

SYOF IN CELEBRATION OF GETACTIVE! SINGAPORE PESTA SUKAN 2019 TAEKWONDO PROGRAMME



(A) POOMSAE

		(^)	POOMSAE				
Ва	atch	S/No.	Category	SF	F	Estimate Time	Day
Α	1	1	SENIOR 1 FEMALE INDIVIDUAL YELLOW BELT		2	19.10	
Α	2	2	SENIOR 1 FEMALE INDIVIDUAL GREEN BELT	13	8	19.15	
В	1	3	SENIOR 1 FEMALE INDIVIDUAL BLUE BELT		10	19.10	02-Aug-19
В	2	4	SENIOR 1 FEMALE INDIVIDUAL RED BELT		6	19.45	
С	1	5	SENIOR 1 FEMALE INDIVIDUAL BLACK BELT	17	8	19.10	Fri
Α	3	6	SENIOR 2 FEMALE INDIVIDUAL BLACK BELT		1	20.15	
Α	4	7	SENIOR 2 MALE INDIVIDUAL BLACK BELT		4	20.20	7.00pm
В	3	8	SENIOR 3 FEMALE INDIVIDUAL BLACK BELT		3	20.10	
Α	5	9	SENIOR 3 MALE INDIVIDUAL BLACK BELT		2	20.35	to
C	2	10	SENIOR 1 FEMALE TEAM GREEN BELT		1	20.45	
В	4	11	SENIOR 1 FEMALE TEAM BLACK BELT		3	20.40	10.00pm
С	3	12	SENIOR 1 MALE TEAM BLACK BELT		1	20.50	
Α	6	13	SENIOR 1 MIXED TEAM BLACK BELT		5	20.45	
Α	7	14	YOUNG FEMALE INDIVIDUAL WHITE BELT		2	9.00	
В	5	15	YOUNG FEMALE INDIVIDUAL YELLOW BELT		8	9.00	
Α	8	16	YOUNG FEMALE INDIVIDUAL GREEN BELT		5	9.25	
В	6	17	YOUNG FEMALE INDIVIDUAL BLUE BELT	12	8	9.25	1
В	7	18	YOUNG FEMALE INDIVIDUAL RED BELT	14	8	10.25	
Α	9	19	YOUNG FEMALE INDIVIDUAL POOM BELT	16	8	9.35	
С	4	20	YOUNG MALE INDIVIDUAL WHITE BELT		3	9.00	03-Aug-19
В	8	21	YOUNG MALE INDIVIDUAL YELLOW BELT		6	11.30	
С	5	22	YOUNG MALE INDIVIDUAL GREEN BELT		10	9.10	Sat
В	9	23	YOUNG MALE INDIVIDUAL BLUE BELT		5	11.50	
Α	10	24	YOUNG MALE INDIVIDUAL RED BELT	21	8	10.35	9.00am
С	6	25	YOUNG MALE INDIVIDUAL POOM BELT	40	8	9.40	
Α	11	26	CADET FEMALE INDIVIDUAL WHITE BELT		71	12.05	ТО
Α	12	27	CADET FEMALE INDIVIDUAL YELLOW BELT	17	8	12.05	
Α	13	28	CADET FEMALE INDIVIDUAL GREEN BELT	12	8	13.20	7.00pm
С	7	29	CADET FEMALE INDIVIDUAL BLUE BELT		3	12.05	
Α	14	30	CADET FEMALE INDIVIDUAL RED BELT		9	14.20	
В	10	31	CADET FEMALE INDIVIDUAL POOM BELT	19	8	12.05	
В	11	32	CADET MALE INDIVIDUAL YELLOW BELT	17	8	13.25	
С	8	33	CADET MALE INDIVIDUAL GREEN BELT	11	8	12.15	
В	12	34	CADET MALE INDIVIDUAL BLUE BELT		4	14.45	
С	9	35	CADET MALE INDIVIDUAL RED BELT		6	13.15	
С	10	36	CADET MALE INDIVIDUAL POOM BELT	21	8	13.35	
Α	15	37	YOUNG FEMALE TEAM POOM BELT		1	15.00	
Α	16	38	YOUNG MALE TEAM WHITE BELT		1	15.05	

