Over 53 – 57 kg		
	Male	Poom	Under 61 kg	Over 57 – 61 kg		
	Male	Poom	Under 65 kg	Over 61 – 65 kg		

	Male	Poom	Under 70 kg	Over 65 – 70 kg		
	Male	Poom	Under 75 kg	Over 70 – 75 kg		
	Male	Poom	Over 75 kg	Over 75 kg		
	Female	Red	Under 23 kg	23 kg & Under		
	Female	Red	Under 26 kg	Over 23 – 26 kg		
	Female	Red	Under 29 kg	Over 26 – 29 kg		
	Female	Red	Under 33 kg	Over 29 –33 kg		
	Female	Red	Under 37 kg	Over 33 – 37 kg		
	Female	Red	Under 41 kg	Over 37 – 41 kg		
	Female	Red	Under 44 kg	Over 41 – 44 kg		
	Female	Red	Under 47 kg	Over 44 – 47 kg		
	Female	Red	Under 51 kg	Over 47 – 51 kg		
	Female	Red	Under 55 kg	Over 51 – 55 kg		
	Female	Red	Under 59 kg	Over 55 – 59 kg		
	Female	Red	Under 63 kg	Over 59 – 63 kg		
	Female	Red	Under 67 kg	Over 63 – 67 kg		
	Female	Red	Under 72 kg	Over 67 – 72 kg		
	Female	Red	Over 72 kg	Over 72 kg		
	Female	Poom	Under 23 kg	23 kg & Under		
	Female	Poom	Under 26 kg	Over 23 – 26 kg		
	Female	Poom	Under 29 kg	Over 26 – 29 kg		
	Female	Poom	Under 33 kg	Over 29 –33 kg		
	Female	Poom	Under 37 kg	Over 33 – 37 kg		
	Female	Poom	Under 41 kg	Over 37 – 41 kg		
	Female	Poom	Under 44 kg	Over 41 – 44 kg		
	Female	Poom	Under 47 kg	Over 44 – 47 kg		
	Female	Poom	Under 51 kg	Over 47 – 51 kg		
	Female	Poom	Under 55 kg	Over 51 – 55 kg		

	Female	Poom	Under 59 kg	Over 55 – 59 kg		
	Female	Poom	Under 63 kg	Over 59 – 63 kg		
	Female	Poom	Under 67 kg	Over 63 – 67 kg		
	Female	Poom	Under 72 kg	Over 67 – 72 kg		
	Female	Poom	Over 72 kg	Over 72 kg		

JUNIOR 1 CATEGORY 1 (15 to 17 years old) (Head Kick)

Form E

s/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 33 kg	33 kg & Under		
	Male	Red	Under 36 kg	Over 33 – 36 kg		
	Male	Red	Under 39 kg	Over 36 – 39 kg		
	Male	Red	Under 42 kg	Over 39 – 42 kg		
	Male	Red	Under 45 kg	Over 42 – 45 kg		
	Male	Red	Under 48 kg	Over 45 – 48 kg		
	Male	Red	Under 51 kg	Over 48 – 51 kg		
	Male	Red	Under 55 kg	Over 51 – 55 kg		
	Male	Red	Under 59 kg	Over 55 – 59 kg		
	Male	Red	Under 63 kg	Over 59 – 63 kg		
	Male	Red	Under 68 kg	Over 63 – 68 kg		
	Male	Red	Under 73 kg	Over 68 – 73 kg		
	Male	Red	Under 78 kg	Over 73 – 78 kg		
	Male	Red	Under 83 kg	Over 78 – 83 kg		
	Male	Red	Over 83 kg	Over 83 kg		
	Male	Black	Under 33 kg	33 kg & Under		
	Male	Black	Under 36 kg	Over 33 – 36 kg		
	Male	Black	Under 39 kg	Over 36 – 39 kg		
	Male	Black	Under 42 kg	Over 39 – 42 kg		
	Male	Black	Under 45 kg	Over 42 – 45 kg		
	Male	Black	Under 48 kg	Over 45 – 48 kg		
	Male	Black	Under 51 kg	Over 48 – 51 kg		
	Male	Black	Under 55 kg	Over 51 – 55 kg		
	Male	Black	Under 59 kg	Over 55 – 59 kg		
	Male	Black	Under 63 kg	Over 59 – 63 kg		
	Male	Black	Under 68 kg	Over 63 – 68 kg		
	Male	Black	Under 73 kg	Over 68 – 73 kg		

