

UNIFORM GUIDELINES FOR ATHLETES



The taekwondo outfit worn by all members of Singapore Taekwondo Federation (STF) shall comprise a V-neck upper garment, a pair of pants and a belt.

The uniform, with the respective V-shape neck band colors, shall be plain white without any line design, pocket or zipper and loosely fitted to provide free, comfortable and safe movements.



While the sleeves of the upper garment shall reach up to the wrist, the length of the pants shall extend to the ankle.



The two ends of the belt shall be about middle of the thigh and of equal level.



The words 'Singapore Taekwondo Federation' shall be emblazoned on the back of the upper garment. They should be in accordance to the trade mark design of the STF.



The STF logo must be adorned on the left upper sleeve of the uniform at the middle of the area between the shoulder and elbow.



The left breast of the uniform is reserved for the emblem of the club. No other patches are allowed on any part of the uniform.



The name of the club and name of the holder may be sewn on the belt but it should not be too loud. For black belt, there should NOT be any indication of the 'dan' accomplished by the wearer be it stripes, stars or any other symbols.



Pants too short



T-shirt neckline must be at collar bone level



No T-shirt



V-neck



Black



Colored



Low cut



Collared



Laced

Breaking the uniform code



Poom belt holder wearing black belt uniform



Not STF wordings



Over decorated



Not STF logo



Faded STF wordings