## **UNARMED COMBAT PROGRAMME (LEVEL 2)**

## Organized by SINGAPORE TAEKWONDO FEDERATION (Recognized by the Sport Singapore and affiliated to the Singapore National Olympic Council)

Day/Date/Time : Saturday 22 October 2016 (4.30pm to 7.30pm)

Sunday 23 October 2016 (2.30pm to 5.30pm) Saturday 29 October 2016 (1.30pm to 4.30pm)

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Practical Test Sunday 30 October 2016 (2.30pm onwards)

Closing Date & Registration Fees

Closing date Monday 17 October 2016 2016 - \$90.00

After closing date - \$130.00

Venue STF National Training Centre

Block 80 Lorong Limau #04-191 Singapore 320080

Medium of Instruction : English

Course Requirements : Participants must have 90% attendance to be eligible

for the test.

All participants are required to wear their taekwondo

uniform

Eligibility : At least a 1st poom or 1st dan blackbelt

Unarmed Combat (Level 1) certification

Good fitness level

(The STF reserves the right to request proof from

a medical practitioner.)

Certification : All successful candidates will be issued with

competency certificates.

Privilege : Holders of the certificates shall be exempted from

the self-defence component required for the promotion test from 2nd poom to 3rd poom or 2nd to

3<sub>rd</sub> dan

Disclaimer : The STF reserves the right to cancel or postpone the

course at its discretion. The STF, its servants and agents, will not be held responsible for any claims arising out of any death, injury, damage or loss, suffered or caused while attending the course. This includes all costs and expenses incurred as a result

of such claims.