	Male	Black	Under 78 kg	Over 73 – 78 kg		
	Male	Black	Under 83 kg	Over 78 – 83 kg		
	Male	Black	Over 83 kg	Over 83 kg		
	Female	Red	Under 33 kg	33 kg & Under		
	Female	Red	Under 36 kg	Over 33 – 36 kg		
	Female	Red	Under 39 kg	Over 36 – 39 kg		
	Female	Red	Under 42 kg	Over 39 – 42 kg		
	Female	Red	Under 44 kg	Over 42 – 44 kg		
	Female	Red	Under 46 kg	Over 44 – 46 kg		
	Female	Red	Under 49 kg	Over 46 – 49 kg		
	Female	Red	Under 52 kg	Over 49 – 52 kg		
	Female	Red	Under 55 kg	Over 52 – 55 kg		
	Female	Red	Under 59 kg	Over 55 – 59 kg		
	Female	Red	Under 63 kg	Over 59 – 63 kg		
	Female	Red	Under 68 kg	Over 63 – 68 kg		
	Female	Red	Under 73 kg	Over 78 – 73 kg		
	Female	Red	Under 78 kg	Over 73 – 78 kg		
	Female	Red	Over 78 kg	Over 78 kg		
	Female	Black	Under 33 kg	33 kg & Under		
	Female	Black	Under 36 kg	Over 33 – 36 kg		
	Female	Black	Under 39 kg	Over 36 – 39 kg		
	Female	Black	Under 42 kg	Over 39 – 42 kg		
	Female	Black	Under 44 kg	Over 42 – 44 kg		
	Female	Black	Under 46 kg	Over 44 – 46 kg		
	Female	Black	Under 49 kg	Over 46 – 49 kg		
	Female	Black	Under 52 kg	Over 49 – 52 kg		
	Female	Black	Under 55 kg	Over 52 – 55 kg		
	Female	Black	Under 59 kg	Over 55 – 59 kg		

	Female	Black	Under 63 kg	Over 59 – 63 kg		
	Female	Black	Under 68 kg	Over 63 – 68 kg		
	Female	Black	Under 73 kg	Over 68 – 73 kg		
	Female	Black	Under 78 kg	Over 73 – 78 kg		
	Female	Black	Over 78 kg	Over 78 kg		

JUNIOR 2 CATEGORY 1 (15 to 17 years old) (Non Head Kick)

Form F

s/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 33 kg	33 kg & Under		
	Male	Red	Under 36 kg	Over 33 – 36 kg		
	Male	Red	Under 39 kg	Over 36 – 39 kg		
	Male	Red	Under 42 kg	Over 39 – 42 kg		
	Male	Red	Under 45 kg	Over 42 – 45 kg		
	Male	Red	Under 48 kg	Over 45 – 48 kg		
	Male	Red	Under 51 kg	Over 48 – 51 kg		
	Male	Red	Under 55 kg	Over 51 – 55 kg		
	Male	Red	Under 59 kg	Over 55 – 59 kg		
	Male	Red	Under 63 kg	Over 59 – 63 kg		
	Male	Red	Under 68 kg	Over 63 – 68 kg		
	Male	Red	Under 73 kg	Over 68 – 73 kg		
	Male	Red	Under 78 kg	Over 73 – 78 kg		
	Male	Red	Under 83 kg	Over 78 – 83 kg		
	Male	Red	Over 83 kg	Over 83 kg		
	Male	Black	Under 33 kg	33 kg & Under		
	Male	Black	Under 36 kg	Over 33 – 36 kg		
	Male	Black	Under 39 kg	Over 36 – 39 kg		
	Male	Black	Under 42 kg	Over 39 – 42 kg		
	Male	Black	Under 45 kg	Over 42 – 45 kg		
	Male	Black	Under 48 kg	Over 45 – 48 kg		
	Male	Black	Under 51 kg	Over 48 – 51 kg		
	Male	Black	Under 55 kg	Over 51 – 55 kg		
	Male	Black	Under 59 kg	Over 55 – 59 kg		
	Male	Black	Under 63 kg	Over 59 – 63 kg		
	Male	Black	Under 68 kg	Over 63 – 68 kg		
	Male	Black	Under 73 kg	Over 68 – 73 kg		