Α	17	39	YOUNG MALE TEAM RED BELT		3	15.10	
A	18	40	YOUNG MALE TEAM POOM BELT		4	15.20	
A	19	41	YOUNG MIXED TEAM POOM BELT		5	15.35	
В	13	42	CADET FEMALE TEAM YELLOW BELT		5	15.00	
В	14	43	CADET FEMALE TEAM GREEN BELT		2	15.15	
В	15	44	CADET FEMALE TEAM RED BELT		1	15.20	03-Aug-19
C	11	45	CADET FEMALE TEAM POOM BELT		3	15.00	
С	12	46	CADET MALE TEAM YELLOW BELT		5	15.10	Sat
С	13	47	CADET MALE TEAM GREEN BELT		3	15.25	
С	14	48	CADET MALE TEAM BLUE BELT		1	15.35	9.00am
С	15	49	CADET MALE TEAM POOM BELT		1	15.40	
В	16	50	CADET MIXED TEAM POOM BELT		5	15.25	ТО
Α	20	51	JUNIOR FEMALE INDIVIDUAL WHITE BELT		5	15.45	
В	17	52	JUNIOR FEMALE INDIVIDUAL YELLOW BELT		10	15.45	7.00pm
С	16	53	JUNIOR FEMALE INDIVIDUAL GREEN BELT		5	15.45	
Α	21	54	JUNIOR FEMALE INDIVIDUAL BLUE BELT		9	16.00	
Α	22	55	JUNIOR FEMALE INDIVIDUAL RED BELT	14	8	16.30	
В	18	56	JUNIOR FEMALE INDIVIDUAL BLACK BELT	13	8	16.05	
В	19	57	JUNIOR MALE INDIVIDUAL WHITE BELT		1	17.05	
В	20	58	JUNIOR MALE INDIVIDUAL YELLOW BELT		1)	17.10	/
В	21	59	JUNIOR MALE INDIVIDUAL GREEN BELT		1	17.10	
В	22	60	JUNIOR MALE INDIVIDUAL BLUE BELT		3	17.15	
С	17	61	JUNIOR MALE INDIVIDUAL RED BELT		8	16.00	7
С	18	62	JUNIOR MALE INDIVIDUAL BLACK BELT	15	8	16.25	
С	19	63	SENIOR 1 MALE INDIVIDUAL YELLOW BELT		1	17.30	
С	20	64	SENIOR 1 MALE INDIVIDUAL GREEN BELT		6	17.35	
В	23	65	SENIOR 1 MALE INDIVIDUAL BLUE BELT		3	17.25	
С	21	66	SENIOR 1 MALE INDIVIDUAL RED BELT		5	17.55	
Α	23	67	SENIOR 1 MALE INDIVIDUAL BLACK BELT	16	8	17.30	
В	24	68	MASTER FEMALE INDIVIDUAL BLACK BELT		1	17.35	
В	25	69	MASTER MALE INDIVIDUAL BLACK BELT		6	17.40	
В	26	70	JUNIOR FEMALE TEAM WHITE BELT		1	18.00	
В	27	71	JUNIOR FEMALE TEAM YELLOW BELT		2	18.05	
В	28	72	JUNIOR FEMALE TEAM BLUE BELT		1	18.10	
В	29	73	JUNIOR FEMALE TEAM RED BELT		3	18.15	
В	30	74	JUNIOR FEMALE TEAM BLACK BELT		1	18.25	
В	31	75	JUNIOR MALE TEAM BLUE BELT		2	18.30	
С	22	76	JUNIOR MALE TEAM RED BELT		1	18.10	
С	23	77	JUNIOR MIXED TEAM BLACK BELT		4	18.15	

(B1)KYORUGI

Day	Category	Bout Number
03-Aug-19 Sat 7.00pm to 10.00pm	SENIOR 1 FEMALE BLACK BELT UNDER 53KG SENIOR 1 MALE BLACK BELT UNDER 54KG SENIOR 1 MALE BLACK BELT UNDER 58KG SENIOR 1 MALE BLACK BELT UNDER 63KG SENIOR 1 MALE BLACK BELT UNDER 68KG	Q F - Bout 1 - 9 S F - Bout 10 - 18 F - Bout 19 - 23
	Medal Presentation 1	

(B2)KYORUGI

Day	Category	Bout Number
04-Aug-19 Sun	CADET	Q F - Bout 24 - 32
9.00am	Female & Male	S F - Bout 33 - 50
to	Red Belt & Poom Belt	2/
11.15am		F - Bout 51 - 66
	Medal Presentation 2	
04-Aug-19 Sun	HINDON CHECKEN I	Q F - Bout 67 - 74
11.15am	JUNIOR	S F - Bout 75 - 91
to	Female & Male Red Belt & Black Belt	31 - Bout 73 - 91
1.15pm	Red Deit & Diack Deit	F - Bout 92 - 105
	Medal Presentation 3	
04-Aug-19		Q F - Bout 106 - 123
Sun	SENIOR 1,2,3 & MASTER	
1.15pm	Female & Male	S F - Bout 124 - 153
to 6.30pm	Red Belt & Black Belt	F - Bout 154 - 174
	Medal Presentation 4	
04-Aug-19 Sun 6.30pm	INTERNATIONAL EVENT	Poomsae &
to		Kyorugi
10.00pm		
	Medal Presentation 5	