	Male	Black	Under 78 kg	Over 73 – 78 kg		
	Male	Black	Under 83 kg	Over 78 – 83 kg		
	Male	Black	Over 83 kg	Over 83 kg		
	Female	Red	Under 33 kg	33 kg & Under		
	Female	Red	Under 36 kg	Over 33 – 36 kg		
	Female	Red	Under 39 kg	Over 36 – 39 kg		
	Female	Red	Under 42 kg	Over 39 – 42 kg		
	Female	Red	Under 44 kg	Over 42 – 44 kg		
	Female	Red	Under 46 kg	Over 44 – 46 kg		
	Female	Red	Under 49 kg	Over 46 – 49 kg		
	Female	Red	Under 52 kg	Over 49 – 52 kg		
	Female	Red	Under 55 kg	Over 52 – 55 kg		
	Female	Red	Under 59 kg	Over 55 – 59 kg		
	Female	Red	Under 63 kg	Over 59 – 63 kg		
	Female	Red	Under 68 kg	Over 63 – 68 kg		
	Female	Red	Under 73 kg	Over 78 – 73 kg		
	Female	Red	Under 78 kg	Over 73 – 78 kg		
	Female	Red	Over 78 kg	Over 78 kg		
	Female	Black	Under 33 kg	33 kg & Under		
	Female	Black	Under 36 kg	Over 33 – 36 kg		
	Female	Black	Under 39 kg	Over 36 – 39 kg		
	Female	Black	Under 42 kg	Over 39 – 42 kg		
	Female	Black	Under 44 kg	Over 42 – 44 kg		
	Female	Black	Under 46 kg	Over 44 – 46 kg		
	Female	Black	Under 49 kg	Over 46 – 49 kg		
	Female	Black	Under 52 kg	Over 49 – 52 kg		
	Female	Black	Under 55 kg	Over 52 – 55 kg		
	Female	Black	Under 59 kg	Over 55 – 59 kg		

	Female	Black	Under 63 kg	Over 59 – 63 kg		
	Female	Black	Under 68 kg	Over 63 – 68 kg		
	Female	Black	Under 73 kg	Over 68 – 73 kg		
	Female	Black	Under 78 kg	Over 73 – 78 kg		
	Female	Black	Over 78 kg	Over 78 kg		

SENIOR (1) CATEGORY (18 to 30 years old)

Form G

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 42 kg	42 kg & Under		
	Male	Red	Under 46 kg	Over 42 – 46 kg		
	Male	Red	Under 50 kg	Over 46 – 50 kg		
	Male	Red	Under 54 kg	Over 50 – 54 kg		
	Male	Red	Under 58 kg	Over 54 – 58 kg		
	Male	Red	Under 62 kg	Over 58 – 62 kg		
	Male	Red	Under 66 kg	Over 62 – 66 kg		
	Male	Red	Under 70 kg	Over 66 – 70 kg		
	Male	Red	Under 74 kg	Over 70 – 74 kg		
	Male	Red	Under 78 kg	Over 74 – 78 kg		
	Male	Red	Under 82 kg	Over 78 – 82 kg		
	Male	Red	Under 86 kg	Over 82 – 86 kg		
	Male	Red	Under 90 kg	Over 86 – 90 kg		
	Male	Red	Under 94 kg	Over 90 – 94 kg		
	Male	Red	Over 94 kg	Over 94 kg		
	Male	Black	Under 42 kg	42 kg & Under		
	Male	Black	Under 46 kg	Over 42 – 46 kg		
	Male	Black	Under 50 kg	Over 46 – 50 kg		
	Male	Black	Under 54 kg	Over 50 – 54 kg		
	Male	Black	Under 58 kg	Over 54 – 58 kg		
	Male	Black	Under 62 kg	Over 58 – 62 kg		
	Male	Black	Under 66 kg	Over 62 – 66 kg		
	Male	Black	Under 70 kg	Over 66 – 70 kg		
	Male	Black	Under 74 kg	Over 70 – 74 kg		
	Male	Black	Under 78 kg	Over 74 – 78 kg		
	Male	Black	Under 82 kg	Over 78 – 82 kg		
	Male	Black	Under 86 kg	Over 82 – 86 kg		

	Male	Black	Under 90 kg	Over 86 – 90 kg		
	Male	Black	Under 94 kg	Over 90 – 94 kg		
	Male	Black	Over 94 kg	Over 94 kg		
	Female	Red	Under 42 kg	42 kg & Under		
	Female	Red	Under 46 kg	Over 42 – 46 kg		
	Female	Red	Under 50 kg	Over 46 – 50 kg		
	Female	Red	Under 54 kg	Over 50 – 54 kg		
	Female	Red	Under 58 kg	Over 54 – 58 kg		
	Female	Red	Under 62 kg	Over 58 – 62 kg		
	Female	Red	Under 66 kg	Over 62 – 66 kg		
	Female	Red	Under 70 kg	Over 66 – 70 kg		
	Female	Red	Under 74 kg	Over 70 – 74 kg		
	Female	Red	Under 78 kg	Over 74 – 78 kg		
	Female	Red	Under 82 kg	Over 78 – 82 kg		
	Female	Red	Under 86 kg	Over 82 – 86 kg		
	Female	Red	Under 90 kg	Over 86 – 90 kg		
	Female	Red	Under 94 kg	Over 90 – 94 kg		
	Female	Red	Over 94 kg	Over 94 kg		
	Female	Black	Under 42 kg	42 kg & Under		
	Female	Black	Under 46 kg	Over 42 – 46 kg		
	Female	Black	Under 50 kg	Over 46 – 50 kg		
	Female	Black	Under 54 kg	Over 50 – 54 kg		
	Female	Black	Under 58 kg	Over 54 – 58 kg		
	Female	Black	Under 62 kg	Over 58 – 62 kg		
	Female	Black	Under 66 kg	Over 62 – 66 kg		
	Female	Black	Under 70 kg	Over 66 – 70 kg		
	Female	Black	Under 74 kg	Over 70 – 74 kg		
	Female	Black	Under 78 kg	Over 74 – 78 kg		

	Female	Black	Under 82 kg	Over 78 – 82 kg		
	Female	Black	Under 86 kg	Over 82 – 86 kg		
	Female	Black	Under 90 kg	Over 86 – 90 kg		
	Female	Black	Under 94 kg	Over 90 – 94 kg		
	Female	Black	Over 94 kg	Over 94 kg		

SENIOR (2) CATEGORY (31 to 40 years old)

Form H

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 42 kg	42 kg & Under		
	Male	Red	Under 46 kg	Over 42 – 46 kg		
	Male	Red	Under 50 kg	Over 46 – 50 kg		
	Male	Red	Under 54 kg	Over 50 – 54 kg		
	Male	Red	Under 58 kg	Over 54 – 58 kg		
	Male	Red	Under 62 kg	Over 58 – 62 kg		
	Male	Red	Under 66 kg	Over 62 – 66 kg		
	Male	Red	Under 70 kg	Over 66 – 70 kg		
	Male	Red	Under 74 kg	Over 70 – 74 kg		
	Male	Red	Under 78 kg	Over 74 – 78 kg		
	Male	Red	Under 82 kg	Over 78 – 82 kg		
	Male	Red	Under 86 kg	Over 82 – 86 kg		
	Male	Red	Under 90 kg	Over 86 – 90 kg		
	Male	Red	Under 94 kg	Over 90 – 94 kg		
	Male	Red	Over 94 kg	Over 94 kg		
	Male	Black	Under 42 kg	42 kg & Under		
	Male	Black	Under 46 kg	Over 42 – 46 kg		
	Male	Black	Under 50 kg	Over 46 – 50 kg		
	Male	Black	Under 54 kg	Over 50 – 54 kg		
	Male	Black	Under 58 kg	Over 54 – 58 kg		
	Male	Black	Under 62 kg	Over 58 – 62 kg		
	Male	Black	Under 66 kg	Over 62 – 66 kg		
	Male	Black	Under 70 kg	Over 66 – 70 kg		
	Male	Black	Under 74 kg	Over 70 – 74 kg		
	Male	Black	Under 78 kg	Over 74 – 78 kg		
	Male	Black	Under 82 kg	Over 78 – 82 kg		
	Male	Black	Under 86 kg	Over 82 – 86 kg		

	Male	Black	Under 90 kg	Over 86 – 90 kg		
	Male	Black	Under 94 kg	Over 90 – 94 kg		
	Male	Black	Over 94 kg	Over 94 kg		
	Female	Red	Under 42 kg	42 kg & Under		
	Female	Red	Under 46 kg	Over 42 – 46 kg		
	Female	Red	Under 50 kg	Over 46 – 50 kg		
	Female	Red	Under 54 kg	Over 50 – 54 kg		
	Female	Red	Under 58 kg	Over 54 – 58 kg		
	Female	Red	Under 62 kg	Over 58 – 62 kg		
	Female	Red	Under 66 kg	Over 62 – 66 kg		
	Female	Red	Under 70 kg	Over 66 – 70 kg		
	Female	Red	Under 74 kg	Over 70 – 74 kg		
	Female	Red	Under 78 kg	Over 74 – 78 kg		
	Female	Red	Under 82 kg	Over 78 – 82 kg		
	Female	Red	Under 86 kg	Over 82 – 86 kg		
	Female	Red	Under 90 kg	Over 86 – 90 kg		
	Female	Red	Under 94 kg	Over 90 – 94 kg		
	Female	Red	Over 94 kg	Over 94 kg		
	Female	Black	Under 42 kg	42 kg & Under		
	Female	Black	Under 46 kg	Over 42 – 46 kg		
	Female	Black	Under 50 kg	Over 46 – 50 kg		
	Female	Black	Under 54 kg	Over 50 – 54 kg		
	Female	Black	Under 58 kg	Over 54 – 58 kg		
	Female	Black	Under 62 kg	Over 58 – 62 kg		
	Female	Black	Under 66 kg	Over 62 – 66 kg		
	Female	Black	Under 70 kg	Over 66 – 70 kg		
	Female	Black	Under 74 kg	Over 70 – 74 kg		
	Female	Black	Under 78 kg	Over 74 – 78 kg		

	Female	Black	Under 82 kg	Over 78 – 82 kg		
	Female	Black	Under 86 kg	Over 82 – 86 kg		
	Female	Black	Under 90 kg	Over 86 – 90 kg		
	Female	Black	Under 94 kg	Over 90 – 94 kg		
	Female	Black	Over 94 kg	Over 94 kg		

SENIOR (3) CATEGORY (41 to 50 years old)

Form J

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 42 kg	42 kg & Under		
	Male	Red	Under 46 kg	Over 42 – 46 kg		
	Male	Red	Under 50 kg	Over 46 – 50 kg		
	Male	Red	Under 54 kg	Over 50 – 54 kg		
	Male	Red	Under 58 kg	Over 54 – 58 kg		
	Male	Red	Under 62 kg	Over 58 – 62 kg		
	Male	Red	Under 66 kg	Over 62 – 66 kg		
	Male	Red	Under 70 kg	Over 66 – 70 kg		
	Male	Red	Under 74 kg	Over 70 – 74 kg		
	Male	Red	Under 78 kg	Over 74 – 78 kg		
	Male	Red	Under 82 kg	Over 78 – 82 kg		
	Male	Red	Under 86 kg	Over 82 – 86 kg		
	Male	Red	Under 90 kg	Over 86 – 90 kg		
	Male	Red	Under 94 kg	Over 90 – 94 kg		
	Male	Red	Over 94 kg	Over 94 kg		
	Male	Black	Under 42 kg	42 kg & Under		
	Male	Black	Under 46 kg	Over 42 – 46 kg		
	Male	Black	Under 50 kg	Over 46 – 50 kg		
	Male	Black	Under 54 kg	Over 50 – 54 kg		
	Male	Black	Under 58 kg	Over 54 – 58 kg		
	Male	Black	Under 62 kg	Over 58 – 62 kg		
	Male	Black	Under 66 kg	Over 62 – 66 kg		
	Male	Black	Under 70 kg	Over 66 – 70 kg		
	Male	Black	Under 74 kg	Over 70 – 74 kg		
	Male	Black	Under 78 kg	Over 74 – 78 kg		
	Male	Black	Under 82 kg	Over 78 – 82 kg		
	Male	Black	Under 86 kg	Over 82 – 86 kg		

	Male	Black	Under 90 kg	Over 86 – 90 kg		
	Male	Black	Under 94 kg	Over 90 – 94 kg		
	Male	Black	Over 94 kg	Over 94 kg		
	Female	Red	Under 42 kg	42 kg & Under		
	Female	Red	Under 46 kg	Over 42 – 46 kg		
	Female	Red	Under 50 kg	Over 46 – 50 kg		
	Female	Red	Under 54 kg	Over 50 – 54 kg		
	Female	Red	Under 58 kg	Over 54 – 58 kg		
	Female	Red	Under 62 kg	Over 58 – 62 kg		
	Female	Red	Under 66 kg	Over 62 – 66 kg		
	Female	Red	Under 70 kg	Over 66 – 70 kg		
	Female	Red	Under 74 kg	Over 70 – 74 kg		
	Female	Red	Under 78 kg	Over 74 – 78 kg		
	Female	Red	Under 82 kg	Over 78 – 82 kg		
	Female	Red	Under 86 kg	Over 82 – 86 kg		
	Female	Red	Under 90 kg	Over 86 – 90 kg		
	Female	Red	Under 94 kg	Over 90 – 94 kg		
	Female	Red	Over 94 kg	Over 94 kg		
	Female	Black	Under 42 kg	42 kg & Under		
	Female	Black	Under 46 kg	Over 42 – 46 kg		
	Female	Black	Under 50 kg	Over 46 – 50 kg		
	Female	Black	Under 54 kg	Over 50 – 54 kg		
	Female	Black	Under 58 kg	Over 54 – 58 kg		
	Female	Black	Under 62 kg	Over 58 – 62 kg		
	Female	Black	Under 66 kg	Over 62 – 66 kg		
	Female	Black	Under 70 kg	Over 66 – 70 kg		
	Female	Black	Under 74 kg	Over 70 – 74 kg		
	Female	Black	Under 78 kg	Over 74 – 78 kg		

	Female	Black	Under 82 kg	Over 78 – 82 kg		
	Female	Black	Under 86 kg	Over 82 – 86 kg		
	Female	Black	Under 90 kg	Over 86 – 90 kg		
	Female	Black	Under 94 kg	Over 90 – 94 kg		
	Female	Black	Over 94 kg	Over 94 kg		

SENIOR (4) CATEGORY (51 years old & older)

Form K

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 42 kg	42 kg & Under		
	Male	Red	Under 46 kg	Over 42 – 46 kg		
	Male	Red	Under 50 kg	Over 46 – 50 kg		
	Male	Red	Under 54 kg	Over 50 – 54 kg		
	Male	Red	Under 58 kg	Over 54 – 58 kg		
	Male	Red	Under 62 kg	Over 58 – 62 kg		
	Male	Red	Under 66 kg	Over 62 – 66 kg		
	Male	Red	Under 70 kg	Over 66 – 70 kg		
	Male	Red	Under 74 kg	Over 70 – 74 kg		
	Male	Red	Under 78 kg	Over 74 – 78 kg		
	Male	Red	Under 82 kg	Over 78 – 82 kg		
	Male	Red	Under 86 kg	Over 82 – 86 kg		
	Male	Red	Under 90 kg	Over 86 – 90 kg		
	Male	Red	Under 94 kg	Over 90 – 94 kg		
	Male	Red	Over 94 kg	Over 94 kg		
	Male	Black	Under 42 kg	42 kg & Under		
	Male	Black	Under 46 kg	Over 42 – 46 kg		
	Male	Black	Under 50 kg	Over 46 – 50 kg		
	Male	Black	Under 54 kg	Over 50 – 54 kg		
	Male	Black	Under 58 kg	Over 54 – 58 kg		
	Male	Black	Under 62 kg	Over 58 – 62 kg		
	Male	Black	Under 66 kg	Over 62 – 66 kg		
	Male	Black	Under 70 kg	Over 66 – 70 kg		
	Male	Black	Under 74 kg	Over 70 – 74 kg		
	Male	Black	Under 78 kg	Over 74 – 78 kg		
	Male	Black	Under 82 kg	Over 78 – 82 kg		
	Male	Black	Under 86 kg	Over 82 – 86 kg		

	Male	Black	Under 90 kg	Over 86 – 90 kg		
	Male	Black	Under 94 kg	Over 90 – 94 kg		
	Male	Black	Over 94 kg	Over 94 kg		
	Female	Red	Under 42 kg	42 kg & Under		
	Female	Red	Under 46 kg	Over 42 – 46 kg		
	Female	Red	Under 50 kg	Over 46 – 50 kg		
	Female	Red	Under 54 kg	Over 50 – 54 kg		
	Female	Red	Under 58 kg	Over 54 – 58 kg		
	Female	Red	Under 62 kg	Over 58 – 62 kg		
	Female	Red	Under 66 kg	Over 62 – 66 kg		
	Female	Red	Under 70 kg	Over 66 – 70 kg		
	Female	Red	Under 74 kg	Over 70 – 74 kg		
	Female	Red	Under 78 kg	Over 74 – 78 kg		
	Female	Red	Under 82 kg	Over 78 – 82 kg		
	Female	Red	Under 86 kg	Over 82 – 86 kg		
	Female	Red	Under 90 kg	Over 86 – 90 kg		
	Female	Red	Under 94 kg	Over 90 – 94 kg		
	Female	Red	Over 94 kg	Over 94 kg		
	Female	Black	Under 42 kg	42 kg & Under		
	Female	Black	Under 46 kg	Over 42 – 46 kg		
	Female	Black	Under 50 kg	Over 46 – 50 kg		
	Female	Black	Under 54 kg	Over 50 – 54 kg		
	Female	Black	Under 58 kg	Over 54 – 58 kg		
	Female	Black	Under 62 kg	Over 58 – 62 kg		
	Female	Black	Under 66 kg	Over 62 – 66 kg		
	Female	Black	Under 70 kg	Over 66 – 70 kg		
	Female	Black	Under 74 kg	Over 70 – 74 kg		
	Female	Black	Under 78 kg	Over 74 – 78 kg		

	Female	Black	Under 82 kg	Over 78 – 82 kg		
	Female	Black	Under 86 kg	Over 82 – 86 kg		
	Female	Black	Under 90 kg	Over 86 – 90 kg		
	Female	Black	Under 94 kg	Over 90 – 94 kg		
	Female	Black	Over 94 kg	Over 94 kg		

Total: _____ **Payment :** _____

Name & Signature of Team Manager / Coaches

Receipt No : _____

Cheque No / Bank: _____

Date : _____

Cash : _____

By Invoice : Yes / No